



SHAC MEETING MINUTES

Below are the meeting minutes from the SHAC (Student Health Advisory Council) committee meeting.

Meeting Information:

The SHAC meeting took place on Wednesday, December 8, 2021 from 12:00-1:00 PM virtually and in-person at the GISD PDC.

Meeting Attendees:

Virtual: Nancy Paschal, Unknown, Cliff Baskerville

In Person: LeeAnn Stephenson, Laura Vayda, Christy Adams, Elizabeth Kiertscher, Sabrina Jeter, JR Chester, Lisa Olsen

Committee Purpose:

The TEA requires all school districts to establish a district School Health Advisory Council, TEC Chapter 28, Section 28.004. SHAC is a group of members representing segments of individuals of the Garland ISD community, district employees, and parents appointed by the Board of Trustees. The SHAC assists in addressing the physical and health needs of students in Garland ISD. The SHAC plays an important role in communicating the connection between health and learning to school administrators, parents, and community stakeholders. The SHAC assists the district in ensuring that local community values are reflected in the district's coordinated school health program. Coordinated school health focuses attention on the priority areas that include student nutrition services, health services, a healthy and safe school environment, counseling and mental health services, employee wellness, family and community engagement, physical education, and health education for the most effective way to meet the health needs of district's students.

Goals:

Finalize textbook adoption recommendations to be submitted to the Board for approval, as well as, review sexual health curriculum.

Responsibilities:

The SHAC must hold 4 meetings each school year. A school district MUST consider the recommendations of the SHAC before changing the district's health education curriculum or instruction. The SHAC will provide a written annual report to the Board of Trustees each school year. A majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district.

Meeting Dates:

Meetings conducted virtually and in person.

- October 20, 2021
- December 8, 2021
- February 16, 2022
- April 6, 2022

Recruitment:

SHAC is focused on parent recruitment to the committee through social media, GISD PTA through the Family and Community Engagement department, and the Health and Physical Education department. Applicants may apply for membership through the SHAC member application.

[GISD SHAC Member Application](#)

Choosing the Best Presentation:

The Choosing the Best representative, Cliff Baskerville, presented on sexual health curriculum for adoption consideration.

- Choosing the Best has currently taught over 4 million students with their curriculum.
- Choosing the Best is an abstinence-based instructional program.
- Choosing the Best's curriculum aligns to new 2022 Texas TEKS and standards.
- Data from implementation of the Choosing the Best curriculum:
 - ◆ Produced a reduction in teen pregnancy rates in districts.
 - ◆ Significant increase in delayed sexual activity by students.
- The Choosing the Best Scope & Sequence covers all elements of Senate Bill 9 and House Bill 1525.
- Curriculum comes in printed or digital texts.
- The CTB Dashboard includes Teacher Tools with videos and other resources.

Parent Question: How do we communicate to students who have already made the choice to have sex or are pregnant?

- The curriculum and its design focuses on future choices. Choosing the Best does not promote negative language or diminish past decisions.

Question: Does the Choosing the Best curriculum and text focus on consent?

- Yes, there is a chapter devoted to consent.

Question: What school districts in the North Texas area currently utilize your program?

- Waxahachie ISD, Mesquite ISD, McKinney ISD, Red Oak ISD, and CFB ISD

Department Updates:***Parent Co-chair - JR Chester***

- Is there an opportunity to review more publishers and/or Sexual Health curriculum?

- ◆ Options: Big Decisions
- ◆ After the Board resolution, the SHAC will review and submit recommendations to the Board regarding sexual health curriculum.
- ◆ Choosing the Best is an evidence-based and informed curriculum for sexual health.
 - Curriculum is important because male health care drops off significantly after high school, although female health care continues due to reproductive health.

Health Services - Laura Vayda

- Vaccine Clinics have been conducted at 20 of our schools in the fall semester.
 - ◆ Completed 100+ student shots at schools.
 - ◆ Completed staff booster shots.
- Vision Clinics are scheduled in the Spring (glasses).
- Improved COVID tracing software will roll out in January.
- PCR Testing has consistently been conducted at the PDC for the fall semester.
 - ◆ Testing conducted M-F 7:30-4:00 PM.
 - ◆ Testing open to students, staff, family members, and community.
 - ◆ There are no requirements for testing (free and all welcome).
 - ◆ Testing is covered by the government.

GISD Health Clinic - Christy Adams

- All welcome for vaccines provided at the high schools.
- The clinic can now see patients when they have tested positive for COVID like other health institutions.

Employee Wellness - Liz Kiertscher

- Conducting a Vaccine Clinic this evening, Wednesday, December 8, 2021.
- Go Red Day will take place February 4, 2022.
- Scheduled Mobile Mammogram in the spring.
- Blood drives will take place in the spring.
- CPR classes for staff scheduled in the spring.
- The GISD It's Time Texas Kickoff Challenge will take place in January.
- Received Gold Award from American Heart Association.
- Received the Best and Brightest Award for the 3rd year in a row.
- Medical Plans, changes w/ TRS, and option to exit out of TRS plan in the future.
 - ◆ GISD is not opting out this year.

Guidance & Counseling - Lisa Olsen

Hope and Help for the Holidays is November 9th at 7:00 PM per Jonathan Armstrong. We need help publicizing the event. 5 loaves, Salvation Army, etc. will be there.

- Established and reformatted the Responsive Services Team (for students).
- Community Agency Fair - RSVP for 12/15 @ Harris Hill Rowlett/Garland Rooms
 - ◆ Community agencies showcase

→ Team GISD - Community things you can do over the break

Risk Management - Sabrina Jeter

- Department focuses on district insurance, accidents, and injuries.
- Road Tour meeting with departments and campuses for Return to Work:
 - ◆ Fully modified return to work program.
 - ◆ Goal for them not to lose time, money or benefits.
 - ◆ Pretty successful - Maintenance Department is on board
 - ◆ Challenging initiative with varied jobs in the district.
 - Focuses on those injured and unable to perform their work duties; but may be able to work on a campus doing another job (Ex. receptionist)
 - ◆ We are self-insured, so we are mindful about what and how we spend it.

Health & Physical Education - LeeAnn Stephenson

- Reviewed changes in Health & PE courses (names, credits, TEKS).
- Focused on SHAC Parent Recruitment: [GISD SHAC Member Application](#)
- CPR Classes needed for GISD senior students who have not met the Hands-only CPR requirement for graduation.
 - ◆ Instructors are willing to help (send dates)
- SB9 - Must notify parents of instruction for violence, abuse and sex trafficking with 14 day notice
- HB1525 - Notify of SHAC meetings 72 hours prior to meetings at all campuses
 - ◆ Communicate with Principals and/or PE teachers with flyers to post on their campuses.
 - ◆ District calendar is another option and include in weekly calls.
 - ◆ Sex Education Curriculum process changes
 - Board must adopt a formal policy for sex ed curriculum and meet requirements stated in the law.
 - ◆ All materials for health must be made available to parents and have an option to purchase materials for the same price as the district.
 - ◆ Statement regarding opt-in must be made available to parents about the sexual health curriculum from registration or other mass communications.
 - The district should consider having the notice in the registration packet and at another time for formal opt-in to reach all parents.
 - ◆ A 14-day notice must be sent to parent before sexual health curriculum is taught.
 - The district should consider teaching these topics at the same time throughout the district to send one notice.
 - Finalize recommendations for the Board regarding sexual health discussed at the next SHAC meetings (Feb and Apr).
- Continue SHAC recruitment
 - ◆ Shared with Jonathan from Family & Community Engagement
 - ◆ Posted on district website
 - ◆ Posted on social media (ask for shares)

- Send to Jose in Communications for social and to web services for District calendar for parent call outs
- Health TEKS updated
 - ◆ K-5 added
 - ◆ Physical health and hygiene
 - ◆ SEL and mental health
 - ◆ Healthy eating
 - ◆ Physical activity
 - ◆ Substrands
 - Violence and Safety
 - Alcohol, Tobacco, and Drugs
 - Sexual Health
- New PE and Health Courses
 - ◆ Course credit changes
 - 9-12: 3 new PE classes and Health I are now full year courses (1 credit hour)
 - New courses 9-12: Health II and Your Health in the Real World (.5 credits)
- Instructional Adoption Committee
 - ◆ Proclamation 2022: newly adopted materials
 - ◆ New TEKS adopted by the state
 - ◆ Strict timeline
 - ◆ Committee process discussed
 - Curriculum reviewed, rubric adopted and vote performed by the end of November 2021
 - Recommendations
 - PreK-5: Quaver Ed
 - Health 6-12: McGraw top choice (2nd choice: GoodHeart-Wilcox)
 - PE 9-12: GoodHeart-Wilcox (HS only)
 - IMA Requests sent to textbook coordinator, money allotment and then school board by Feb
- LeeAnn to add one pager in SHAC folder on current initiatives
- Celebrated and thanked Michele for being our parent Co-Chair of SHAC last year. She is stepping down this year.
 - ◆ JR Chester to be our parent Co-Chair for this year.
- Need second count on book adoption numbers
 - ◆ Liz Kiertscher will review counts.

Meeting Recording:

[SHAC Meeting Recording - 12.8.2021](#)