



## Annual SHAC Report to the Garland ISD Board of Trustees

In accordance with Title 2, Chapter 28, Section 28.004, the Garland ISD School Health Advisory Council (SHAC) held four meetings during the 2020-2021 school year.

<b>September 23, 2020</b>
<b>November 4, 2020</b>
<b>February 10, 2021</b>
<b>April 14, 2021</b>

The Garland ISD School Health Advisory Council (SHAC) has the following recommendations to the Board of Trustees:

- Continue district-wide participation in the It's Time Texas Community Challenge.
- Continue district support and funding of the SHAC adopted coordinated school health program CATCH.
- Continue district support and funding for the Employee Wellness Program and initiatives.
- Physical education budgets should be allocated by the campus at the beginning of each school year. [Texas Education Code, title 2, Subtitle G, Chapter 38, Section 38.0141](#) requires reporting on: *(5) whether each campus in the district has the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity required under Section 28.002*

The SHAC is **again** requesting a line item be placed in all campus budgets specifically for the purchase of physical education equipment and resources. Campuses will be given a list of minimum equipment guidelines. Each campus should have an inventory that reflects the minimum equipment guidelines before purchase of supplemental items can occur with budget funds. A minimum of \$3 per student should be allocated for physical education on all campuses each year.

- Equal access to technology for physical education teachers should be available in their building. Currently, not all gymnasiums on a campus have a projector system and screen. Due to the number of activities that occur in the gym, a portable, short throw projector, sound system, and ability to connect their ChromeBook or other district provided device to the projector or comparable product should be available in all Garland ISD gyms.
  - Budgets should be allocated by the district to align technology in physical education gymnasiums at the secondary level comparable to what is provided for all classroom instruction and/or elementary and middle school physical education gymnasiums.

[Texas Education Code, title 2, Subtitle G, Chapter 38, Section 38.0141](#) requires reporting on: *(5) whether each campus in the district has the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity required under Section 28.002*

- The SHAC is requesting a line item be placed in the technology budget specifically for the purchase of 65” televisions on adjustable rolling carts. These carts should include speakers for sounds and appropriate adapters for teacher technology (laptops, iPads, chromebooks, etc.).
- Due to the lack of available and aligned technology for Physical Education classrooms housed in the gymnasium, **the Coordinator of Health & Physical Education utilized the district Health & Physical Education budget to purchase seven televisions on rolling carts with apple adapters for each high school.** This purchase assures each high school has the same technology available to them as all other instructional classrooms. Physical education teachers now have the resources to utilize all physical and digital instructional tools available to them to enhance physical education. This technology allows for instructors to include digital learning during physical education instruction daily and is an immediate benefit during the pandemic for in-person and virtual learners. Physical educators are then equipped to utilize different methods of learning through digital means with minimal equipment.
- Continue use of the approved Oh Know STD curriculum in Health Education classes in grades 9-12.
- The SHAC recommends the continuation of the CATCH My Breath vaping prevention study for three consecutive years to educate youth and track data on youth vaping and prevention in grades 6-8.
- The SHAC recommends continued training of all CATCH teams for coordinated school health. This includes health and physical education teachers, campus administrators, and nurses.
- The SHAC recommends the district create an effective tool to conduct Fitnessgram testing for grades 3-12 or purchase the Cooper Institute software.
- The SHAC recommends continuation of a comprehensive school counseling program:
  - Mental Health First Aid
  - Suicide Prevention Awareness and Prevention Program for Parents and Students
  - Trauma Informed Care
  - Grief Sensitive Schools
  - You Matter Initiatives
- The SHAC recommends better alignment and communication with the Garland Independent School District Board of Trustees. Members of the Student Health Advisory Council expressed a concern for the repetition of recommendations of the SHAC to the Board without seeing action across our district or a lack of communication of the Board’s approval, rejection, and/or implementation of the SHAC’s recommendations. The SHAC requests a more comprehensive, open, and collaborative approach between the Board and SHAC going forward.

Listed below are the agenda items that were discussed at each of the 2020-2021 School Health Advisory Council Meetings.

**September 23, 2020**

What is SHAC?

What are the responsibilities of the SHAC?

Components of Coordinated School Health

GISD SHAC Members

Review of 2019-2020 SHAC Recommendations

SHAC Meeting Schedule

Department Updates

Goal Setting for the 2020-2021 School Year

**November 4, 2020**

New Parent Members

Parent Recruitment for SHAC

Approve SHAC Meeting Dates for 20-21

Parent Input on Goals for the 2020-2021 School Year

Department Updates

**February 10, 2021**

It's Time Texas Community Challenge Presentation & Registration

Department Updates

Differentiation between COVID-19 Positive Notifications

District Rapid Testing for Students

Recommendation for a Parent Workshop for CATCH My Breath Study (E-cigarette use prevention)

**April 14, 2021**

Department Updates

CATCH My Breath Study Update

Yearly Wellness Policy and Regulation Review

Prepared Board of Trustees Report

Discuss Plan for Next Year

**2021-2022 SHAC Meeting Dates**

Meeting dates TBD