BRANDENBURG MIDDLE SCHOOL



CHEERLEADER TRYOUTS 2022-2023

Paperwork Checklist

Here is a list of the paperwork items that must be turned in for each candidate BEFORE 4 pm on April 18th, 2022.

____ Tryout Application

___ Parent Media Release Form

___ Parent Agreement

___ Candidate Agreement

___ Handbook Signature Page

___ Pre-participation Physical Evaluation

___ Concussion Acknowledgement

Coaches will get the following for you:

___ Discipline Record (printed from Front Office)

Dear Parents and Guardians of Cheerleader Candidates,

Your child has expressed an interest in becoming a member of the Brandenburg Middle School 7th or 8th grade cheerleading squad for the 2022-2023 school year. If selected, there will be certain personal and financial responsibilities and obligations, which your child must assume in order to qualify and remain a member in good standing.

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. This packet contains all of the information that you will need to know before making the decision on whether or not to allow your child to try out for cheerleader. We hope that you, as a parent/guardian of a prospective cheerleader, are aware of the time and energy it takes to be an effective student leader here at Brandenburg. It is our intention that after reading through this packet with your child, you will discuss the expectations and obligations of being a CCBMS cheerleader with your child.

Being a cheerleader makes your child a leader in our school. We believe our school and our students are "Better than the Best!" and we expect the cheerleaders to set good examples of student conduct at all times. We want our cheerleaders to be exemplary citizens exhibiting high moral and academic standards. We have set forth guidelines that will make our cheerleaders role models in our building. Our organization helps students form friendships, improve communication skills, and develop leadership skills that will prove to be beneficial later in life.

A **parent and candidate informational meeting** will be held on **Tuesday March 29th, at 6:30 pm in the CCBMS cafeteria** to go over the tryout process and discuss any questions you may have.

We wish all candidates the best of luck. Please read this packet carefully and be sure you fully understand each rule and procedure BEFORE signing.

The last pages of this packet must be signed and returned:

BEFORE 4:00 pm on Monday, April 18th

You cannot participate in the clinic without all forms submitted.

Josey WaggonerCassidy Pinkstonjwaggoner@garlandisd.netcpinkston@garlandisd.netSponsorSponsor

Elise Mosty emosty@garlandisd.net Principal

Cheerleader Expectations

-Please make sure you have read this packet AND the GISD handbook VERY carefully, as it describes the schedule requirements and rules for elected cheerleaders.

-Pay attention to any updates you receive as they will override this packet.

-If you cannot abide by the schedule, time commitment, requirements, and rules, please reconsider trying out for cheerleader.

-Demerits for failure to follow policies are streamlined for all middle and high school squads in GISD, and are outlined in the GISD Cheer Handbook. The handbook can be found at https://garlandisd.net/media/15517/download?inline

<u>Time Commitment:</u>

If elected, plan to spend two hours per week for cheer practice.

We will cheer at one football and basketball game per week from September- February.

Garland ISD has a middle school cheer competition second semester as well.

Games require an average of three hours per week **in addition** to the abovementioned practice time. Last cheer season required Mondays, Tuesdays, and Thursdays throughout the year with an occasional Wednesday practice due to Monday holidays.

Pep Rallies are typically on Fridays during the school day

All of the above is subject to change with health protocols

This team requires a commitment in order for us to be successful and to complete our stunts **safely.** If you cannot be present for all cheer events, please reconsider trying out for cheerleader.

Quitting the team after tryouts affects the entire group and is not fair to the other candidates who could have had a spot on the team.

If your student shares visitation with another parent, please confirm that the other household is also willing to abide by the time commitments and rules before try-outs.

Transportation:

Each parent/guardian must arrange for his/her own child's ride to and from games, practices and cheerleading functions.

Buses will be provided **to** games. Repeated failure to arrive to events or be picked up from events on time can result in removal from the squad.

Please make sure you are able to make the time commitment necessary to get your cheerleader to and from events on time.

Financial Responsibility

It is the responsibility of each cheerleader to meet all financial obligations.

Every effort is made to make all expenses minimal.

Failure to meet the stated financial obligations will result in a principal review which may lead to removal from the squad. In addition, previous failure to meet financial obligations will result in not being able to try out for the squad.

Estimated Costs for CCBMS Cheer 2022-23

The estimated cost of cheerleading for the 2022-2023 school year is approximately **\$465** for the season. The stated cost includes all fees for uniforms, accessories, camp clothes, buses, and camp instruction.

Uniform Fitting

The cheerleader **must** be present for the uniform fitting. Parents/guardians may attend, but are not required.

The total balance for uniforms, camp wear, and accessories (last year it was **about \$280**) is due at the end of May. The exact date is TBA and will be given after tryouts.

Payments must be made by credit card or money order made out to Varsity.

A payment link will be provided after the fitting.

The district is providing the shell (top) and skirt for all middle schools this year. These will be returned at the end of the year.

A \$40 deposit for camp will be due by May 5, 2021 (at the parent meeting) *ALL CAMP DEPOSITS MUST BE MADE IN CASH.

Items that are not part of the above mentioned costs:

- White cotton socks
- Neutral color SPORTS bra
- Black leggings (for cold games)
- Game day dinners (optional)

Important Dates

Tuesday, March 29	6:30 pm	Parent Informational	Meeting	Cafeteria					
BEFORE April 18 at	4:00 pm	Paperwork due		Portable 5B or Dance					
Week of April 18th - 23rd will be cheer tryouts. Those times are below.									
Monday, April 18	4:10-6:00 pm	Cheer Clinic	Gym						
Tuesday, April 19	4:10-6:00 pm	Cheer Clinic	Gym						
Thursday, April 21	4:10-6:00 pm	MOCK TRYOUTS	Gym						
Saturday, April 23	~10:00-11:45 am	TRYOUTS!!! Memoria		al Pathways Academy					
The below practice and meeting dates are for those who make the squad and are subject to change.									
Tuesday, May 5	6:00 pm	MANDATORY Parent	Cafeteria						
TBA : Uniform Fitting will be after school one day in May									
Practice dates will be set after tryouts Expect to meet 1-2 days a week in the Fall from 4:15-5									
Payment Dates:									
Tuesday, May 5 *\$40 cash deposit for camp due at parent meeting									
Friday, May 20	*Camp Pa	iyment ~ \$175 due by	4:00 pm- <i>dire</i>	ect payment to NCA					
TBA in May*Uniform Payment ~\$250 - direct to Varsity									

Please note that these are the payments for the entire year! We know it is a lot, but it is all up front.

CAMP!

- We will be attending camp with NCA at John Horn HS in Mesquite July 22-24.
- We learn **all** of our new material at camp, and all cheerleaders **need** to attend.
- This is a "Day Camp" so times will be released closer to camp.

Football Season runs Sept-Nov. We will have at least one practice and one game to attend each week.

Basketball Season runs Nov.-Feb. We will have at least one practice and one game to attend each week.

Extra practices will be added to prepare for Pep Rallies and the GISD Cheer Classic.

Tryout Eligibility

Academic Grades

Cheer follows UIL eligibility, so cheerleaders will not perform if they fail. Please keep this in mind when deciding on trying out.

<u>Enrollment</u>

A student is eligible to try out for cheerleader if either of the two conditions is met: • At the time of the tryout, the student lives in and is enrolled in the Garland Independent School District and is trying out at the school where the student is registered to attend for the next school year.

Or

 If the student is not currently enrolled in the GISD, but is registered to attend a GISD campus for the next school year, the student may try out at that campus.
A student may try out at only one GISD school.

Discipline

-Areas to be reviewed will include but not be limited to the reasons for the referrals, academic grades, other discipline records, student attitude, and any other factors deemed relevant by the principal and sponsor/coach.

-An official Discipline Record will be printed for each candidate by the sponsors prior to clinic.

<u>Clinic and Tryout Schedule</u>

- The clinic will teach the tryout materials including: dance, cheer, chant, and jumps.
- The clinic will be held at Brandenburg the week of April 18th 21st.
- Clothing and shoes need to be appropriate for moving and jumping.
- Hair must be in a ponytail or out of the face
- **No jewelry** (this is a safety hazard for cheer)
- Please note: ALL events are closed to outside viewing.
 - 1. This includes clinic, mock tryouts, panel tryouts, camp, and practices
- A link for the music and a Canvas page will be provided at the clinic.
- Mock tryouts help candidates understand the tryout procedures and serve as a dress rehearsal for tryouts.

<u>Schedule</u>

Monday, April 18	4:10-6:00 pm	Cheer Clinic	Gym
Tuesday, April 19	4:10-6:00 pm	Cheer Clinic	Gym
Thursday, April 21	4:10-6:00 pm	MOCK TRYOUTS	Gym
Saturday, April 23	~10:00-11:45 am	TRYOUTS!!!	Memorial Pathways Academy

Tryout Information

Tryouts will be closed to everyone except judges, principals, principals' and Fine Arts designees, and cheerleader sponsors. There will be no students, parents, or existing cheerleaders in the tryout room/area, nor will they be involved in the collection or tabulation of scores. Any deviation by the candidates from the tryout requirements may result in the disqualification of the candidate.

NO CELL PHONES ALLOWED!

This is a closed tryout. Only candidates will be allowed in the gym. Parents will not be allowed in the building during any phase of the tryouts.

Tryout Attire

- Plain white polo-style shirt with no visible logo-must be tucked in
- Red shorts (elastic waist/cotton)
- White no show socks
- White athletic shoes-these do not have to be cheer shoes
- Hair needs to be in a secure ponytail
 - No ribbons, bows, headbands or other embellishments may be worn
- No jewelry may be worn
- Number should be attached neatly to the front of shirt—do not switch numbers!
 - Tryout numbers will be randomly drawn at Mock Tryouts
 - Tryout numbers will be distributed during warm-up at Tryouts

<u>Results</u>: Once all the candidates have tried out, everyone will be dismissed and given an envelope that contains specific instructions and a website address where the official tryout results can be found. No results will be distributed at the tryout site. The website will list those who made the 2022-2023 cheerleading squad by their tryout number in numerical order. More information on tabulation of scores and results can be found in the GISD Fine Arts handbook.

Middle School Cheerleader Tryout Sequence of Events

ANY DEVIATION FROM THE TRYOUT PROCEDURE MAY RESULT IN THE DISQUALIFICATION OF THE CANDIDATE. Each tryout should include a chant, a dance, and a cheer. All categories should be performed in sequence.

FULL GROUP PERFORMANCE

ALL candidates will walk in and perform chant, dance, cheer as a group in that order. This is only so the judges can see what the material should look like. No scores will be entered at that time. Full-out jumps and tumbling is not necessary but certainly welcome during this demonstration. Judges should put their pencils down during this time.

GROUP CHANT:

Groups should consist of 2 or 3 candidates. They should enter the gym so that they end up standing in numerical order from left to right. (From the judge's viewpoint) There should be no tumbling or spirit during this time, only uniform walking. Once the nod has been given, the designated candidate will call for the group chant to begin. Upon completion, the candidates will wait for the judges to finish scoring.

GROUP DANCE:

Once the nod has been given, the designated candidate calls for the dance to begin, or the school representative starts the music for the dance. Once this has been completed, the candidates remain in their spots until they are told to leave. This will enable the judges to correspond the scores with the candidate numbers. The group categories will be repeated until all groups have been performed. <u>INDIVIDUAL ENTRANCE:</u>

Candidate number #1 will enter the gym and wait for notification from the judges that they are ready. After the judges have nodded, the candidate will run in showing and soliciting spirit and enthusiasm doing whatever tumbling pass they wish if they are able. Once they are done with their entrance, they will stop in the center of the gym and wait for notification that the judges are ready for the next step. At this point, the judges will score the tumbling, spirit/enthusiasm, and the candidate's presence/poise. Presence/poise will include appearance with regard to the hair being out of the face, shirts tucked in if possible, shorts not being too short, proper shoes, facial expressions, etc. INDIVIDUAL JUMPS:

Once the nod has been given, the candidate will perform the choice jump first and then wait for a nod before doing their second jump and then their third jump giving the judges time to score each jump. Each high school candidate must perform a toe touch, a right hurdler, a left hurdler, and a double toe touch. Each middle school candidate must perform a toe touch, left OR right hurdler, and a jump of their choice. The jump of their choice can include, but is not limited to, a jump that they have already performed. Tumbling stunts will not count as jumps.

INDIVIDUAL CHEER:

Once the jumps have been completed and the nod has been given, the candidate begins their cheer. The cheer will have a section(s) incorporating a jump(s) and/or tumbling. Candidates will be scored based on difficulty and execution. Candidates will also be judged on their smile, motion technique and voice projection during this time. Once the candidate has completed their cheer, they will exit the gym. No score will be given for an exit tumbling pass or spirit. As candidate #1 is walking out, candidate #2 will walk in and wait for the judge's nod. These steps will be repeated until all candidates have performed all categories mentioned to this point.





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	ENTRANCE			JU	MPS			CHEER		CHANT			DANCE		
Presence/ Poise	Tumbling (During Run-in)	Spirit/ Enthusiasm	Toe Touch	Left Hurdler	Right Hurdler	Optional Jump	Motion Technique	Voice Projection	Incorporation	Motion Technique	Timing	Projection	Motion Technique	Timing	
5	10	5	10	5	5	5	10	5	5	10	5	5	10	5	
Presence/P	oise		Toe Tou	ch			Motion Tec	hnique		Motion Te	chnique		Motion Te	Motion Technique	
*Start at 5 p	points and for ea	ach item					1-3	Motion levels o	ff, lacking in	1-3	Motion levels	off, lacking in	1-3	Motion levels off,	
missing or la	acking, knock do	wn a point						sharpness, miss	ed motions	11	sharpness, mis	sed motions		lacking in	
Shirt tucked in	n		Left Hur	dler						11				sharpness, missing	
Shoes tied							4-7	Average Motion	levels.	4-7	Average Motio	n levels		motions	
Proper Groon Hair pulled ou			Right Hu	rdler				needing more s		11 **	needing more		4-7	Average Motion	
Energetic/Up								(placing motions)		11	(placing motions			levels, needing	
Positive Postu										11	-			more sharpness	
			Optiona				8-10	Good motion le	unin altern	8-10	Good motion I	avala abasa		(placing motions)	
					may be any ju		8-10	Good motion le	veis, snarp	8-10	Good motion i	evels, snarp	8-10	Good motion	
			the tryou	ıt candidate	chooses to ex	ecute								levels, sharp,	
Tumbling							Voice Proje	stion		Timing				popping dance,	
	GISD Jump/Tumbli	ing Scoring								1-2	Timing off thro	authout		exhibits	
Criteria	Gibb Samp, Famou	ing scoring					1	Soft		1-2	(unable to pick u			individuality	
			** Refer	to the GISD	lump/Tumblii	ng	2	Speaking Word	s	11	rest of the group				
Spirit/Enth	uciacm		Scoring (Criterea						3	Ok Timing		Timing		
1-3	No Energy / No	Smile / No					3	Saying Words L	oud	11 -	(able to pick up)		1-2	Timing off	
	Spirit	5					4	Yelling words b	ut lacks tone	4-5	Good timing w	ith group		throughout	
3-5								changes/ enthu	siasm					(unable to pick up or	
3-5	Energetic / Sm Spirit	lling / Loud								Voice Projection			threw off rest of the		
	spirit						5	YELLING words	with tone					group)	
							-	changes/ enthu		1	Soft		3	Ok Timing	
										2	Speaking Word	de la		(able to pick up)	
										²	speaking work	15	4-5	Good timing with	
								•		3	Saying Words	Loud		group	
							Incorporati								
							*Refer to the Criteria	GISD Jump/Tumblii	ng Scoring	4	Yelling words t				
							Chiend				changes/ enth	usiasm			
										5	YELLING words				
											changes/ enth	usiasm			
											•				

Cheerleader Tryout Information

Due Date: All paperwork is due <u>before 4</u>:00 pm Apr 18, 2022

*If you have it completed before this date, feel free to bring it to Ms. Waggoner in Portable 5B or Ms. Pinkston in the Dance Room.

No late applications will be accepted under any circumstances.

Name:	
Student ID #:	
<u>Current</u> Grade Level: 6th or 7th	
Home Address:	
Parent/Guardian:	
Contact number:	
Email address :	
Parent/Guardian:	
Contact number:	
Email address :	

Garland Independent School District Cheer Application

Name		I	ID#
Grade Next Yr	Age	Phone	
Address			
City			
Email			
School Enrolled for Next Yr			
Participation in the GISD cheerle commitment. Each cheerleader their specific campus. Dedicatio cheerleaders to meet the object squad are expected to maintain Prior to making commitments t carefully consider specific progr participation and time conflicts the squad before the end of the sponsor will not be allowed to the above and confirm that I have me Student Signature	is expected to meet n to, and the prioriti tives of the program their commitment t to be involved in oth ram requirements, a with cheerleading cheerleading year w ry out for the next y ot voluntarily quit a	all financial resization of, chee candidates se to the activity for the school activity as involvement duties. Any che vithout the app ear on any GISI ny cheerleading	sponsibilities identified by rleading is obligatory from all elected to be a member of the or the full cheerleading year. vities, cheerleaders should t in other activities may cause eerleader who voluntarily quits proval of the principal and D campus. I understand the g squad at any GISD campus.
Parent/Guardian			
For parents/guardians: I unders	stand that I/we will	not be allowed	d in the building on the day of

the tryouts.

Parent/Guardian_____

Parent/Guardian Agreement

My child, ______, has my permission to be a Cheerleader at Brandenburg Middle School.

(Please initial in spaces provided)

Name_____

_____ I understand that he/she must abide by the rules and regulations set forth by the sponsors and principal of Brandenburg Middle School and be present for all practices and games.

_____It is my responsibility to have my child at all functions on time! In case of an emergency, I give permission for my child to ride with another parent when necessary.

_____I have read the rules and regulations and understand that the violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____ I understand that qualified judges will evaluate my daughter/son and we agree to abide by the decision of the judges.

_____ I understand the costs involved and my responsibility to meet all financial obligations by the deadlines set by CCBMS.

______ I understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of injury. No matter how careful the participants and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and do hereby release Garland Independent School District and its employees from any liability due to accident, injury or illness should it occur.

____ I agree to support my child's efforts wholeheartedly throughout the season.

_____ As a Cheerleader, your child is covered at school-sponsored events by the school insurance, providing that the proper GISD channels are followed. However, you are encouraged to have your own insurance or take the additional school insurance.

_____ I confirm that my child has chosen Brandenburg Middle School for the 2022-2023 school year on their choice of school form.

_____I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

I have read the attached information packet and Fine Arts Handbook. I also understand that every member of the cheerleading squad will be expected to follow these rules and regulations, and I agree to abide by these regulations. I understand I will not be allowed in the building on the day of tryouts. I understand that it is my responsibility to provide transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines for my child.

Lunderstand that it is my responsibility to meet all financial obligations by the deadlines set forth by Brandenburg Middle School. I have also read and understand the GISD insurance disclaimer. I understand that if I have any questions or concerns regarding cheerleading, I should contact the appropriate sponsor first. Furthermore, I give my consent for the above named student to represent Brandenburg as a cheerleader and participate in extra-curricular activities with knowledge of the responsibilities, conduct expectations and risks involved with being a CCBMS cheerleader.

	/_/_		//
parent/guardian	date	parent/guardian	date

ID #	Grade	

Candidate Agreement

(Please initial in spaces provided)

_____ I understand that I must abide by the rules and regulations set forth by the sponsor and principal of Brandenburg Middle School and be present for all practices and games.

____It is my responsibility to be at all functions on time!

_____I have read the rules and regulations within this packet and understand that violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____I understand the risks inherent to this sport.

_____ I promise to abide by the rules and regulations set forth by the sponsors and principal of Brandenburg MS.

_____I promise to cooperate and follow the instructions of the cheerleading sponsors and head cheerleaders at all times.

____I understand that the demerit point system will be followed with consistency.

_____I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

______I understand that cheerleaders and spirit groups exist to promote good sportsmanship, good citizenship, wholesome and enthusiastic school spirit, and cooperation both within the schools and among schools. Members of these groups have a fundamental responsibility to play a leadership role in helping the school to achieve the worthwhile objectives of the school's activities.

______ I understand that I am to behave in a manner that is becoming to me as an individual, as well as to the organization I represent. I should be aware that in or out of uniform I am a representative of the cheerleading squad, Brandenburg Middle School, and I agree to act accordingly. I will:

- Be a leader and set an example for those around me.
- Remember SAFETY FIRST!!! NO COACH NO PRACTICE!!!
- Follow a workout program designed for the development of strength in order to: prevent injury; increase strength and coordination, endurance, flexibility and confidence.

• Keep track of my academic progress (know when I need to get help or attend tutorials). I know that if I am not passing my classes, I am placing an undue burden on the rest of my squad.

- Attend and be on time to all practices and games.
- Promote school spirit.
- Remember that I am a member of a TEAM and there is no "I" in team.
- Give respect to ALL adults.
- HAVE FUN!!!

I, _______, am trying out for the position of cheerleader. I am aware of the time involved in being a CCBMS cheerleader. I am prepared to give 100% and have a positive attitude throughout the year. I understand that my obligations as a cheerleader do not begin and end with football season, but begin with cheerleader tryouts and continue throughout the entire school year. Furthermore, I understand that it is my responsibility to provide my own transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines. I understand that as a cheerleader I am expected to behave in a manner that is becoming to me, as well as, to my squad. I also realize that grades are very important and that it is my responsibility to remain eligible. It wastes time, money, and energy when I am unable to perform. I have read and understand the attached information packet and rules. I agree to follow and abide by all of these rules and regulations.

Participant's signature

_____/____/_____ Date