

Lyles Middle School



Cheerleader Tryouts

Please read this entire tryout packet. Both the candidate and parent/guardian must sign this packet in multiple places, including the medical release form and GISD handbook, which can be found online. Forms should be turned in by **April 18, 2022**

GISD Handbook - <https://garlandisd.net/media/15517/download?inline>

Athletic Forms-<https://garlandisd.rankonesport.com/New/NewInstructionsPage.aspx>

2022-2023

Paperwork Checklist

Here is a list of the paperwork items that must be turned in for each candidate by 5:30 PM on Monday, April 18, 2022.

◆ _____ Tryout Application

◆ _____ Parent Release Form

◆ _____ Candidate Form

◆ _____ Pre-participation Physical Evaluation

◆ _____ UIL Concussion Form

◆ _____ **Official** Report Card (Cycle 3)

Mandatory Parent Meeting

Thursday, March 24th

Lyles Cafeteria

6:00 - 6:45 P.M.

Check in beginning at 5:45 P.M.

Unless prior arrangements have been made with a sponsor, all candidates and parents are to attend the meeting on March 24th. Failure to attend this meeting or schedule another one before school at the sponsors' convenience will affect a potential candidate's ability to try out.

Paperwork

Physical Evaluation:

Pre-Participation Physical Evaluation – Medical History Form – Please note that you are NOT required to have a physical exam prior to tryouts unless you answer yes to questions 1, 2, 3, 4, 5, or 6. If none of these apply, you only need to turn in the first page. If you answer yes to any of these questions, you must have a pre-physical exam and must turn in both pages of the form with your application packet on Monday April 18, 2022.

*Candidates selected to the squad must have a physical on file dated **AFTER April 1, 2022.**

Application and Release Forms:

All paperwork must be turned in by 5:30 p.m. on Monday, April 18, 2022.

Please return all paperwork to JEAN-PIERRE G6:

- ___ Application
- ___ Parent/Guardian Release Form
- ___ Candidate Agreement Form
- ___ Pre-participation Physical Evaluation
- ___ UIL Concussion Form
- ___ Fine Arts Signature Page
- ___ Media Release
- ___ Copy of most recent report card

Clinic

Only students who are academically eligible may attend the clinics.

- The clinic will be held in the practice gym with the choreographer on:
 - a. Tuesday, April 19, 2022 from 5:30-6:30 pm
- Dress needs to be appropriate for moving and jumping. No tank tops.
- Hair must be in a ponytail, no jewelry, etc.
- Cheers, dance, and jumps to be used at tryouts will be taught at the clinic.
- **No video of the clinic will be allowed at any time.**
- **The clinic is a CLOSED event. Only candidates will be allowed in the practice gym.**
- A copy of the music will be provided for the candidates to practice

Performance: Sequence of Events

Before any judging takes place, all candidates will perform the chant, dance, and cheer for the judges so they have the opportunity to see what the material should look like. Afterwards, the contestants will exit the gym and tryouts will proceed as follows: In groups of 3 or 4, the candidates will execute the chant and dance. Then once every group has finished, in numeric order, each contestant will make his or her entrance, demonstrate three jumps, and then perform the cheer.

Who Will Make the Squad?

Each candidate will be scored on the following criteria:

Entrance : Presence/Poise (5) Tumbling during run-in (10) Spirit/Enthusiasm (5)	Jumps : Toe Touch (10) Right/Left Hurdler (5) Optional Jump (5)
Cheer : Motion Technique (10) Voice/Projection (5) Incorporation (5)	Chant : Motion Technique (10) Timing (5) Projection (5)
Dance: Memory (5) Motion Technique (10) Timing (5)	When executed perfectly: 5-Toe, BHS or Back 4-BHS 3-Double toe touch 2-Toe Touch 1-Jump of choice

The top 10 scorers per grade level who are able to score 40 points or higher will be named as the 2022-2023 7th and 8th Grade Lyles Cheerleaders!!!

Note: At the sponsors’ discretion, the next two top scores could be added to the team provided they fall within the natural break.

Disclaimers:

Judges:

Every attempt is made to hire judges that have not worked with students in the Garland area. However, with the hundreds of camps in the state of Texas, attended by thousands of cheerleaders and taught by hundreds of instructors, it may be possible at some time that a member of the judging panel may have had some contact with a candidate who is trying out.

Professional judges with outstanding credentials and references will be hired for all tryouts. They will be instructed to judge the candidates based only on the mastery of the skills they see during the tryouts. Tryout results will not be challenged because of prior knowledge of judges and candidates.

Judges’ Scoring

Scores and final results tabulated by a district-wide, computer-generated program will be non-debatable as every attempt of fairness has been attempted by having an administrator present at each phase of the tryout process.

Middle School Cheerleader Tryout Sequence of Events

ANY DEVIATION FROM THE TRYOUT PROCEDURE/REQUIREMENTS MAY RESULT IN THE DISQUALIFICATION OF THE CANDIDATE.

Full Group Performance:

All candidates should walk in and perform chant, dance, cheer as a group in that order. It should be explained that this is only so the judges viewing the filming can see what the material should look like and that they will not be judged at this point in time. Full-out jumps and tumbling is not necessary but certainly welcome during this demonstration.

Group Chant:

Groups should consist of 2 or 3 candidates. They should enter the gym so that they end up standing in numeric order from left to right (from the camera's viewpoint). There should be no tumbling or spirit during this time, only uniform walking. Once the nod has been given by the school representative, the designated candidate should call for the group cheer to begin.

Group Dance:

Person filming once again will nod for candidates to begin. The school representative at this time should start the music for the dance. Once this has been completed, the candidates should remain in their spots until they are told to leave. The group categories mentioned above should be repeated until all groups have been performed.

Individual Entrance:

Candidate number #1 should enter the gym and wait for notification from the person filming that they are ready. The candidate should run in showing and soliciting spirit and enthusiasm doing whatever tumbling pass they wish if they are able. Once they are done with their entrance, they should stop in the center of the gym in front of the camera and wait for notification from the school representative that they can begin.

At this point, the candidate should tumble, show spirit/enthusiasm, and the candidate's presence/poise will be judged from filming. Presence/poise will include appearance with regard to the hair being out of the face, shirts tucked in if possible, shorts not being too short, proper shoes, facial expressions, etc.

Individual Jumps:

Once the nod has been given by the school representative, the candidate should do whatever jump they wish to do first. Each middle school candidate must perform a toe touch, left OR right hurdler, and a jump of their choice. The jump of their choice can include, but is not limited to, a jump that they have already performed. Tumbling stunts will not count as jumps.

Individual Cheer

Once the jumps have been completed and the nod has been given from the school representative, the candidate should begin their cheer. The cheer will have a section(s) incorporating a jump(s) and/or tumbling. Candidates will be scored based on difficulty and execution as well. Candidates will also be judged on their smile, motion technique and voice projection during this time. Once the candidate has completed their cheer, they should exit the gym. No score will be given for an exit tumbling pass or spirit. As candidate #1 is walking out, candidate #2 should walk in and wait for the judge's nod. These steps should be repeated until all candidates have performed all categories mentioned to this point.

Financial Responsibility

It is the responsibility of each cheerleader to meet all financial obligations. Every effort is made to make all expenses minimal. Failure to meet the stated financial obligations will result in a principal review which may lead to removal from the squad.

Estimated Costs for LMS Cheer 22-23

The **estimated fees** for cheerleading during the 22-23 school year is **\$300**.

The stated cost includes:	Other Miscellaneous Expenses
Camp Tuition 3 Camp T-Shirts Water Bottle Warm Ups Half Top Socks Shoes Bows Poms Briefs Bag	Camp gifts Camp lunch Paint/Brushes Mums Holiday Dinner Secret Santa Teacher Appreciation Snack Bar End of the year Banquet

***Details will be available after tryouts regarding the opportunity for fundraising to assist in camp costs.

ALL CAMP DEPOSITS/FEEES MUST BE MADE BY CASH OR MONEY ORDER. WHERE CAMP WILL BE IS BEING DISCUSSED CURRENTLY.

You are welcome to pay the entire camp balance prior to the above date if you prefer.

No personal checks will be accepted.

Cashier's checks or credit cards are accepted from our vendor for the warmups/camp clothing costs.

Required items that are not part of the above mentioned costs:

- All candidates who make the squad will need to purchase a solid black, racer back sports bra on their own that they must wear to the uniform fitting.
 - Sponsors will approve that the sports bra does not show while wearing the uniform
- Camp lunches
- Game day dinners

Football Season runs September-November. We will have at least one practice and one game to attend each week. Basketball Season runs November-February. We will have **at least** one practice and one game to attend each week.

Cheerleader Tryout Application

Due Date: All paperwork is due before 5:30 pm April 19, 2022. *If you have it completed before this date, feel free to bring it to Ms. Jean-Pierre in Room G6. Please do not turn this packet in until ALL components are completed. No late applications will be accepted under any circumstances.

Name: _____

Student ID #: _____

Current Grade Level: 6th or 7th

Home Address: _____

Parent/Guardian: _____

Contact number: _____

Email address: _____

Parent/Guardian: _____

Contact number: _____

Email address : _____

I also plan to participate in: (mark all that apply)

BAND CHOIR ENCORE ATHLETICS GYMNASTICS NJHS

COMPETITIVE CHEER OTHER Please explain _____

I have read and understand the tryout regulations, GISD Cheer Constitution, as well as the expectations for elected cheerleader, and I will abide by them. I also understand that a violation of any of these regulations will disqualify me from the tryout process.

As a parent of a possible Cheerleader, I have read and understand the expectations and regulations for cheerleaders. I also understand that a violation of the tryout process could disqualify my child.

Parent/Guardian Signature

Date

Student Signature

Date

If you have any questions please contact:

Coach Jean-Pierre eajeampi@garlandisd.net Or Asst Principal Fairfax- sfairfax@garlandisd.net

Name _____ ID# _____ Grade _____

Candidate Release Form-Parent/Guardian

My child, _____, has my permission to be a Cheerleader at Lyles Middle School.
(Please initial in spaces provided)

_____ I understand that he/she must abide by the rules and regulations set forth by the sponsors and principal of Lyles Middle School and be present for all practices and games.

_____ It is my responsibility to have my child at all functions on time! In case of an emergency, I give permission for my child to ride with another parent when necessary.

_____ I have read the rules and regulations and understand that the violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____ I understand that qualified judges will evaluate my daughter/son and we agree to abide by the decision of the judges.

_____ I understand that if I have any concerns about the decisions made by the sponsor, I will contact that sponsor first. Only after contacting the sponsor, may I contact the Principal, Dr. Mahagan.

_____ I understand the costs involved and my responsibility to meet all financial obligations by the deadlines set by LMS.

_____ I understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of injury. Cheerleading activities require learned skills and behaviors. These will be taught, practiced, and documented as each participant achieves mastery prior to the performance of each skill. It should be made clear that even though mastery of objectives and skills has been reached, and safety precautions enforced, accidents still may occur. No matter how careful the participants and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and do hereby release Garland Independent School District and its employees from any liability due to accident, injury or illness should it occur.

_____ I agree to support my child's efforts wholeheartedly throughout the season.

_____ As a Cheerleader, your child is covered at school-sponsored events by the school insurance, providing that the proper GISD channels are followed. However, you are encouraged to have your own insurance or take the additional school insurance.

_____ Upon being selected as a Cheerleader your child must present evidence of a current medical, physical examination.

_____ I understand that the demerit point system will be followed with consistency.

_____ I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

_____ I will ensure that the GISD-issued uniform is returned at the end of the season by the date specified by the sponsor; if lost or brought back in an unsatisfactory condition, **\$98** will be due that day to purchase a replacement.

I have read the attached information packet and cheerleading constitution and rules. I also understand that every member of the cheerleading squad will be expected to follow these rules and regulations, and I agree to abide by these regulations. I understand I will not be allowed in the building on the day of tryouts. I understand that it is my responsibility to provide transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines for my child. I understand that it is my responsibility to meet all financial obligations by the deadlines set forth by Lyles Middle School. Furthermore, I understand that being a cheerleader involves inherent risks, which could cause serious or catastrophic injuries or even death. I have also read and understand the GISD insurance disclaimer. I understand that if I have any questions or concerns regarding cheerleading, I should contact the appropriate sponsor first. I understand and agree to abide by the GISD cheerleading constitution. Furthermore, I give my consent for the above named student to represent Lyles as a cheerleader and participate in extracurricular activities with knowledge of the responsibilities, conduct expectations and risks involved with being a LMS cheerleader.

_____/_____/_____
Parent/Guardian Date Parent/Guardian Date

Name _____ ID # _____ Grade _____

Candidate Agreement

(Please initial in spaces provided)

_____ I understand that I must abide by the rules and regulations set forth by the sponsor and principal of Seller Middle School and be present for all practices and games.

_____ It is my responsibility to be at all functions on time!

_____ I have read the rules and regulations within this packet and the Garland ISD cheer constitution and understand that violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____ I understand the risks inherent to this sport.

_____ I promise to abide by the rules and regulations set forth by the sponsors and principal of Lyles MS.

_____ I promise to cooperate and follow the instructions of the cheerleading sponsors and head cheerleaders at all times.

_____ I understand that the demerit point system will be followed with consistency.

_____ I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

_____ I understand that cheerleaders and spirit groups exist to promote good sportsmanship, good citizenship, wholesome and enthusiastic school spirit, and cooperation both within the schools and among schools. Members of these groups have a fundamental responsibility to play a leadership role in helping the school to achieve the worthwhile objectives of the school's activities.

_____ I understand that I am to behave in a manner that is becoming to me as an individual, as well as to the organization I represent. I should be aware that in or out of uniform I am a representative of the cheerleading squad, Lyles Middle School, and I agree to act accordingly.

I will:

- Be a leader and set an example for those around me.
- Remember SAFETY FIRST!!! NO COACH - NO PRACTICE!!!
- Follow a workout program designed for the development of strength in order to: prevent injury; increase strength and coordination, endurance, flexibility and confidence.
- Keep track of my academic progress (know when I need to get help or attend tutorials). I know that if I am not passing my classes, I am placing an undue burden on the rest of my squad.
- Attend and be on time to all practices and games.
- Promote school spirit.
- Remember that I am a member of a TEAM and there is no "I" in team.
- Give respect to ALL adults.
- HAVE FUN!!!

I, _____, am trying out for the position of cheerleader. I am aware of the time involved in being a LMS cheerleader. I am prepared to give 100% and have a positive attitude throughout the year. I understand that my obligations as a cheerleader do not begin and end with football season, but begin with cheerleader tryouts and continue throughout the entire school year. Furthermore, I understand that it is my responsibility to provide my own transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines. I understand that as a cheerleader I am expected to behave in a manner that is becoming to me, as well as, to my squad. I also realize that grades are very important and that it is my responsibility to remain eligible. It wastes time, money, and energy when I am unable to perform. I have read and understand the attached information packet and GISD cheerleading constitution and rules. Furthermore, I have read the Cheerleader's Code of Conduct and understand my responsibility as a Lyles Cheerleader. I agree to follow and abide by all of these rules and regulations.

Participant's signature

____/____/____
Date

