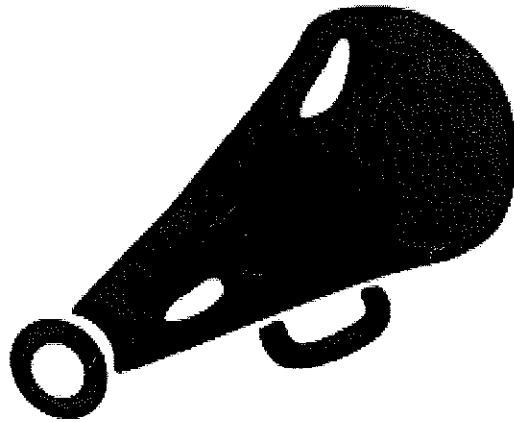


Hudson Middle School



Cheerleader Tryouts

2022-2023

Please read the entire application packet.

Mar 22, 2022

Dear parents and guardian of Cheerleader candidates,

Your child has expressed interest in becoming a member of the Hudson Middle School 7th or 8th grade cheerleading squad for the 2022-2023 school year. If selected, there will be certain personal, financial responsibilities, and obligations which your child must assume in order to qualify and remain a member in good standing. Some of these will require your help and management.

Being a cheerleader makes your child a leader in our school. It is our belief that Hudson MS and our students are outstanding. We expect the cheerleaders to set good examples of student conduct at all times. We have set forth guidelines that will make our cheerleaders role models in our building. We want our cheerleaders to be exemplary citizens exhibiting high moral and academic standards.

A mandatory parent meeting will be held on Thursday, April 4, 2022 at 5:30pm (virtual) to go over the tryout process and discuss any questions you may have. All candidates and the parent or guardian are required to attend unless prior arrangements have been made with the sponsors.

Google Meet Code: hmscheer

We wish all candidates the best of luck!

Please read this packet carefully and be sure you fully understand each rule and procedure before signing.

Candace Schmucker - 8th Grade Coach

CSchmucker@garlandisd.net

Laura Reyes - 7th Grade Coach

LLReyes@garlandisd.net

Hudson Cheerleading - Important Dates

April 1, 2022: Cheer Interest Form/Paperwork Due

- 7th grade candidates - turn into Ms. Reyes room C-11
- 8th grade candidates - turn into Ms. Schmucker room B6

April 4, 2022: Virtual Parent and Candidate Meeting (Google Meet: hmscheer)

- 5:30 - 6:30pm
- A parent/guardian must attend the parent meeting unless arrangements have been made with a coach PRIOR to the meeting.

April 12, 2022: Mandatory Tryout Clinic

- 4:30 - 6:00pm in big gym
- Pre-participation form/physicals **MUST** be turned in by this date or candidate cannot attend clinic
- Learn tryout materials

April 19, 2022: Optional Tryout Clinic

- 4:30 - 6:00pm in big gym

April 23, 2022: Tryouts at Memorial Pathways Academy

- Warm up 7:30 - 8:00am
- Tryouts 8:00 - 9:15am
- Results posted in Canvas at 12 (only student IDs will be posted)

April 26, 2022: Camp/Game Day Gear Fittings and Parent Meeting

- 5:30 - 7:00pm
- Discuss fundraiser
- Camp/Game Day Gear - Approximately \$240 paid directly to Varsity through online portal
- All candidates that make the HMS cheerleading squads are required to be there with a parent/guardian. Masks are recommended, but not required. Please make sure the cheerleader wears undergarments/swimsuits they would be comfortable trying clothes/uniforms in. **(payment not due until April 28th)**

May 17, 2022: Practice for both teams

- 4:30 - 5:30pm in big gym

May 20, 2022: Camp Fee Due (\$180)

- Cash or a cashier's check made out to HMS Cheerleading (turned into a coach)

May 24, 2022: Practice for both teams

- 4:30 - 5:30pm in big gym

July 22-24, 2022: NCA Day Camp

- John Horn High School - Mesquite, Texas
- Transportation provided by parent/guardian
- 8:45 - 5:00pm each day

Payment Schedule:

- Financial Obligations can be found in Garland ISD Fine Arts Handbook (p.3)
- Varsity Payment (completed through an online payment portal)
- Cashier's checks for camp to be made out to HMS Cheerleading (turned into a coach)

<i>Payment Details:</i>	<i>Amount Due:</i>	<i>Due Date:</i>
Practice and Camp Wear - paid online to Varsity	~\$240	April 28, 2022
NCA Camp Payment - Cash or Cashier's Check	\$180	May 20, 2022
Total Cheer dues = \$420		

Uniform/Camp Wear Package:

- 1 tank top
- 1 t-shirt
- 1 jersey
- 3 pairs of shorts
- 1 pair of bloomers
- 1 HMS bow

Cheerleader Responsibility:

- All white cheer shoes (optional from Varsity)
 - Black ankle length leggings
 - White no-show socks
 - Black and white sports bras
 - Black and White Bow (8th grade only)
 - Red and White Bow (7th grade only)
- Grade level bows need to be purchased from Ms. Reyes (**\$3 - cash only - will be ready May 23**)

Paperwork:

All required paperwork must be turned in by 4:00pm on April 1, 2022 (no exceptions)

- 7th grade candidates will turn in paperwork to Ms. Reyes in room C11
- 8th grade candidates will turn in paperwork to Ms. Schmucker in room B6

Physical Evaluation (must be printed and turned in):

Pre-Participation Physical Evaluation – Medical History Form. Please notice that you are **NOT** required to have a physical exam unless you answer yes to questions 1, 2, 3, 4, 5, or 6. If none of these apply, you only need to turn in the first page. If you answer yes to any of these questions, you must have a physical exam and must turn in **both** pages of the form.

- Due by April 12, 2022 (candidate CANNOT attend clinic without form)
- Pre-Participation Physical Evaluation Form

UIL Concussion Acknowledgment Form (must be printed and turned in):

The understanding of sports-related concussion has evolved dramatically in recent years. Please download and print the following form acknowledging that you have reviewed the protocols in place for preventing, treating and returning to play after a concussion.

- Due with tryout packet on April 1, 2022
- Concussion Acknowledgement Form

Camp:

- Cheerleading camp is not mandatory but it is strongly encouraged. **Those who do not attend will be responsible for learning the material on their own before the season starts and will be benched for the first two performances.**
- We will be attending NCA Day Camp at John Horn High School - Mesquite on July 22-24th. The cost of the camp is \$180.
- Transportation is not provided by GISD.
- Each cheerleader will be responsible for bringing their own lunch, water, and snacks.

Expenses:

Cheerleaders are responsible for purchasing the required uniform, camp wear, and the cost of cheerleading camp, if they attend. The uniform fitting will be held on April 26th at 5:30pm in the small gym. The cheerleader and a parent **must** be present for the fitting. All practice/camp wear fees must be paid online to Varsity by April 28th. **No exceptions!** The full cost of camp is \$180 which is due by May 20th. This can be paid in cash or by a cashier's check made out to HMS Cheerleading.

*****Payments not turned in on time could result in removal from the squad.**

Cheerleader Application Paperwork Checklist

All due by April 1, 2022 at 4:00pm

- 7th grade candidates turn into Ms. Reyes - room C11
- 8th grade candidates turn into Ms. Schmucker - room B6

- ☐ Application (2 pages)
- ☐ Handbook Acknowledgement Form
- ☐ Fine Arts Signature Pages
- ☐ UIL Concussion Acknowledgement Form
- ☐ GISD Media Release Form

REMINDERS:

- If you do not schedule a virtual meeting (or phone conference) with a coach BEFORE April 4, 2022, your child will not be eligible to participate in cheerleading.
- If forms are not turned in on time, your child will not be eligible to participate in cheerleading.
- April 4, 2022 - Virtual interest meeting
- April 12, 2022 - Pre-Participation Physical Examination Form due
- April 26, 2022 - MANDATORY camp/game day gear fittings
- April 28, 2022 - Varsity payment due
- May 20, 2022 - Camp fee due

Hudson Middle School Cheerleader Application - page 1

Garland Independent School District Cheer Application

Name _____ ID# _____

Grade Next Yr. _____ Age _____ Phone _____

Address _____ City _____

Zip _____ Email _____

School Enrolled for Next Yr. _____

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the squad are expected to maintain their commitment to the activity for the full cheerleading year. Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties. Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to try out for the next year on any GISD campus.

I understand the above and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Student Signature _____

Parent/Guardian _____

Hudson Middle School Cheerleader Application - page 2

For parents/guardians:

I understand that I/we will not be allowed in the building on the day of the tryouts.

Parent/Guardian _____

The following items must be returned to the sponsor **before** clinics begin:

_____ Application

_____ Fine Arts Handbook Acknowledgement Page

_____ Fine Arts Signature Pages

The GISD Fine Arts Handbook will be available online (the acknowledgment and signature pages are located on the next page).

_____ UIL Concussion Acknowledgement Form

_____ Pre-Participation Physical Examination Form

If you have any questions please contact:

Laura Reyes LLReyes@garlandisd.net

Candace Schmucker CSchmucker@garlandisd.net

***Due Date: All paperwork is due no later than April 1, 2022 by 4:00pm.**

Fine Arts Handbook Acknowledgement

I _____ have read the Cheerleader Guidelines/Rules in the GISD Cheerleading Handbook. I understand each of them before I commit to Hudson Cheer and will abide by each rule. I also understand and accept each punishment given for each rule violation.

Cheerleader's Signature _____ **Date** _____

Parent Signature _____ **Date** _____

The Garland ISD Cheerleading Handbook states:

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the cheerleading squad are expected to maintain their commitment to the activity for the full cheerleading year. Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties. Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to try out for the next year on any GISD campus. I understand the above portion of the constitution and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Cheerleader's Signature _____ **Date** _____

Parent Signature _____ **Date** _____

Garland Independent School District Fine Arts Handbook
Cheerleading, Drill Team, Step, and World Dance Company
Permission, Commitment, and Signature Pages

Student Name (Please Print) _____

Legal Parent/Guardian (Please Print) _____

Check the Fine Arts Group you are auditioning for/joining:

Cheer _____ Junior Varsity Drill Team _____ Varsity Drill Team _____
Step Team _____ World Dance Company _____

Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.

Candidate/Member:

_____ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

_____ I understand that the judges' decision is final.

_____ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

_____ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access www.garlandisd.com)

_____ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract

_____ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

_____ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

_____ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

_____ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

_____ I understand that I may be required to ride to and from some events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

_____ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

_____ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

Legal Parent/Guardian:

_____ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

_____ I understand the judges' decision is final.

_____ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

_____ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access www.garlandisd.net)

_____ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

_____ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

_____ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UII Regulations).

_____ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

_____ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

_____ I understand that my student may be required to ride to and from some events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

_____ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts Group.

_____ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

Candidate/Member Printed Name _____

Candidate/Member Signature _____

Date _____

Legal Parent/Guardian Printed Name _____

Legal Parent/Guardian Signature _____

Date _____

Notice



Regarding **Directory Information** and **Parent's Response** Regarding Release of Student Information

State law requires the district to give you the following information:

Certain information about district students is considered directory information and will be released to anyone who follows the procedures for requesting the information unless the parent or guardian objects to the release of the directory information about the student. If you do not want Garland ISD to disclose directory information from your child's education records without your prior written consent, you must notify the district in writing within ten school days of your child's first day of instruction for this school year.

This means that the district must give certain personal information (called "directory information") about your child to any person who requests it, unless you have told the district in writing not to do so. In addition, you have the right to tell the district that it may, or may not, use certain personal information about your child for specific school-sponsored purposes. The district is providing you this form so you can communicate your wishes about these issues.

[See *Directory Information* in the Student Handbook for more information.]

Garland Independent School District has designated the following information as directory information:

- Student's name
- Address
- Telephone listing
- E-mail address
- Photograph
- Date and place of birth
- Major field of study
- Degrees, honors, and awards received
- Dates of attendance
- Grade level
- Most recent school previously attended
- Participation in officially recognized activities and sports
- Weight and height, if a member of an athletic team

Parent/guardian: Please select one of the choices below

- ☐ I want directory information about my child released to the public. Anyone requesting directory information for GISD students may receive it.
- ☐ I want directory information about my child released only for district publicity. This could include, but is not limited to: extracurricular activity publications, yearbooks, district/campus newsletters, campus directories, news releases to local media, media coverage, district/campus websites, district/campus videos, district/campus publications, district/campus social media and public recognitions.
- ☐ I do not want directory information about my child released. By marking this box, I understand that my child's name, photograph, etc., will NOT be included in district/school publications—including the yearbook—or released to the media. I also understand that this request must be made annually to be valid for each school year.

Student Name (please print)

Last _____ First _____ Middle Initial _____

Student ID# _____ Grade _____

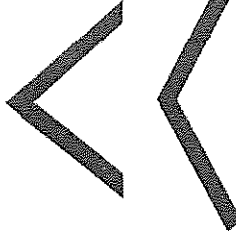

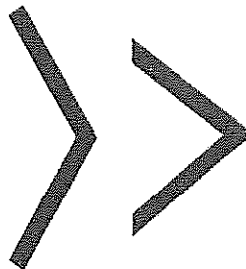
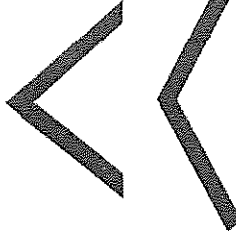

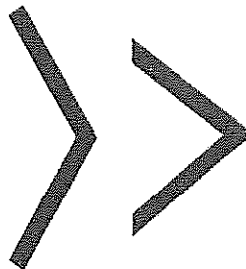
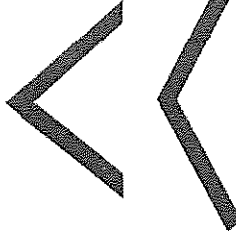

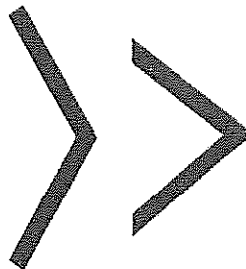
Parent signature _____ Date _____

If this form is not returned within the specified timeframe above, the district will assume that permission has been granted for the release of this information.

GISD cheerleader Tryout Scoring Criteria

ENTRANCE				JUMPS				CHEER			CHANT			DANCE	
Presence/ Poise 5	Tumbling (During Run-in) 10	Spirit/ Enthusiasm 5		Toe Touch 10	Left Hurdler 5	Right Hurdler 5	Optional Jump 5	Motion Technique 10	Voice Projection 5	Incorporation 5	Motion Technique 10	Timing 5	Projection 5	Motion Technique 10	Timing 5
Presence/Poise *Start at 5 points and for each item missing or lacking, knock down a point Shirt tucked in Shoes tied Proper Grooming Hair pulled out of face Energetic/Upright walk Positive Posture			Toe Touch <u>Left Hurdler</u> <u>Right Hurdler</u> <u>Optional Jump</u> *The Optional Jump may be any jump that the tryout candidate chooses to execute					Motion Technique 1-3 Motion levels off, lacking in sharpness, missed motions 4-7 Average Motion levels, needing more sharpness (placing motions) 8-10 Good motion levels, sharp			Motion Technique 1-3 Motion levels off, lacking in sharpness, missed motions 4-7 Average Motion levels, needing more sharpness (placing motions) 8-10 Good motion levels, sharp			Motion Technique 1-3 Motion levels off, lacking in sharpness, missing motions 4-7 Average Motion levels, needing more sharpness (placing motions) 8-10 Good motion levels, sharp, popping dance, exhibits individuality	
Tumbling *Refer to the GISD Jump/Tumbling Scoring Criteria			Voice Projection 1 Soft 2 Speaking Words 3 Saying Words Loud 4 Yelling words but lacks tone changes/ enthusiasm 5 YELLING words with tone changes/ enthusiasm					Timing 1-2 Timing off throughout (unable to pick up or threw off rest of the group) 3 Ok Timing (able to pick up) 4-5 Good timing with group			Timing 1-2 Timing off throughout (unable to pick up or threw off rest of the group) 3 Ok Timing (able to pick up) 4-5 Good timing with group			Timing 1-2 Timing off throughout (unable to pick up or threw off rest of the group) 3 Ok Timing (able to pick up) 4-5 Good timing with group	
Spirit/Enthusiasm 1-3 No Energy / No Smile / No Spirit 3-5 Energetic / Smiling / Loud Spirit			Incorporation *Refer to the GISD Jump/Tumbling Scoring Criteria												

GSD cheerleader Tryout Scoring Criteria

TUMBLING		JUMPS	INCORPORATION																																																							
*If a skill is not executed properly, then points may be deducted into a lower scale																																																										
<table><tr><th colspan="2">Running</th><th>Standing</th></tr><tr><td>0</td><td>None</td><td>None</td></tr><tr><td>1</td><td>Cartwheel</td><td>Back/Front Walkover or Cartwheel or Aerial</td></tr><tr><td>1-2</td><td>Round Off</td><td></td></tr><tr><td>3-4</td><td>Round Off BHS</td><td></td></tr><tr><td>5</td><td>Round Off 2 BHS</td><td></td></tr><tr><td>6</td><td>Series (3 or more BHS)</td><td></td></tr><tr><td>7</td><td>Round Off BHS Back</td><td></td></tr><tr><td>8</td><td>Series to Back</td><td></td></tr><tr><td>9</td><td>Layout or Whip to Back</td><td></td></tr><tr><td>10</td><td>Full or Specialty full</td><td></td></tr></table>		Running		Standing	0	None	None	1	Cartwheel	Back/Front Walkover or Cartwheel or Aerial	1-2	Round Off		3-4	Round Off BHS		5	Round Off 2 BHS		6	Series (3 or more BHS)		7	Round Off BHS Back		8	Series to Back		9	Layout or Whip to Back		10	Full or Specialty full		<table><tr><td>1-3</td><td>Below Level Jumps</td></tr><tr><td colspan="2"></td></tr><tr><td>4-6</td><td>Level Jumps</td></tr><tr><td colspan="2"></td></tr><tr><td>7-10</td><td>Above Level Jumps</td></tr><tr><td colspan="2"></td></tr></table>	1-3	Below Level Jumps			4-6	Level Jumps			7-10	Above Level Jumps			<table><tr><td>1</td><td>Jump of Choice</td></tr><tr><td>2</td><td>Toe Touch</td></tr><tr><td>3</td><td>Double Toe Touch</td></tr><tr><td>4</td><td>BHS</td></tr><tr><td>5</td><td>Toe BHS Back or Better</td></tr></table>	1	Jump of Choice	2	Toe Touch	3	Double Toe Touch	4	BHS	5	Toe BHS Back or Better
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* BHS = Back Hand Spring		*Jump scoring can drop to the point category below if feet are flexed, if knees are bent or if landings are with feet apart																																																								