



**Job Title:** Athletic Trainer

**Exemption Status/Test:** Exempt

**Reports to:** Campus Athletic Coordinator/Athletic Department

**Date Revised:** April 2022

**Dept. /School:** Campus Assigned

---

**Primary Purpose:**

Plan, coordinate, and supervise all components of the athletic training program for student athletes. Work under the direction of the athletic department and campus athletic coordinators to prevent, recognize, assess, manage, treat, and rehabilitate athletic injuries and illnesses.

**Qualifications:**

**Education/Certification:**

- Bachelor's degree from an accredited college or university
- License in Texas by the Texas Advisory Board of Athletic Trainers
- Current Professional Rescuer CPR and AED certification
- American Heart Association Basic Life Support Instructor Certification, preferred
- Master's Degree in Education or a health-related field, preferred
- National Athletic Trainers Association BOC Certification, preferred
- Proficiency using the Rank One Athletic Management System, preferred

**Experience:**

- Two (2) years' experience as an athletic trainer, preferred

**Special Knowledge/Skills:**

- Ability to provide injury prevention and rehabilitation services
- Ability to provide emergency care
- Knowledge of therapeutic modalities and ability to apply appropriate treatment to treat student athletic injuries
- Ability to instruct and supervise student-athletes and assistants
- Strong organizational, communication, and interpersonal skills

**Major Responsibilities and Duties:**

1. Plan and implement a comprehensive athletic injury and illness prevention program for student athletes.
2. Attend practice sessions and athletic contest providing hydration stations for the student athletes.
3. Attend practice sessions and athletic contests and prepare athletes using protective techniques and devices as needed.
4. Provide emergency or continued care and refer athletes to physician for definitive diagnosis and treatment.
5. Detect and resolve risks to athletes and determine continued participation in athletic events.
6. Develop and establish specific procedures to be carried out in the event of a medical emergency. Conduct and document medical emergency drills on the high school and feeder middle schools campuses according to UIL and State Law requirements.
7. Provide health care information and counsel and instruct student athletes on subject matter related to athletic training.
8. Establish and maintain effective communication with students, parents, medical and paramedical personnel, coaches, and other staff.

9. Have on file all student/athlete documents required by GISD, UIL and State Law before allowing a student to participate, practice or tryout for any GISD sponsored athletic activity.

10. Have on file all GISD, UIL and State Law before allowing a student to participate, practice or tryout for any GISD sponsored athletic activity.
11. Schedule visits with assigned feeder middle schools and be available to treat, rehabilitate and work with parents and doctors with athletic injuries.
12. To provide athletic training services at district athletic events as assigned by the athletic department.

### **Rehabilitation/Reconditioning**

13. Plan and implement a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student athletes.
14. Determine therapeutic goals and objective for individual athletes, apply therapeutic modalities, and instruct athletes on proper use of exercise equipment.
15. Fit injured athletes with specialized equipment and oversee its use.
16. Evaluate and record rehabilitation progress of athletes. Develop criteria for progression and return to practice and competition.
17. Follow and enforce professional, ethical, and legal parameters regarding use of drugs and therapeutic agents for treatment and rehabilitation of injured athletes.

### **Administration**

18. Coordinate scheduling of athletic physical examinations and screening for your high school and assigned middle school campuses.
19. Select, train, and supervise student assistants.
20. Compile, maintain, and file all reports, records, and other documents including medical, accident, and treatment records as required.
21. Maintain an inventory of training supplies and equipment. Requisition additional supplies as needed.

### **Supervisory Responsibilities:**

Direct the work of student assistants.

### **Mental Demands/Physical Demands/Environmental Factors**

**Tools/Equipment Used:** Exercise equipment and devices including stationary bike, pulleys, weights, whirlpool, paraffin bath, ultrasound equipment, and cold packs; automated external defibrillator (AED)

**Posture:** Prolonged standing; frequent kneeling/squatting, bending/stooping, pushing/pulling, and twisting

**Motion:** Continual walking; moderate reaching

**Lifting:** Moderate lifting and carrying

**Environment:** Work outside (exposure to sun, heat, cold and inclement weather) and inside; exposure to noise; exposure to biological hazards, bacteria, and communicable diseases; frequent districtwide and statewide travel

**Mental Demands:** Maintain emotional control under stress; frequent prolonged and irregular hours

---

This document describes the general purpose and responsibilities assigned to this job and is not an exhaustive list of all responsible and duties that may be assigned or skills that may be required.