



Dear Parent/Guardian,

Garland ISD Student Nutrition Services (SNS) must have a Dietary Modification Form or IEP on file if a student meal accommodation is required. A new Diet Modification Form is not required for each school year if the meal accommodation remains the same.

For newly enrolling/enrolled students requiring a dietary modification, the form may be found here:

[Special dietary needs | Garland Independent School District garlandisd.net](https://www.garlandisd.net/special-dietary-needs)

*Garland ISD is committed to providing a safe environment for your child at school.*

The following step must be taken in order for an account alert in the cafeteria to generate and/or make any substitutions to your child's meal choices.

The Diet Modification Request Form must be filled out in its entirety by a licensed physician. The physician must identify:

- The student's disability that restricts their diet
- The major life activity affected by the disability
- The foods that must be omitted from the student's diet and the food or choice of foods that must be substituted.

Once the Diet Modification Form has been completed by a physician, please return the form to the school nurse.

- Please allow up to 48 hours for the dietary modification request to be fulfilled at the student's campus.

#### Removing dietary modifications

A second Diet Modification Request Form, an official doctor's note on their letterhead **or** a signed statement from the parent/guardian indicating that the student no longer needs a meal accommodation must be submitted to Garland ISD SNS prior to the termination of the accommodation.

#### Diet modifications for students without a disability

Review the menu via [SchoolCafé - GARLAND ISD \(schoolcafe.com\)](https://www.schoolcafe.com) with your child so that they understand which choices are available from the cafeteria.

Circumstances in which students without disability, but in need of a special dietary modification may contact the Student Nutrition Services. Modifications in these situations will be determined by the Menu Coordinator on a case-by-case basis.

If you would like to speak to the district Menu Coordinator before submitting the diet modification form, please see the contact information below.

Garland ISD Student Nutrition Services  
Seon Ervin  
Servin3@garlandisd.net

Updated: 7/10/2024  
Menu Coordinator  
972-487-4184

