



## SHAC MEETING MINUTES

Below are the meeting minutes from the SHAC (Student Health Advisory Council) committee meeting.

### **Meeting Information:**

The SHAC meeting took place on Wednesday, April 6, 2022 from 12:00-1:00 PM virtually and in-person at the GISD PDC.

### **Meeting Attendees:**

Virtual: Michelle de Klerk, Parent; Sabrina Jeter, Risk Management; Jessica Chester, SHAC Co-Chair/Parent; Jenny Eyer, American Heart Association

In Person: LeeAnn Stephenson, SHAC Chair/Health & PE; Laura Vayda, Health Services; Elizabeth Kiertscher, Wellness & Nutrition; Beth Harshman-Martinez, Parent; Renee Kotsopoulos, Health Services; Jennifer Miller, Student Nutrition; Jonathan Armstrong, Family & Community; Sophia Deahl, Wellness Intern; Rosie Wild, Wellness Intern; Courtney Stubel, Wellness Intern

### **Committee Purpose:**

The TEA requires all school districts to establish a district School Health Advisory Council, [TEC Chapter 28, Section 28.004](#). SHAC is a group of members representing segments of individuals of the Garland ISD community, district employees, and parents appointed by the Board of Trustees. The SHAC assists in addressing the physical and health needs of students in Garland ISD. The SHAC plays an important role in communicating the connection between health and learning to school administrators, parents, and community stakeholders. The SHAC assists the district in ensuring that local community values are reflected in the district's coordinated school health program. Coordinated school health focuses attention on the priority areas that include student nutrition services, health services, a healthy and safe school environment, counseling and mental health services, employee wellness, family and community engagement, physical education, and health education for the most effective way to meet the health needs of district's students.

### **Goals:**

Complete department updates, confirm completion of publisher rubrics and submissions, review human sexuality publisher presentations and finalize sexual health textbook adoption recommendations to be submitted to the Board for approval, and review annual SHAC report for submission to the Board of Trustees.

**Responsibilities:**

The SHAC must hold 4 meetings each school year. A school district MUST consider the recommendations of the SHAC before changing the district's health education curriculum or instruction. The SHAC will provide a written annual report to the Board of Trustees each school year. A majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district.

**Meeting Dates:**

Meetings conducted virtually and in person.

- October 20, 2021
- December 8, 2021
- February 16, 2022
- April 6, 2022

**Recruitment:**

SHAC is focused on parent recruitment to the committee through social media, GISD PTA through the Family and Community Engagement department, and the Health and Physical Education department. Applicants may apply for membership through the SHAC member application.

[GISD SHAC Member Application](#)

**SHAC Human Sexuality Public Meeting & Committee Links:**

[SHAC Public Meeting #1 Recording](#)

[SHAC Public Meeting #2 Recording](#)

**Human Sexuality Publisher Review Presentations and Links:****QuaverEd - Health & PE (K-5)**

[QuaverEd Presentation](#)

Username: QuaverHealthTEA2

Password: review2022

**Nest**

[Teacher Portal](#)

Username: [LPittmanStephenson@garlandisd.net](mailto:LPittmanStephenson@garlandisd.net)

Password: nest-garland

**Choosing the Best**

Leader Guides:

Way - <https://indd.adobe.com/view/1f18c56a-21d2-4eaf-b476-ce2befdefe89>

Life - <https://indd.adobe.com/view/c7c4526d-fc92-4cd4-8ac9-2a61975856cc>

Path - <https://indd.adobe.com/view/3d028f29-da10-4257-9572-a889adc8579b>

Journey - <https://indd.adobe.com/view/824fcebcb-8fba-4163-9564-ffc778c85c85>

CTB Online Portal - videos, online teacher tools: Go to [www.choosingthebestonline.com](http://www.choosingthebestonline.com)

Users: [JAS@CTBSurvey.com](mailto:JAS@CTBSurvey.com)

CTBpreview09\$

**McGraw Hill**

Glencoe Health / Teen Health and Health Education, Grade 6-12

Username: TexasHealth2021

Password: MHEhealth21

### **Department Updates:**

#### ***Employee Wellness - Liz Kiertscher***

- Mindfulness challenge going on
- Finpass is doing financial literacy education for financial literacy month
- Spring vaccination clinic next week
- Received silver wellness award from Wellness Workdays
- Interns helping campuses develop breakrooms
- Interns helping with nutrition course

#### ***Student Nutrition - Jennifer Miller***

- Legislative update. COVID 19 waivers allowing us to serve free meals is set to expire on 6/30.
- Support kids and not red tape act and it could extend free meals and other COVID relief from September of 2023
- Push to apply for free and reduced meals as a prerequisite for PEBT. You have a 30 day roll over for processing.

#### ***Health Services - Renee Kotsopoulos***

- Focus on vision referrals and helping children with hearing problems and cleaning up the things that were unable to be focused on due to COVID
- Working on COVID vaccines clinics
- Hazel health is all of the campuses

#### ***Family & Community Engagement - Jonathan Armstrong***

- Summer family engagement conference July 28th
- FB Live next week

#### ***Risk Management - Sabrina Jeter***

- No updates

#### ***SHAC Co-Chair - Jessica "JR" Chester***

- No updates

#### ***Health & Physical Education - LeeAnn Stephenson***

- Discuss and review Human Sexuality Publisher presentations/content reviews

### **Human Sexuality Publisher Review:**

*Questions to answer:*

- *What concerns do we still have as a SHAC?*
- *What is missing in the content?*

**Publisher: Choosing the Best | Presenter: Cliff Baskerville**

- Only had content for middle and high school
- It's not in Spanish but they are working on it
- "They have been known to be an abstinence program, they're trying to fit"
- They meet the standards only by one sentence
- It was missing a lot of content
- Picture representations were not "whole". Kids were coupled boy-girl, boy-girl.
- Other publishers do a better job with special needs, medical choices, different relationship choices, etc...
- Speaker was not transparent, lacking honesty
- Video-based and multiple resources, activities, skill based help
- Visual resources will be updated regularly
- 8 year contract option
- Tech training and support available

**Publisher: Nest | Presenter: Kate Somerville**

- Concentrated more on trafficking
- Did it have contraception and other parts of sexual health?
- Did not go in depth about contraception
- Possibility they come in and teach human trafficking. However, they would have to go through a long process to get approved
- Has content per grade level
- Very specific in the amount of lessons, different for each grade
- It's greatest focus is human trafficking, they address it well but it puts a lot back on our classroom teachers
- Three year contract
- Tech training and support is an additional cost
- Teacher training was separate

**Publisher: McGraw Hill | Presenter: Melissa Arnett**

- Very familiar with that they offer and provide
- They have been transparent the whole time, they will get us what we need
- If we give feedback, they will accommodate
- Most inclusive publisher
- Give the most amount of information regarding LGBTQ and contraceptives
- Fully aligns with what the state requires, will equip the kids with what they need
- Most adaptable for teachers, easy access
- 8 year contract available
- Digital resources updates
- Tech training and support available with no extra cost
- In spanish already and adapted for SPED
- Kids can work on it offline not on WIFI

**Publisher: Quaver Ed | Presenter: Carlie Phillips**

- Doesn't totally represent everyone in the community, they were given limited time
- Only one that represents and used for K-5 education
- Includes puberty changes
- Nurses are currently giving puberty education
- After working in some of the districts, fifth grade puberty education should be split up between boys and girls
- Only the teacher provides education
- 8 year contract

- Digital resources updated
- Great parent-guardian content

### **Annual SHAC Report Review:**

*Questions to answer:*

- *How do we properly prepare the kids while meeting what the community expects?*
  - ◆ Which program is meeting the standards necessary with abstinence plus
  - ◆ Our job is to make sure we are providing our teachers with the right content to provide the kids with the best education
  - ◆ Whoever we choose, we need the funds allocated and to meet the timeline
  - ◆ Anybody who wants to come in and speak has to get approved through a long process
  - ◆ SHAC Final responsibilities, decisions, and goals
    - Form a committee for PE content
    - Continue to participate in It's Time Texas
    - Continue partnership for coordinated school health with CATCH.org and CATCH My Breath Study
    - Continue Employee Wellness support
    - Will send out recommendation for human sexuality once finalized
    - District created an effective fitnessgram tool for data collection
      - Tool tasking on Skyward Team member & HPE Coordinator
      - Need funding for universal tool to seamlessly collect PFAI Fitnessgram data
    - Bought rolling cart TVs for physical education last year for each location out of Health & Physical Education budget
      - Need funding by the district to align technology in PE classrooms (gymnasiums) to core and other elective content classrooms
    - Continue training for supportive health
      - Important to execute training

### **Meeting Recording:**

[SHAC Meeting Recording - 4.6.2022](#)