



## Sterling Star Varsity Drill Team Tryouts



***\*\*The Pride of the Forest\*\****

Dear Sterling Star Hopefuls and Parents,

We are excited that you are considering becoming a member of our organization! Drill team has many wonderful benefits including great high school memories, lasting friendships, and a sense of pride that comes from being a part of a team. Even if you are unsure of your decision, please attend the practices, ask questions, and see what Varsity Drill Team is all about!

In the upcoming year we will be working hard to grow as a team and experience new things. This summer, we will be attending line camp, where we will learn most of our football, contest, and pep rally routines. We perform at all home and away Varsity football games, at home basketball games, march in the Labor Day parade and the MLK Parade, and perform at various community events throughout the year. In the spring, we host our annual spring show. Being a part of this incredible team will provide wonderful opportunities.

Sterling Stars practice positivity and learning the true meaning and the incredible benefits of being involved in a group that gives back to our school and community. Being involved in other activities besides Sterling Stars is encouraged, as our goal is to support our school, faculty and students. We will work together to grow both as a group and as individuals.

There are no prerequisites for becoming a Sterling Star, such as being on the JV drill team or having previous dance experience. You just need a positive attitude and a willingness to learn and work hard. There is no set number that can be chosen to be on the team.

Please contact me with any additional questions you may have about tryouts or drill teams. We look forward to seeing you!

Courtney Thompson

Director

[cathomps@garlandisd.net](mailto:cathomps@garlandisd.net)



Tryout Meeting - Apr 10, 2023 at 6 pm in the NF cafeteria



Tryout Clinics will be held April 24 - 28 at Naaman Forest from 3-5:30 in the Big Gym

- You will learn a jazz combination and a kick combination. Attendance is not mandatory BUT if you do not attend and wish to audition, you will be responsible for learning the material on your own.



Sterling Star Tryouts for the 22-23 School Year will be held at Naaman Forest High School on Saturday April 29, 2022. Your arrival time and length of tryouts will be determined during clinics.



Candidates will wear all black - black leotard, or tank top, black dance pants, black sports bra, black socks, black jazz shoes, hair in a high bun ( no wisps) and audition makeup, including red lipstick.



Possible 100 points for candidates to earn, broken down as followed:

**60 Points** - Tryout Dance

**30 points** - Kick Routine

**10 Points** - Splits ( Right Split or Right Jump Split/Left Split

\*Call Backs are possible.

A judge's high and low scores will be dropped. The three remaining scores will be averaged.

A candidate must receive an average score of 70 or above to make the team.



**Candidates to do list:**

Fill out paperwork and submit via google [Submit paperwork HERE](#)

\*Paperwork includes:

[Physical](#)

[Handbook](#)

[Application](#)

Download the Band app - this provides up to minute messages as well as routine videos.





### Summer Dance Classes:

These are not required to be a member of the team but in order to be eligible to audition for Specialty groups (Silhouettes, Crew and Kick Company) a Sterling Star must take 6 hours of classes over the summer. These are offered as “pay as you go” and normally run no more than \$10 a class. There will be other opportunities to earn hours through squad practices during the summer. Here is a list of recommended studios, but not limited to these studios:

Talent N More - 1551 East Spring Valley Road, Richardson TX

Dance FX - 4125 Broadway Blvd #190 Garland TX 75043

XD2 - 1802 Pleasant Valley STE 330 Garland TX 75040



### Sterling Stars Booster Club

All parents are encouraged to become involved and attend our booster club meetings. We meet regularly to discuss fundraisers, upcoming events, parent participation, etc. Booster club helps with fundraising to make things possible for all our team members. We need a lot of help to make this year a success for these ladies.



### Commitment

Being chosen as a member of the “Pride of the Forest” is an honor. **You are expected to complete a full year if chosen. Sterling Stars is double blocked, you must have room in your schedule if chosen.** Members are held to a higher standard and expected to act in a way that contributes to the reputation of the team all year long, both at school and outside of school. Sterling Stars are expected to have a comprehensive knowledge of Varsity Drill Team Guidelines and the NFHS Code of Conduct. Your attendance is mandatory even if you are not performing, you support your team first.



### Fundraising

Sterling Stars will have 2 opportunities to fundraise at school. Funds will be used as needed. Booster Club will also have several fundraisers including, but not limited to, a car wash, gift card sell, ect. In May we host the Dance Technique Company’s year end recital. This is a 2-day event for each star as well as a parent or sibling. Dates will be given well in advance. This typically funds our next year and provides scholarships for our seniors.



Hair this year will be worn in a low bun. Nails must be kept a manageable length with natural polish colors

## Financial Commitments

Being a Sterling Star does have some financial responsibilities. However, we provide many opportunities to make this team as affordable as possible. **Please note, there are 4 payments due before the school year ends.**

### **1. Team Leader: May 1 (cost will vary)**

This is your practice clothes and pep dress, as well as some accessories ( body tights, jazz shoes, ect) This may be paid by card, cash or money order. IT MUST BE PAID ON TIME TO ENSURE ARRIVAL FOR LINE CAMP.

### **2. Field Boots: DUE MAY 15 (\$100)**

These will be the boots you wear for football season on the field. It is recommended you have 2 pair, once for performance and one for practice.

### **3. Field Hats: DUE MAY 15 (\$140)**

This will be the hat the Star wears all year. They are solid sequins and custom made to fit each girl. Unless your Star becomes an officer, she will wear the same hat for her duration as a Star. For most members this will be a one time purchase.

### **4. Line Camp: DUE JULY 18 (\$150)**

This will cover the cost of the facilities, choreography, props and other camp expenses. We will not be traveling this year so the cost is much lower than in the past. Cost is \$150 per girl and should be paid in cash or check. Camp dates are tentatively scheduled for July

\*\*\*Once these obligations have been met, there will be expenses in the Fall, mainly t - shirts (Hoco, Pink Out, ect. These are not required)



## Spring Expenses

### **Specialty Groups: Kick Company, Silhouettes & Kick Company**

These groups are elite groups within Stars that audition for and are chosen to be on. The only expense that might occur for these groups is dance shoes.

### **Spring Show Shirt (\$20)**

All members purchase to wear during Show Season

### **Competition Shirt: (20)**

All members purchase to wear for Competition

**Competition Meal: (\$15)**

This is an optional cost to purchase a meal at a contest.

<b><u>Date:</u></b>	<b><u>Activity:</u></b>	<b><u>Time:</u></b>	<b><u>Location:</u></b>	<b><u>Information:</u></b>
Mar 27, 2023	Tryout packet is made public		Google Doc/QR code. Paper copies can also be picked up in room 203	All paperwork must be submitted through App
Apr 10, 2023	Tryout Meeting	6 pm	NF Cafeteria	Packet will be discussed, there will be a Q & A
April 24 - 28	Tryout Clinic	3:15 - 5:30 pm	Big Gym	All tryout material will be taught.
Apr 29, 2023	Tryouts	TBD	NFHS	Results will be posted on Canvas following tryouts
May 8 - 10	Practice	3:15 - 4:45	Studio	
May 1, 2023	Team Leader Fittings	3:15 - TBD	Studio	MONEY DUE THEN!
May 15 - 17	Practice	3:15 - 4:45	Studio	
May 19 - 20	DT Recital	ALL DAY	NF	Mandatory
July 18 - 21	Line Camp	8:30 - 4:30	NF	<u>Mandatory</u>



Quick overview of events in a year:

**Fall:**

Football Season, musical auditions

**Winter:**


Specialty Group Auditions, Christmas recital, Competition Season auditions, basketball performances.

Spring:

Contest, Spring Show, School Musical, Officer tryouts, Line tryouts.

Uniform Cleaning

FIELD UNIFORMS: HAND WASH ONLY!!!! NO BLEACH!!! Gentle detergent, hand wash in the sink or bathtub. • Turn water on and add detergent (not too much!!!). Once you have enough

water, put the piece of uniform in the water. Swish around... If you  have stains or an area of the uniform that smells, wash that area well. • When you feel like it's clean, drain the water and then add fresh water to get all the detergent out. Swish it around and then drain the water. • Then lay flat to dry or you may hang them up in the shower. They will drip water. DO NOT put it in the dryer!!!!

PRACTICE WEAR: • Wash ALL practice clothes and warm-ups in cold water. Some items could bleed their color onto your other clothes, so make sure you wash them separately!! NEVER use bleach!! • Do not dry any of your practice clothes or t-shirts or warm-up in the dryer. It will shrink or fade or crack the print on your clothes!!! Lay flat or hang dry.