

# LIBERTY DOLLS JV DRILL TEAM PACKET

## LAKEVIEW CENTENNIAL HIGH SCHOOL 2024-2025

**Purpose:** Drill team is great for all high school students because it provides them with friends who are actively supporting Lakeview before school even begins. Girls with zero dance experience are taught the fundamentals of dance and prepped to try out for our Varsity Drill Team, the Yankee Doodle Sweethearts. Drill team builds self-esteem, provides a positive atmosphere, creates lifelong friendships, and encourages the development of self-discipline.

**Officer Positions:** More *experienced dancers* with *leadership interests* are encouraged to try out for an officer position. Officer clinic and tryouts are: May 13th-17th.

**Informational Meeting:** More information about how Liberty Dolls will work will be discussed at the Informational Meeting on Tuesday, March 26th at 6:00pm in the Lakeview Cafeteria.

**Required Clothing purchases for team:** Practice wear, as well as field uniform will be required. Team Leader provides our practice wear and Cheer Etc. provides our field uniforms. Each girl and parent must attend the Fitting on MONDAY, MAY 20TH at 6:00pm in the LC cafeteria to choose sizes for their practice wear and uniforms. Payment of approximately \$300 will be due at this meeting. The price sheet form will be available at the Informational Meeting on Tuesday, March 26th at 6:00pm in the Lakeview Cafeteria.

**Costs:** Liberty Dolls are responsible for all their own costs by their due date. This includes:

1. Purchasing Practice wear (approx.. \$300)
2. Cleaning Uniform Fee (\$30 fee)
3. Summer Camp (\$50)
4. Drill Boots (\$75)
4. Must buy your own extra items on your own: tan jazz shoes, make-up, etc.

**Physicals:** A physical will also be required by the first day of summer practice, and must be dated AFTER May 1, 2024 to be valid for the new year. Physical Due: TBD

### **What do we do during the year?**

- Perform field routines at JV football games
- Attend director designated Varsity games
- Perform in 2 parades
- Perform at basketball games
- Perform in the Sweethearts Varsity Drill Team Spring Show
- Learn dance skills for Varsity Drill Team tryouts

**Tryout Process **\*\*NEW THIS YEAR\*\***:** Starting this year, GISD will hold tryouts for JV drill team on April 27th 2024. You will learn tryout material during the mandatory tryout clinic April 24-26th from 5-6pm. Results will be posted online within 72 hours from the tryout.

**If you have any questions please contact Mrs. Ponsler at: [dponsler@garlandisd.net](mailto:dponsler@garlandisd.net)**

# **IMPORTANT DATES OVERVIEW**

<b>March 26, 2024</b>	<b>Informational Meeting LC Cafe 6:00 pm</b>
<b>April 24th-26th</b>	<b>Tryout clinic at LC Gym 5:00-6:30 pm</b>
<b>April 27th</b>	<b>Drill Team tryouts at Naaman Forest HS approx. 1:30-4:30 pm</b>
<b><u>Line Application includes:</u></b>	<i>Application GISD Fine Arts Handbook Agreement GISD Fine Arts Signature Page Code of Conduct Agreement Concussion Acknowledgement Standard of Uniformity Agreement Pic of most recent Report Card 1 Letter of Recommendation Medical History &amp; Physical (dated after May 1, 2024)</i>
<b>May 13th - 17th</b>	<b>JV Officer tryout clinic (5:00-6:30 pm)</b>
<b>May 17, 2024</b>	<b>JV Officer tryouts (6:00-8:00 pm)</b>
<b>May 20, 2024</b>	<b>First Required Meeting LC Cafe (6:00 pm-8:00 pm)</b> -Practice wear Ordered and Paid for today - <b>Estimated \$300</b> (brand new) due for Practice Wear to Team Leader (cash, money order, credit card) -Sell backs- gently used practice wear for a lower cost
<b>July 22nd- 23rd</b>	Summer Practice (3:00-5:00 pm TENTATIVE TIME) <b>\$50 Camp Fee &amp; \$30 Uniform Cleaning Fee DUE (cash only)</b>
<b>July 24, 2024</b>	<b>REQUIRED LINE CAMP AT GARLAND HS (9:00-3:00 pm)</b>
<b>July 25, 2024</b>	GHS (9:00-3:00 pm)
<b>July 26, 2024</b>	GHS (9:00-12:00 pm) SHOW-OFFS FOR PARENTS at 12:15 pm
<b>August 12, 2024</b>	First Day of School <b>\$75 Due for Drill Boots (cash only)</b>
<b>August 21, 2024</b>	JV Practice (3-5pm) *Practice every Wednesday*

**\*\* Remember ALL scheduled events are MANDATORY!!**

# LIBERTY DOLL IMPORTANT DETAILS

## Informational Meeting

On Tuesday, March 26th at 6:00 pm, all students interested in JV drill team at Lakeview and their parents are invited to come and learn about time and cost obligations and the tryout process from the director. We will discuss the *Calendar of Events*, *Fine Arts Handbook*, etc.

## Application Deadline: DUE April 15TH AT 2:50 PM BY THE END OF THE SCHOOL DAY AT LCHS

The JV Drill Team Line Application, a copy of your most recent report card, the signed Fine Arts Handbook Agreement, Fine Arts Signature Page, Concussions Acknowledgement page, Standard of Uniformity, Code of Conduct, and 2 Letters of Teacher Recommendations are due on or before Monday, April 15th at 2:50pm. All applications must be complete in order to tryout for Liberty Dolls. **LATE APPLICATIONS WILL NOT BE ACCEPTED.**

## Officer/Social

If more experienced or talented dancers want to challenge themselves, we encourage you to try out for JV Officer. Clinic is May 13th-17th. **Officer Tryouts are May 17th, 2024.**

**\*\*There is a tentative officer camp date of July 15th from 8-4pm at Midlothian Heritage High School.\*\*** Officer camp will be an additional fee of approximately \$100.

## Practice wear Fitting

**A mandatory fitting will be held on Monday, May 20 at 6:00pm.** At this time, Team Leader is requiring that you pay *in full* by cash or credit card. **Personal checks will not be accepted.** Please come prepared to try on the clothing, and order and pay for your clothes the same day. Used practice clothes will be available to purchase for a lower cost.

## Pre-Camp Team Practices-Required

Full Team practices will be held on July 22nd and 23rd from 3:00-5:00 pm (\*tentative). The whole team will learn and practice the school songs and make other preparations for camp. **The camp fee of \$50.00 and uniform cleaning fee of \$30 will be due MONDAY, JULY 22ND. (CASH ONLY)**

## Line Camp-Required

The team will attend a mandatory line camp in the summer. The camp will be held on July 24th- July 25th from 9:00am-3:00pm, AND July 26th, from 9:00am-12:00pm at Garland High School. On the 26<sup>th</sup>, there will be showoffs at 12:15pm. This camp is where the Liberty Dolls will learn all material for performances during football and basketball season.

## After School Practice

The Liberty Dolls will practice every Wednesday after school from (3:00-5:00 pm). Each unexcused absence or excused absence without prior communication will result in points deducted based on the GISD JV Drill Team Fine Arts Handbook, and removal from upcoming performances. Missing practices, even excused, will also exclude you from upcoming performances.

### **Junior Varsity Football Games**

The Liberty Dolls will perform at **some District Junior Varsity** football games as designated by the director. These are scheduled on either Wednesday or Thursday evenings during the fall semester and usually fall the day just prior to Varsity football games. Attendance at all District JV games is mandatory, whether you perform or not. You must ride the bus to and from games.

### **Varsity Football Games**

The Liberty Dolls must attend all District Varsity football games **as designated by the director**. These are scheduled on either Thursday or Friday evenings during the fall semester, and usually fall on the day after the JV football games. Attendance and transportation are the same as above. Official schedules and calendars for these games will be sent out at the beginning of football season.

### **Tryouts for Performances**

Every performance, including football, basketball, contest or spring show, will require a tryout. Tryouts will be used to determine if the Liberty Doll has enough memory, showmanship, and technique to perform the required movements in the dance. These determinations will be made by the director, and/or assistant director and magnet coordinator for each performance. Consideration will be made to make sure girls get as many chances to perform as possible. However, it is up to each individual Liberty Doll to ask for help, feedback and to practice on their own outside of school.

### **Other Mandatory Performances**

Liberty Dolls are required to attend two parades: the Labor Day Parade in August, as well as the MLK parade in January. Liberty Dolls are also required to attend the District Dance Festival.

# **LIBERTY DOLLS APPLICATION CHECKLIST**

**DUE APRIL 15TH AT 2:50PM- BY THE END OF THE SCHOOL DAY**

1. Application with Picture
2. GISD Fine Arts Handbook Agreement
3. GISD Fine Arts Signature Page
4. LCHS Code of Conduct
5. Concussions Acknowledgement Form
6. Standard of Uniformity Agreement
7. Copy of most recent report card
8. 2 letters of teacher recommendations
9. Medical History and Physical (dated after May 1, 2024)

# JV DRILL TEAM LINE APPLICATION

*\*\* (Please attach a current picture of yourself) \*\**

Name \_\_\_\_\_

ID# \_\_\_\_\_

Student Cell # \_\_\_\_\_

Student Email Address \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent Phone # \_\_\_\_\_

Parent Email Address \_\_\_\_\_

School Presently Attending \_\_\_\_\_

Present Grade Level \_\_\_\_\_ Birth Date \_\_\_\_\_

As a member of the Lakeview Centennial Liberty Dolls, I have fully read and understand the information packet. I will uphold the honor and dignity of being a Liberty Doll by respecting my director, officers, teammates, school, teachers, and principals at all times. I understand that I am required to attend summer camp and all practices as scheduled. I am fully aware of and agree to accept the responsibility of being a member of the Lakeview Centennial Liberty Dolls Junior Varsity Drill Team.

\_\_\_\_\_  
Applicant's Signature \_\_\_\_\_ Date

As a parent/guardian of a student who wishes to become a member of the Liberty Dolls, I have fully read and understand the information packet and what is expected of my student. I realize my student will be required to attend summer camp and all practices and performances. I give my student permission to participate in the Lakeview Centennial Liberty Dolls Junior Varsity Drill Team.

\_\_\_\_\_  
Parent/Guardian Signature \_\_\_\_\_ Date

# **JUNIOR VARSITY DRILL TEAM**

## **FINE ARTS HANDBOOK AGREEMENT**

As a student, and parent, we have read the Garland ISD Drill Team Fine Arts Handbook found on the GISD website at:

<https://garlandisd.net/media/17470/download?inline>

We understand the regulations and policies for the JV Drill Team. I agree to abide by the standards of conduct and point system while being a member of the JV Drill Team.

We also understand, as stated in the handbook, if I quit or am removed for any reason, I will not be able to wear any attire related to Liberty Dolls.

Parent Signature \_\_\_\_\_

Liberty Doll Signature \_\_\_\_\_

**Garland Independent School District Fine Arts Handbook**  
**Cheerleading, Drill Team, Step, and World Dance Company**  
**Permission, Commitment, and Signature Page**

Student Name (Please Print) \_\_\_\_\_

Legal Parent/Guardian (Please Print) \_\_\_\_\_

Check the Fine Arts Group you are auditioning for/joining:

Cheer \_\_\_\_\_ Junior Varsity Drill Team  Varsity Drill Team \_\_\_\_\_ Step Team \_\_\_\_\_  
World Dance Company \_\_\_\_\_

**Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.**

**Candidate/Member:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand that the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.com](http://www.garlandisd.com) )

\_\_\_\_\_ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UII Regulations).

\_\_\_\_\_ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

\_\_\_\_\_ I understand that I am to ride to and from all events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

Revised 2/15/2023

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.



**Legal Parent/Guardian:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.net](http://www.garlandisd.net) )

\_\_\_\_\_ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UII Regulations).

\_\_\_\_\_ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

\_\_\_\_\_ I understand that my student is required to ride to and from all events and performances on school transportation with their team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts group.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Candidate/Member Printed Name** \_\_\_\_\_

**Candidate/Member Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Legal Parent/Guardian Printed Name** \_\_\_\_\_

**Legal Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

# **LAKEVIEW CENTENNIAL JUNIOR VARSITY DRILL TEAM**

## **CODE OF CONDUCT**

Being a drill team social officer is an honor and a special privilege. Drill team members and spirit groups exist to promote good sportsmanship, good citizenship, and wholesome and enthusiastic school spirit and are first and foremost representatives of their school. Drill team members should exemplify both individual and group behavior suitable to their position and in accordance with the rules as stated in the GISD Student Code of Conduct. Members of these groups have a fundamental responsibility to play a leadership role in building teamwork and helping the school achieve its goals and objectives. The purpose of the Code of Conduct is to preserve and maintain a higher standard of behavior both on and off campus.

In addition to the GISD Student Code of Conduct the following standards will be in effect twenty-four hours a day, seven days a week, twelve months a year, in season and out of season, whether or not school is in session. All drill team members will be expected to follow the Code of Conduct.

### **Immediate Dismissal:**

- Minor in Consumption (MIC) - drugs or alcohol
- Minor in Possession (MIP) – drugs or alcohol
- Driving Under the Influence (DUI)
- Driving While Intoxicated (DWI)
- AEC Placement
- Inappropriate Facebook/Twitter/Instagram/Snapchat page or other personal websites
- Principal/Sponsor Review
- Police Arrest
- Drug/Alcohol related offense

### **Immediate Removal of Rank (any of these are subject to principal/director review):**

- Inappropriate Facebook/Twitter/Instagram/Snapchat page or other personal websites
- Tobacco related offense
- Harassment/Bullying
- Fighting at School

### **Probation or Dismissal-(any of these instances are subject to principal/director review) :**

- ◇ See GISD Varsity and Junior Varsity Drill Team Handbook
- Fighting at School

Inappropriate MySpace/Facebook/Twitter/Instagram/Snapchat page or other personal websites  
Harassment/Bullying  
Tobacco related offense

\*\*All ticket related offenses will result in the appropriate consequence without regard to ticket status. If a ticket is received, a consequence will occur.

\*\*All offenses that are drug/alcohol related will result in the appropriate consequence whether or not a ticket is issued. If a ticket is issued, a consequence (previously outlined) will occur.

**Probation Guidelines:**

◇ See GISD Fine Arts Handbook

Drill Team members are not allowed to participate in performances of the team or specialty groups. The drill team member is not allowed to travel with the team. The member is not allowed to wear any item of clothing (jacket, uniforms, bag, etc) that displays the word Liberty Dolls. During the probationary period, the student must attend classes, work periods, and practices scheduled during and before/after school hours.

Fifteen points for probation will be deducted from the drill team member's point sheet. If the student's previous points and her probation points equal 22 points or more, the member will be removed from the team.

Any drill team member who has been placed on probation will be dismissed from the squad if any other offense occurs.

**I have read and understand the Lakeview Centennial High School JV Drill Team Code of Conduct. I agree to abide by each rule and accept the consequences for any violation.**

**As a Liberty Doll, I will make a commitment to be a team member from May 2024 to June 2025.**

\_\_\_\_\_ Date \_\_\_\_\_  
**Drill Team Member**

\_\_\_\_\_ Date \_\_\_\_\_  
**Parents/ Guardian**



# CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student: \_\_\_\_\_

**Definition of Concussion** - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

- Prevention** – Teach and practice safe play & proper technique.
- Follow the rules of play.
  - Make sure the required protective equipment is worn for all practices and games.
  - Protective equipment must fit properly and be inspected on a regular basis.

**Signs and Symptoms of Concussion** – The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

**Oversight** - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician’s assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

**Treatment of Concussion** - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computer, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district’s Return to Play protocol as determined by the Concussion Oversight Team.

**Return to Play** - According to the Texas Education Code, Section 38.157:  
 A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until: (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student’s parent or guardian or another person with legal authority to make medical decisions for the student;

(2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;

(3) the treating physician has provided a written statement indicating that, in the physician’s professional judgment, it is safe for the student to return to play; and

(4) the student and the student’s parent or guardian or another person with legal authority to make medical decisions for the student: (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;

(B) have provided the treating physician’s written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and (C) have signed a consent form indicating that the person signing:

(i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to play protocol;

(ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;

(iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician’s written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and

(iv) understands the immunity provisions under Section 38.159.

**Student Signature:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

# STANDARD OF UNIFORMITY

## **Hair:**

Performance hair is middle part low ponytail with all sides back and no wisps at all, using a hair tie that matches your hair color.

Liberty Dolls will arrive at school at arranged time to avoid demerits. Liberty Dolls will not be let out of class to prepare hair for the performance.

## **Make up:**

Red Lipstick required.

## **Nails:**

During Performance Seasons:

Neutral Shades

No sparkle or decal of any kind on nails

Sports length per GISD Fine Arts Handbook

\*Approved by Sweethearts' student committee for Standard of Uniformity, March 2023.

Liberty Doll Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_