



# FEEDING STUDENTS IS A WORK OF HEART



FEBRUARY 12, 2024

GARLAND ISD MENU ADVISORY COMMITTEE



# SNS LEADERSHIP



**DIRECTOR OF STUDENT NUTRITION  
SERVICES**



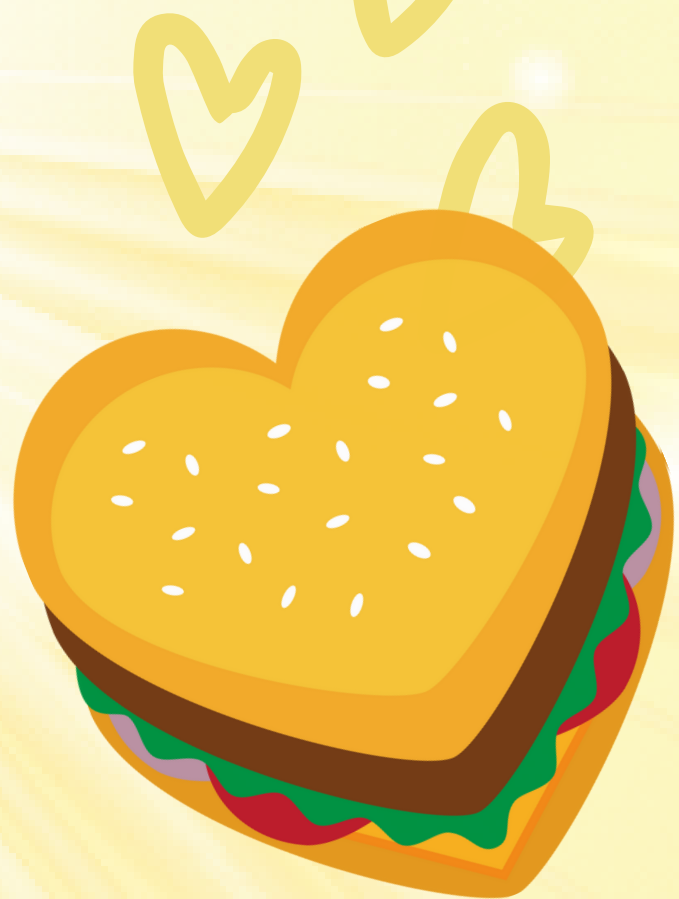
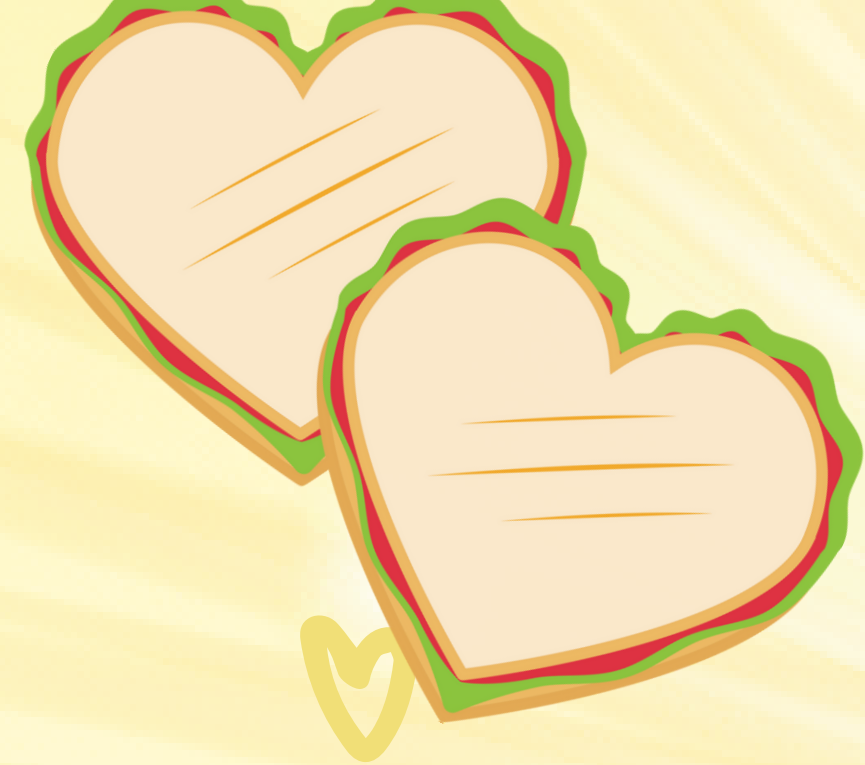
**ASSISTANT DIRECTOR OF  
OPERATIONS**



**ASSISTANT DIRECTOR OF  
EQUIPMENT & MAINTENANCE**



**ASSISTANT DIRECTOR OF  
NUTRITION & MENU OPERATIONS**







# ♥ MENU ♥

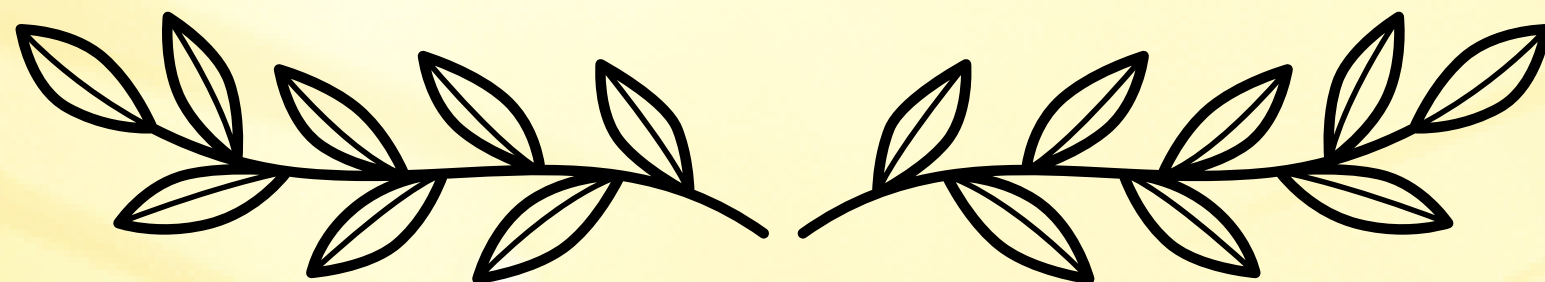
BEEF NACHOS

TATER TOT CASSEROLE

BREAKFAST QUESADILLA

SOUTHERN CABBAGE

CHEESECAKE SMOOTHIE BOWL





# CHECK US OUT!



A green and white banner for SchoolCafé. At the top left is the SchoolCafé logo. To its right is the text 'VIEW OUR MENUS' in large black letters. Below this is the text 'Online or download the app' followed by the Apple App Store and Google Play logos. Below that is the URL 'WWW.SCHOOLCAFE.COM/GARLANDISD'. In the center is a circular logo for 'GARLAND ISD SNS STUDENT NUTRITION SERVICES' featuring a fork, a spoon, and an apple. To the right of the circle is a large QR code with the text 'SCAN ME' above it. At the bottom left is the text 'Follow us' followed by social media icons for Facebook, Instagram, and Twitter, each with the handle '@GISDNUTRITION'. The background of the banner features faint line drawings of various fruits and vegetables.



CHECKOUT OUR WEBPAGE:  
[HTTPS://GARLANDISD.NET/SCHOOL-  
OPERATIONS/SCHOOL-MEALS](https://garlandisd.net/school-operations/school-meals)







**Heart Health Month**

**Beans, beans they are good for your heart!**

- Excellent source of heart healthy vitamins and minerals.
- High in fiber and protein, these complex carbohydrates promote healthy blood sugar levels.

**Try our new 3-Bean chili on with a Baked Potato or Hotdog this week!**

GARLAND ISD  
SNS  
STUDENT NUTRITION  
SERVICES



**Did You Know?**  
You can top your Hot Dog with Cheese Sauce and 3 Bean Chili.

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SERVICES



**HAPPY Valentine's DAY**

**SWEETEN UP YOUR SCHOOL LUNCH ON FEBRUARY 14<sup>TH</sup> WITH FRESH STRAWBERRIES**

**Every student who gets a full lunch meal on Feb. 14<sup>th</sup> will also get a crazy straw Valentine!**

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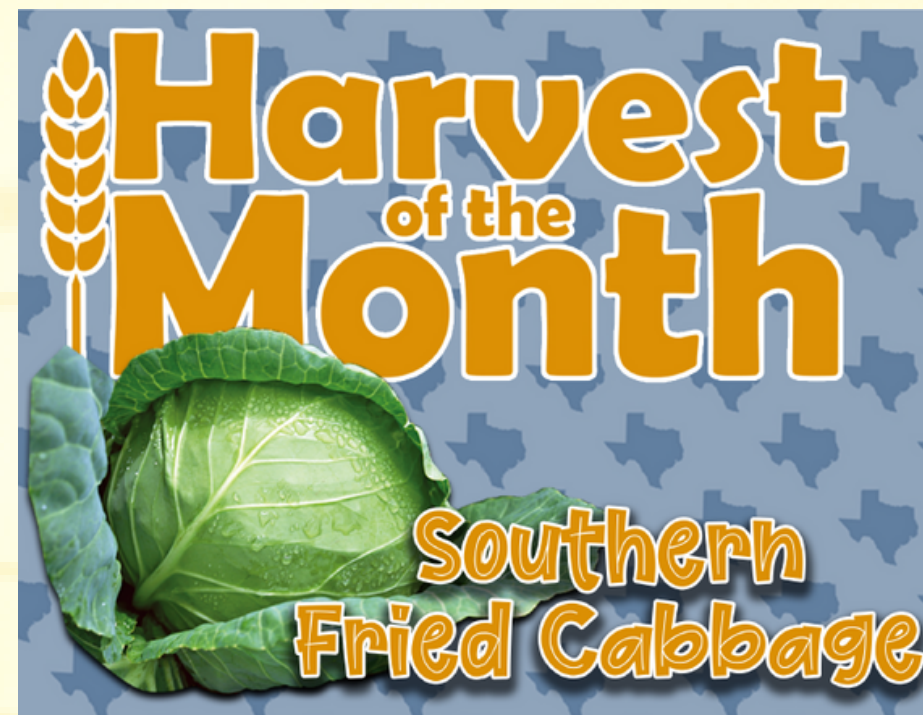
**facebook** @GISDNUTRITION **Instagram** @GISD\_NUTRITION **twitter** @GISDNUTRITION



# HARVEST OF THE MONTH



JANUARY



FEBRUARY

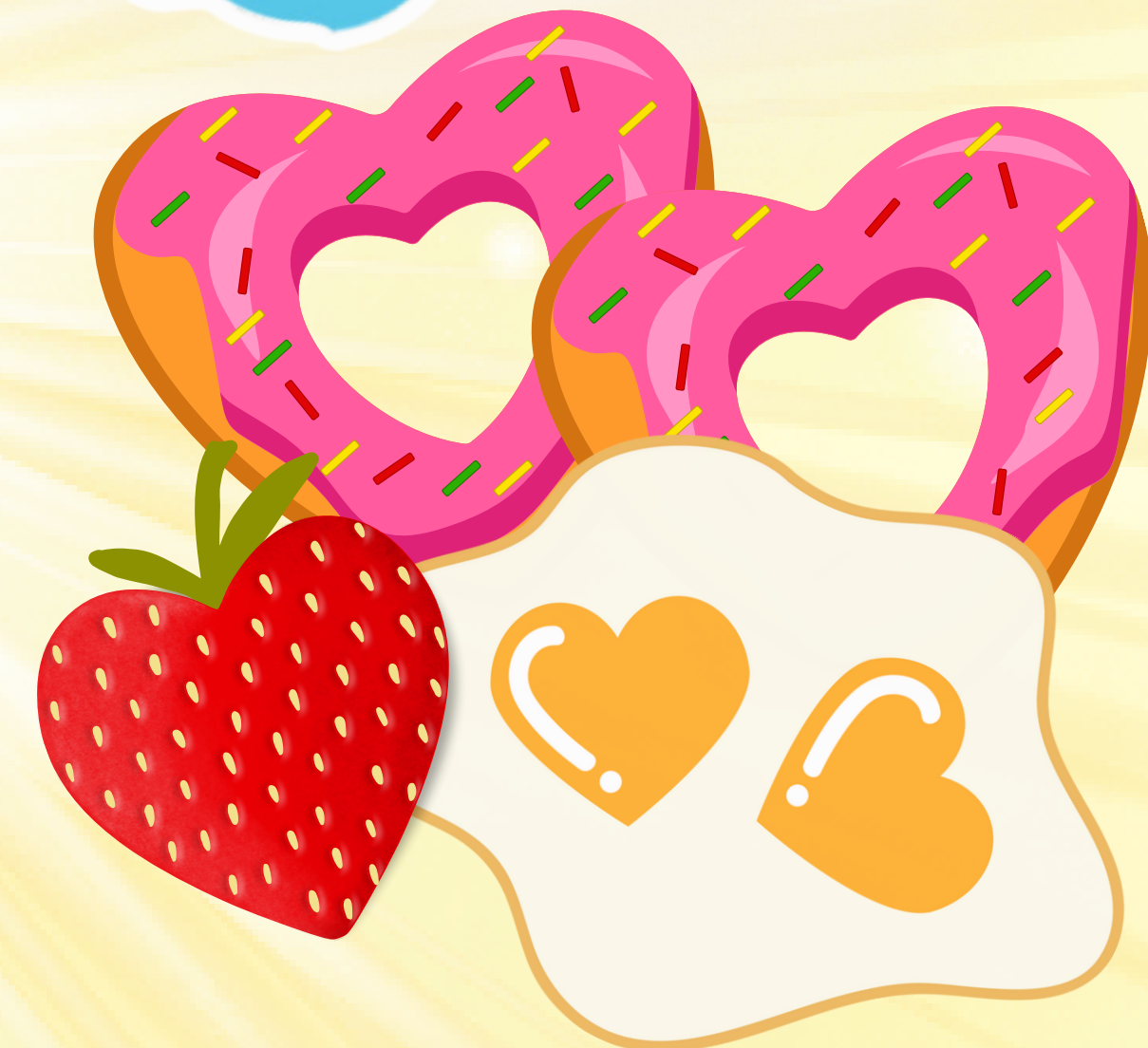


MARCH





# #NSBW2024



## MARCH 4-8

### DRESS UP DAYS

<b>MON</b>		Dress up like a Tacky Tourist.
<b>TUE</b>		Brighten someone's day. Wear wacky sunglasses.
<b>WED</b>		Say "Aloha" while wearing your best Hawaiian Shirt.
<b>THU</b>		Stay cool in the shade. Wear a Beach Hat.
<b>FRI</b>		Rise and SHINE! Wear bright NEON colors.

@GISDNUTRITION @GISD\_NUTRITION @GISDNUTRITION

## MONDAY

BIC: COSMIC CONFETTI WAFFLE  
DAYBREAK DONUTS

## TUESDAY

BIC: HANG TEN HAM & CHEESE ROLLUP  
HANG TEN HOT HONEY CHICKEN BISCUITS  
LUNCH: CHILAQUILES

## WEDNESDAY

BIC: SURFS UP CINNAMON ROLL  
SURFS UP CINNAMON ROLL

## THURSDAY

BIC: BREAKER BREAKFAST PIZZA  
COWABUNGA QUESADILLA

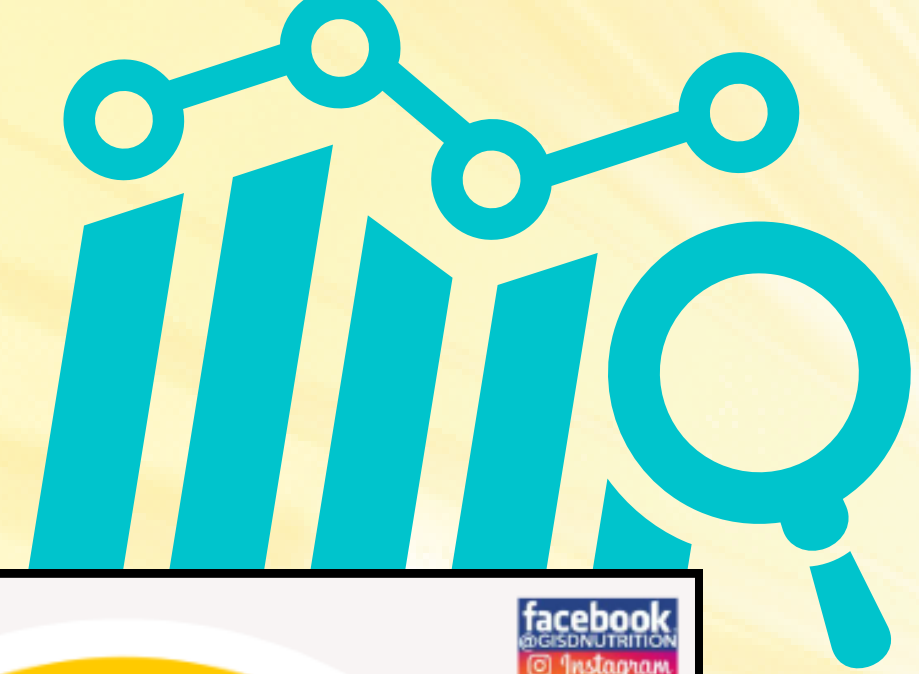
## FRIDAY

BIC: PANCAKE ON A STICK  
SHORELINE SMOOTHIE BOWL






# DATA COLLECTION




GARLAND ISD  
SNS  
STUDENT NUTRITION  
SERVICES

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Instagram  
@GISD\_NUTRITION  
twitter  
@GISDNUTRITION




**HELP US IMPROVE!**

SCAN TO PROVIDE FEEDBACK FOR MENUS.  
WHAT TO ADD, REMOVE OR IMPROVE!



ENGLISH



SPANISH



JOIN US FOR OUR NEXT MAC MEETING



APRIL 15TH



STUDENTS WHO BRING A FRIEND  
WHO HAS NEVER ATTENDED A MAC MEETING BEFORE  
AND YOU & YOUR FRIEND WILL BE ENTERED TO WIN  
A PRIZE AT THE DOOR!





# ♥ MENU ♥

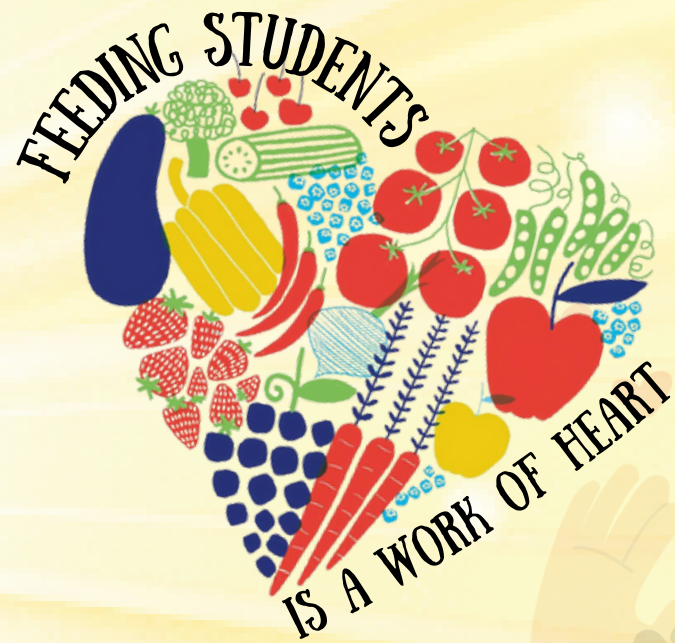
BEEF NACHOS

TATER TOT CASSEROLE

BREAKFAST QUESADILLA

SOUTHERN CABBAGE

CHEESECAKE SMOOTHIE BOWL



**WHAT NEW FLAVORS WOULD YOU  
LIKE TO SEE ON THE MENU?**

