

RHS Varsity Silver Rhythm & JV Rhythmettes Tryout Informational Packet 2024-2025 School Year

Dear Parents and Candidates,

The tryout date for Drill Team at Rowlett HS will be Saturday, April 27, 2024. The tryout dance video will be released on April 17th for dancers to practice with after learning the dance at the clinic. Tryout clinic will be held after school from **5:00-7:00 pm in the RHS gym starting on Wednesday, April 17th through Friday, April 19th**. All candidates must be present at these practices. The following week we will meet on **April 24th** to get tryout numbers and work in tryout groups from **5:00-6:30 pm**. Mock tryouts will be on **April 25th** from **5:00-6:30 pm**.

Tryouts on April 27th will begin at Naaman Forest High School @ **11:00am and should end around 12:30-1:00 pm**. Tryouts will be closed to all spectators. Each candidate must stay until the end of tryouts in order to allow for judging callbacks as needed if deemed necessary. The 2024-2025 Silver Rhythm Dancers Varsity 29th line and Rhythmettes 29th Line will be posted on the official RHS SRD X and website later that same day.

There is not a “set” number of team members. The teams will be determined by the candidate’s score. If the candidate scores **75 or higher, they will be on the Silver Rhythm Dancers Varsity team. *Varsity at RHS may consist of incoming Freshman, Sophomores, Juniors, and Seniors meeting the minimum score required. JV will be determined by the minimum score of 60-74.*** All dancers are required to come to the tryout clinic, and required to try out in order to be selected for a team. If a candidate scores below all minimum scores they will automatically be placed in the Dance Team Prep class for the school year.

If your dancer is selected for either team, they must abide by rules outlined by the GISD Fine Arts Handbook. The rules are constructed to uphold fairness and consistency in all aspects of drill team across the district. Each candidate and parent must read and discuss, at length, as well as agree to abide.

Sincerely,

Varsity Director [Stefanie Cooper](#)
Silver Rhythm Dancers

JV Director [Savanna Robinson](#)
Rhythmettes

RHS Dance Team Tryouts

★ **Wednesday, April 17th Tryout Dance Instructional Video Released by QR code at practice.**

★ **Tuesday, April, 17th through Friday, April 19th:**

- **5:00-7:00pm @ RHS gym Mandatory Tryout Clinic**

★ **Thursday, April 24th through Friday, April 25th:**

- **5:00-6:30pm @ RHS gym Mandatory Mock Tryouts**

During these practices, the graduating officers will teach a jazz & kick dance combination to be performed for the judges on April 27th. All candidates should wear dance clothes for all practices. Supportive sports bra, appropriate undergarments, black or tan jazz shoes, or half soles should be worn. Leggings are permitted. **Shorts are not allowed.**

***Wednesday, April 17th** – All candidates MUST submit the following items to Mrs. Cooper by 5:00pm.

1. Tryout Application Form and Tryout Permission Form
2. **INITIAL AND SIGN THE GISD FINE ARTS HANDBOOK SIGNATURE PAGE** (PLEASE GO TO [HTTPS://GARLANDISD.NET/MEDIA/16675/DOWNLOAD?INLINE](https://garlandisd.net/media/16675/download?inline) TO FIND THE GISD FINE ARTS HANDBOOK. READ CAREFULLY & COMPLETELY)
3. SUDDEN CARDIAC AWARENESS FORM [CLICK TO ACCESS FORM](#)
4. MEDIA RELEASE FORM (BACK OF PACKET)
5. FINE ARTS SIGNATURE (BACK OF PACKET)
6. CONCUSSION ACKNOWLEDGEMENT [CLICK TO ACCESS FORM](#)
7. **UIL PRE PARTICIPATION PHYSICAL FORM [CLICK TO ACCESS FORM](#) **MUST HAVE PRIOR TO TRYOUT CLINIC**

***Saturday, April 27th** - Tryouts will begin at **11:00am**. Everyone will meet at Naaman High School at **10:30am**.

★ All candidates will need to wear the following for tryouts:

- Black sleeveless leotard or racer back tank, black jazz pants or leggings, black jazz shoes, hair in a pony-tail w/ black hair tie, and RED lipstick. **No jewelry is allowed.**

★ Each candidate will be known by an identification number and will try out in groups of 4-5.

★ Each candidate will perform the tryout dance. Each candidate will also demonstrate right & left splits.

★ Each candidate will be scored on a 100 point scale by three or more qualified judges from outside GISD.

★ Selection of team members will be based on their scores in the following categories:

1. Jazz combination
2. Kick combination
3. Splits (Right & Left)

★ **2024-2025 Varsity Silver Rhythm Dancers will be posted on the SRD X (Twitter) and SRD Instagram by candidate number only, and JV Rythmettes will be posted on the official Rhythmette (Twitter).**

VARSITY SRD Schedule for 2024-2025

***Please read this carefully! This schedule is intended to give you and your family an idea of the commitment you will make in time and effort as a member. All items are subject to attendance policies, demerit system, and performance eligibility listed in the GISD Fine Arts Handbook.**

**SRD Practice Schedule: 6:30 – 8:40am – PRACTICE
8:40 – 9:00am - DRESS OUT FOR SCHOOL**

ALL PRACTICES AND PERFORMANCES ARE MANDATORY! All members must be present in person for all practices, games, camps, pep rallies, competitions, community events, and fundraisers.

2024-2025 <u>Tentative</u> Dates	
March 5	Tryout Parent Information Mtng 6:30pm- Required for all RHS Dance Team Hopefuls (current and new) & Sign for attendance verification
April 17	Tryout Instructional Video Released on Tryout Website
April 17-19th &	RHS Dance Team Tryout Clinic! RHS Gym 5:00-7:00pm
April 24-25	RHS Dance Team Tryout Clinic! RHS Gym 5:00-6:30pm
April 27	GISD Drill Team Tryouts @ Naaman Forest High School 11:00 AM
April 29	SRD Made it Meeting & Fitting Night! SRD 6:00-7:30 (parent(s) are highly encouraged to attend) <i>Payment Due for personal ALL items & Line Camp.</i> Team store will be live beginning Sunday April 28th. First payment due for line camp & \$150 for team store.
May 6, 13, & 20	Payments Due (6th Boots, 13th Final Line Camp, 20th Hats)
May 18	Spring Game -tentative date as of January 2024
May 20-23	SRD Sister Reveal & Miss High Kick Auditions
June	Officer Camp with Crowd Pleasers
July 27-30	Crowd Pleasers Team Camp - Mandatory No Exceptions (Hotel Camp in Frisco)
August 1	Meet the Eagles - Mandatory No Exceptions
August	Football Season: dancers will audition for each performance routine.
September	Labor Day Parade
September	Homecoming Game & Pep Rally
October	Senior Week Game - Pep Rally
December	Rowlett Christmas Performance & Holiday in the Park Performance (tentative)
January 2024	MLK Day Parade (Saturday prior to MLK day)
January - March	Contest Season 2-3 Saturday Practices to prepare for Contests
March - April	Contest/Spring Show 2023 Season
April	GISD Tryouts TBD by District Yearly & Officer Tryouts
May	Miss High Kick Auditions & Sister Reveal
June	Officer Camp- Beginning of June
July	Team Camp

***SRDs practice on Holiday/Staff Development Days during football season and the months of January and February. Fundraisers will be throughout the year as needed. It is the expectation that each member participates fully to raise funding.**

JV Rhythmettes

2024-2025

- The Rhythmettes perform/participate at JV football games, Labor Day Parade, Rowlett Christmas Parade, MLK Day Parade, basketball games, and other community events. Rhythmettes may compete at a Regional contest as well as perform in the Spring Show at Varsity Director’s discretion.
- The JV team practices during the class period and scheduled after school practices on Tuesday and Thursdays. JV may practice at 6:30am at Directors discretion for gym use.

2024-2025 Important Dates

Date	Event or Item Due
March 5	Tryout Parent Information Mtng 6:30pm- Required for all RHS Dance Team Hopefuls (current and new) & Sign for attendance verification
April 17	Tryout Instructional Video Released on Tryout Website
April 17-19th	RHS Dance Team Tryout Clinic! RHS Gym 5:00-7:00pm
April 24-25	RHS Dance Team Tryout Clinic! RHS Gym 5:00-6:30pm
April 27	GISD Drill Team Tryouts @ Naaman Forest High School 11:00 AM
July	Team Camp TBD
August	Football Season
September	Labor Day Parade & Football Season
December	Rowlett Christmas Parade
January	MLK Day Parade
January	Basketball Season
Feb - March	Contest Season
April	SRD Spring Show
April	Dance Team Tryout Season
July	Line Camp
	*Some evening social events such as team swim parties and big/lil dinners will be scheduled throughout.
** All dates are subject to change!	

Varsity Drill Team Individual Expenses for 2024-2025

Listed below are the approximate totals for team expenses that will be required by all Varsity members for the **2024-2025** school year.

Team Practice Clothes and Personal Wear Items – Paid in Team Store Online

- * First year: Varsity member is approximately \$760
- * Returning: Varsity member is approximately \$400
- * Future SRD member after completing JV year: approximately \$500
- * Camp, Technique, Contest, Spring Show: \$200-\$450 (estimate only)

GISD provides the official field uniforms. The estimated cost above includes personal items and custom fit items for field season (field boots, dance shoes, tights, warmups etc). All items that are issued to the member are returned throughout the season. They must be cleaned according to specific care instructions before returning for safe storage. A cleaning fee of \$50 can be paid in place of cleaning the uniform on your own.

Junior Varsity Rhythmettes Individual Expenses for 2024-2025

Listed below are the approximate totals for team expenses that will be required by all JV members for the **2024-2025** school year.

Team Practice Clothes and Personal Wear Items – Paid in Team Store Online

- *Cost of being on the JV team is approximately: \$500
- *Camp, Contest, Spring Show, Award Ceremony, & Technique Clinics: \$200 (max estimate only)

RHS Drill Team Uniformity of Appearance Standard

In effort to assist dancers in abiding by all GISD Fine Arts Handbook guidelines a diverse committee of dancers, parents, and directors have determined team hair styles by season & performance type. It is the expectation that all dancers adhere to the required hairstyles to avoid demerits. Hair styles will be announced in advance and must be worn by all. It is not the dancer's choice between the styles presented below.

<i>Football Season</i>	<i>Contest Season</i>	<i>Spring Show/Audition Season</i>
<i>Low back double topsy-turvy no wispies (high temperature games)</i>	<i>Crown braid to low bun.</i>	<i>Slicked back low ponytail with rhinestone hair piece</i>
<i>½ up and ½ down curled or in braids (not cornrolled due to hat being worn)</i>	<i>Crown braid to low curly ponytail</i>	<i>Slicked back low ponytail with rhinestone hair tie & hat for finale.</i>
<i>MakeUp</i>		
<i>Team lipstick (\$10-\$18) Black Eyelashes Smokey Eye Shadow in Plum/Brown/Maroon color palette best for skin tone.</i>	<i>Foundation, concealer, blush, highlighter color palette best fit for skin tones. Bronzer not to be used in place of blush. Plus Football season makeup requirements. Team Lashes.</i>	<i>Same requirements as contest season. Dress rehearsal run through will determine adjustments to colors used with lighting if desired results are not achieved with stage lights.</i>
Nail Polish must be light nude, french, clear, or natural color for all performances. Sport length extensions are acceptable. Photo examples available in the Team Band App.		

GISD Uniform Cleaning Guidelines

All Field Uniforms: **HAND WASH ONLY!** No bleach or color safe bleach. Gentle detergent, hand wash in the sink or bathtub. The handwash cycle on the washing machine may not be used.

- Turn water on and add minimum clear detergent. Once the detergent is dissolved completely, put the uniform pieces of similar color and style in the water.
- Gently agitate the items in the water and allow to soak until you feel it is clean and odor free. Repeat the agitation process if odor or stains remain.
- Drain the water and then add fresh water to rinse out ALL remaining detergent. Water should run clear and clean. Lay flat to dry or you may hang to dry. They will drip water. **DO NOT** put it in the dryer!!!!

All uniforms and costumes must be cleaned properly and returned throughout the year as designated by the Director. (Example: sleeveless field uniforms will be cleaned and returned when the weather turns colder and inventoried back into storage.)

2024-2025
ROWLETT HIGH SCHOOL
DANCE TEAM APPLICATION

PLEASE INITIAL BELOW IN AGREEMENT WITH THE SELECTION PROCESS AT RHS FOR DANCE TEAM.

- _____ I understand that team placement is based on a score range.
- _____ If not selected for a Varsity or JV position due to score I agree to participate in Dance Team Prep class for the 2024-2025 school year.

CANDIDATE INFORMATION:

NAME: _____

ADDRESS: _____

Your grade (2024-2025): _____

PARENT INFORMATION:

Mother's name: _____ Father's Name _____

Mother's Phone: _____ Father's Phone _____

Guardian Email: _____

RETURN BY Wednesday, April 17th

Drill Team Tryout **Permission Form**

I have read the GISD Fine Arts Handbook and all tryout information and understand all the requirements for participation in the drill team. I also understand the dedication and time it takes to be involved in the dance team programs at RHS. I intend to devote the time needed to make the drill team a success if I am selected for Varsity or JV. I understand and agree to audition weekly by dance throughout football season, by routine for contests season, and as needed in preparation for spring show. I agree to abide by the decision of the judges and understand that all decisions are final as GISD has updated policies in place to ensure all auditions are fair and consistent.

Candidate Signature

Date

Our dancer has permission to audition for the dance team programs at RHS. We have read the GISD Fine Arts Handbook and all tryout information. We will assist in every way to see that these rules and policies are upheld should our daughter make the Varsity or JV Dance Team.

We understand that the financial obligations must be met as stated in the GISD Fine Arts Handbook in order to maintain performance eligibility. We also understand that the school and/or directors assume no responsibility for accidents or injury that might occur during any drill team activity. I understand that membership of either organization is a privilege, not a right. I understand my dancer will audition weekly by dance throughout football season, by routine for contests season, and as needed in preparation for spring show for performance status. I agree to abide by the decision of the judges and understand that all decisions are final as GISD has updated policies in place to ensure all auditions are fair and consistent.

Parent/Guardian Signature

Date

DUE ON WEDNESDAY, APRIL 17TH

JUNIOR VARSITY CONSENT FORM

GARLAND INDEPENDENT SCHOOL DISTRICT DRILL TEAM PROGRAM

This document must be signed and returned to the director no later than the date set at the tryout meeting. **NO EXCEPTIONS!**

Student's Name _____

GISD Campus _____

The candidate and parents/guardian have read and understand the procedures and guidelines for a Varsity candidate being placed in a Junior Varsity spot..

In the event that I do not score high enough to be selected for the varsity squad....

_____ I give my consent to be considered for a JV drill position.

_____ I **do not** give my consent to be considered for a JV drill position.

_____ I **only want** to be considered for a JV drill position.

*All GISD Fine Arts handbook rules apply.

Signature of Student _____ Date _____

Signature of Parent/Guardian _____ Date _____

DUE ON WEDNESDAY, APRIL 24TH

