

# Sweethearts Varsity Drill Team Tryout Packet

Lakeview Centennial High School

Thank you for your interest in auditioning for the Yankee Doodle Sweethearts Varsity Drill Team. This packet contains some very important information concerning audition procedures, team requirements, and district policies. Please read this packet thoroughly and keep the information for future reference.

Each packet should contain:

1. Tryout Information/Consent Form
2. The Year in Review
3. Costs/Payment Schedule
4. Sweethearts Drill Team Application
5. Parent Permission Page
6. Standard of Uniformity
7. GISD Fine Arts Signature Page
8. GISD Media Release Form
9. GISD Fine Arts Handbook Link 24-25:  
<https://garlandisd.net/programs-services/fine-arts/drill-team>
10. UIL Concussion Acknowledgement Form:  
[https://www.uiltexas.org/files/athletics/forms/Concussion\\_Acknowledgment\\_Form.pdf](https://www.uiltexas.org/files/athletics/forms/Concussion_Acknowledgment_Form.pdf)
11. Cardiac Awareness Form  
[https://www.uiltexas.org/files/athletics/forms/2017\\_SCA\\_Awareness\\_Form.pdf](https://www.uiltexas.org/files/athletics/forms/2017_SCA_Awareness_Form.pdf)



**The following pages must be completed and returned to Ms. Mauldin by Tuesday, April 23, 2024 at the beginning of the tryout clinic. Late applications will NOT be accepted.**

1. Sweethearts Drill Team Application with PICTURE ATTACHED
2. Parent Permission Page
3. Standard of Uniformity
4. GISD Fine Arts Signature Page
5. GISD Media Release Form
6. UIL Concussion Acknowledgement Form
7. Physical/Medical History DATED AFTER APRIL 1, 2024
8. Most RECENT grading period report card

**\*\*THE MANDATORY TRYOUT INTEREST MEETING IS TUESDAY,  
MARCH 26, 2024 AT 6:00PM IN THE LCHS CAFETERIA\*\***

Dear Parents and Sweetheart Hopeful,

This may be a new endeavor for both you and your daughter. We feel it is extremely important to share with you some basic information about the tryout process for the LCHS Sweethearts. As a part of the team, your daughter will perform at football and basketball games, parades, pep rallies, competitions, Spring Show and other special events. In addition to these performances, the team will also participate in a lot of fundraising and community service projects. **The practice schedule is rigorous and demanding. It's not easy, but it is worth it.**

The 2024-2025 tryouts for becoming a member of the LCHS Sweethearts varsity drill team will be a learning experience for your daughter. We will take the girls through every step of the tryout process in order to prepare them to be judged by a certified panel of judges. Please remember that all judge's scores will be final.

Tryouts for the Sweethearts will be Saturday, April 27, 2024 at Naaman Forest High School. The clinic for the girls will be April 23rd-26th from (3:00-5:00pm) in the LCHS back gym. The results will be posted on the GISD website. The first NEW TEAM practice is Tuesday, April 30th from (3:00-5:00pm).

**The MANDATORY PARENT MEETING and TEAMWEAR FITTINGS are Tuesday, May 7th at 6:00pm.**

Your practice wear payment (approx. \$300-\$500) will be due at this meeting. Again, your practice wear payment of approximately \$300-\$500 is due on Tuesday, May at 7th 6:00 pm. You may pay cash or credit card. The cost is significantly cheaper if you purchase used items from sell backs. The old team members will be in the cafeteria selling their gently used items for a much cheaper price!

Please read all information carefully in the packet before signing the contracts. If you have any questions, please email me at [Lmauldi@garlandisd.net](mailto:Lmauldi@garlandisd.net). I look forward to meeting you and your daughter and working with your daughter during the upcoming tryouts and year!

Sincerely,

*Ms. Mauldin, Director  
Lakeview Centennial High School Sweethearts*

# Tryout Information

## CLINIC:

Tuesday, April 23rd	3:00-4:30	Auxiliary Gym
Wednesday, April 24th	3:00-4:30	Auxiliary Gym
Thursday, April 25th	3:00-4:30	Auxiliary Gym
Friday, April 28th (MOCK TRYOUTS)	3:00-4:30	Main Gym
Saturday, April 29th (TRYOUTS)	TBD	Naaman Forest HS

## CLINIC REMINDERS:

- You must be an enrolled sophomore, junior or senior student at Lakeview Centennial HS for the 2024-2025 school year to attend the workshops and auditions for drill team.
- Only those students auditioning for drill team will be admitted to the workshops. All practice sessions and auditions are closed to the public. Workshops will begin promptly at 3:00pm
- Hopefuls must wear a dance top and dance pants/leggings during workshops. Jazz shoes must be worn at all times.
- No gum is allowed, and ALL jewelry must be removed before the workshops begin.
- Only water bottles will be allowed in the gym.

## TRYOUT REMINDERS:

- All current varsity drill team members will be required to try out for the team each year. Failure to participate in the tryout process will result in removal from the team.  
**EXCEPTION:** Drill team members who have already been selected to serve as an officer for the next school year will be exempt from the line tryouts.
- Only those students auditioning for the drill team will be allowed into the gym area.
- All Hopefuls will have an individual number and a group number assigned to them. Each group will consist of 3-5 dancers. Judges know the Hopefuls only by number-no names are used.
- Hopefuls should wear appropriate drill team make-up.
- NO jewelry is allowed and hair must be in a slicked back low ponytail with a center part.
- Hopefuls must wear the following items for auditions: Black leotard, Black socks, Black jazz shoes, Black leggings (long, no logos or designs allowed) \*Discountdance.com or any area dance store has correct attire
- Hopefuls will be judged on the following categories as stated in the GISD Fine Arts Handbook: Standard of Uniformity, Presence, and Projection, Jazz Combination, Kick Series, Right Split, Left Split, Jump Splits
- Each Hopeful must remain at the audition site until the final group has performed, in the event that callbacks are necessary.
- Candidates MUST score a minimum of 70 points to be selected for the team. (The high and low score will be dropped and the remaining three scores will be averaged.)
- Results will be posted on the GISD website. Only **NUMBERS** will be posted.
- Scores given to a student by an individual judge will not be changed by a director, principal, or the Director of Fine Arts.

# A Year in Review

## Football Season:

Fall is football season and the beginning of our year! The Sweethearts will perform at all football games, away and home. **Members will try out for each football routine and field entrance.** All members are expected to attend all games with the team. On Game Day, we will stay at LCHS and ride a bus to and from all games.

## Basketball Season:

The Sweethearts will perform at select basketball games throughout the season. Sweethearts are required to attend the games chosen. We will not travel to out of town *regular* season basketball games. We *will* travel to playoff games.

## Contest Season:

Contest is an exciting time! The girls learn four team routines to compete at Contest and try out for each one. These routines are learned in the middle of football season, and they will try out in the middle of December. Contest requires LOTS of extra practices.

## Spring Show Season:

Spring Show is another amazing time for the Sweethearts and is held in the LCHS Auditorium. The girls will participate in a number of routines together and with specialty groups within the team. It will be their opportunity to show all they have learned throughout the year. As well as sell ads for our program. Many fundraisers will be held to cover lights, programs, choreography, and costumes.

## Fundraising:

Fundraisers will be held once a month to help cover costs such as costumes, props, Contest fees, Christmas Party, Banquet, Spring Show, choreography, food, t-shirts, and much more!! **Participating is crucial for the success of the team.** Everyone is expected to participate. The more we fundraise, the less that has to be paid personally. Being a part of a drill team is an honor and a privilege. It is also a year-long commitment and very time-consuming. It's no secret that drill team is expensive. A lot of money and hard work goes into it whether it's by the parent or the Sweetheart. Drill team is emotionally and physically challenging, and it demands a good work ethic and discipline. **If this is not something you are willing to give 100% to, please don't waste your time or money. Also, *The more parents are involved, the more the girls feel supported. Please make sure you are ready to volunteer.*** 🤗 We want this year, and every year, to be a success! It takes everyone to make it possible. Here are a few examples of fundraiser's you will be participating in: Summer Car Wash, Dancing with the Sweethearts Kid's Clinic, Poinsettia People, World's Finest Chocolate, Spring Show Program Ads, and Spirit Nights at several restaurants.

# Drill Team Costs and Payment Information

DUE DATE	WHAT FOR	ESTIMATED COST
May 7, 2024	Team Wear	Approx. \$300-\$500
May 7, 2024	Hat, Boots, Petticoat	\$375
May 28, 2024	CP Team Camp	\$550 (only if we don't fundraise enough with SNAP RAISE)
May 28, 2024	Starter Kit & Team Shoes	\$150
Summer- on your own	Letterman Jacket	\$200
TBD	TEAM TRIP	TBD

- Team Wear is paid directly to the vendor (Team Leader) at the **MANDATORY parent meeting/fittings on MAY 7, 2024**. Cash, money order, or credit card is accepted.
- Other items will be invoiced from the Sweethearts Booster Club

## If you become a Sweetheart... 😊 New Team Dates...

**Tuesday, April 30, 2024:** (3-5pm) New Team Practice

**Tuesday, May 7, 2024:** (3-5 pm) Team Practice & SNAP RAISE  
 (6-8 pm) MANDATORY Parent Meeting & Team Wear Fittings  
 Team Wear payment (approx. \$300-\$500) DUE AT THIS MEETING!

**Practices:** April 30th, May 7th, May 14th, May 21st, May 28th (3-5pm)

### **Summer Practices:**

- July 15th-19th (9:00am-3:00pm)
- July 22nd-25th (9:00am-3:00pm)
- July 26th-28th- **MANDATORY TEAM CAMP-** Embassy Suites by Hilton Dallas Frisco
- August 1st-2nd and 5th-9th (3:00pm-5:00pm)
- August 12th- First Day of School
- After school practice every Tuesday (3:00-5:00pm)

▶▶▶ All members **must attend** summer camp! The cost is approximately \$550 a person, which includes the camp, 3 meals a day, and hotel accommodations. HOWEVER, if we raise enough money from our SNAP RAISE fundraiser we start on May 7th, then hopefully it will cover ALL costs!

# Sweethearts Tryout Application

*Please turn in your Application, Parent Permission Page, Standard of Uniformity, GISD Signature Page, Concussion Form, JV Consent Form, Media Release Form, Physical, and most recent report card to Ms. Mauldin by Tuesday, April 23, 2024. Physicals MUST be dated after April 1, 2024. Attach a recent photo.*

STUDENT NAME: \_\_\_\_\_

STUDENT EMAIL ADDRESS: \_\_\_\_\_

STUDENT ID: \_\_\_\_\_

GRADE LEVEL FOR 2024-2025 SCHOOL YEAR: \_\_\_\_\_

BIRTHDAY: \_\_\_\_\_

HOME ADDRESS:

\_\_\_\_\_

\_\_\_\_\_

STUDENT PHONE #: \_\_\_\_\_

PARENT/GUARDIAN NAME: \_\_\_\_\_

PARENT GUARDIAN PHONE #: \_\_\_\_\_

PARENT/GUARDIAN EMAIL ADDRESS: \_\_\_\_\_

# Parent Permission Page

We, the parents/guardians of \_\_\_\_\_, grant our permission for her to audition for the Sweethearts Drill Team. We have read the GISD Fine Arts Handbook. We agree to abide by all rules and regulations set forth by this document. We also understand and agree to the consequences for breaking these rules and regulations. Furthermore, we understand that, if selected for the team, my daughter will be required to pay for her practice clothing, shoes, camp, and game day attire. I further understand that this is an extracurricular activity and that attendance at all practices, games, and special functions are requirements of team membership. Finally, we understand the audition process. We agree and understand that the decision of the judges is final.

Parent Printed Name \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I, \_\_\_\_\_, am choosing to audition for the Sweethearts Drill Team. I have read all guidelines included in this packet and the GISD Fine Arts Handbook and agree to abide by all rules and regulations. I also understand and agree to the consequences for breaking these rules and regulations. If I am selected to the drill team, I understand that I am expected to uphold the standards set by the team and by Garland ISD. Should I fail to meet these standards, I will be subject to disciplinary action. Finally, I understand the audition process. I agree and understand that the decision of the judges is final.

Student's Name (print): \_\_\_\_\_

Student's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Standard of Uniformity

## Hair:

Football Performance hair is half up half down, pulled back from the ears, with all sides back and no wispies at all, using a hair tie that matches your hair color. Hair color must be natural- no green, blue, pink, purple, etc. hair colors. We may add in high ponytails with braids or low buns. Pep Rally, Contest Special Performances and Spring Show Performance Hair braids tucked and pinned securely at the nape of the neck.

## Make up:

Black eyeliner

Black mascara

Black fake lashes

Blush that matches your skin tone

Black/browns eye shadow

TEAM lipstick. Do NOT add gloss.

## Nails:

Shades of solid light pinks

Shades of solid nudes

French manicure with white tip

No sparkle or decal of any kind on nails

Sports length per GISD Fine Arts handbook

\*\*\*Approved by Sweethearts' student committee for Standard of Uniformity, March 2024.

Sweetheart Signature:

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Parent Signature:

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**Garland Independent School District Fine Arts Handbook**  
**Cheerleading, Drill Team, Step, and World Dance Company**  
**Permission, Commitment, and Signature Page**

**Student Name (Please Print)** \_\_\_\_\_

**Legal Parent/Guardian (Please Print)** \_\_\_\_\_

**Check the Fine Arts Group you are auditioning for/joining:**

Cheer \_\_\_\_\_ Junior Varsity Drill Team \_\_\_\_\_ Varsity Drill Team \_\_\_\_\_

Step Team \_\_\_\_\_ World Dance Company \_\_\_\_\_

**Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.**

**Candidate/Member:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand that the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.com](http://www.garlandisd.com) )

\_\_\_\_\_ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIIL Regulations).

\_\_\_\_\_ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

\_\_\_\_\_ I understand that I am to ride to and from all events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

Revised 2/15/2023

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Legal Parent/Guardian:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.net](http://www.garlandisd.net) )

\_\_\_\_\_ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UII Regulations).

\_\_\_\_\_ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school. \_\_\_\_\_ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

\_\_\_\_\_ I understand that my student is required to ride to and from all events and performances on school transportation with their team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts group.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Candidate/Member Printed Name** \_\_\_\_\_

**Candidate/Member Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Legal Parent/Guardian Printed Name** \_\_\_\_\_

**Legal Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



# CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student: \_\_\_\_\_

**Definition of Concussion** - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

**Prevention** – Teach and practice safe play & proper technique.  
– Follow the rules of play.  
– Make sure the required protective equipment is worn for all practices and games.  
– Protective equipment must fit properly and be inspected on a regular basis.

**Signs and Symptoms of Concussion** – The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

**Oversight** - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

**Treatment of Concussion** - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computers, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

**Return to Play** - According to the Texas Education Code, Section 38.157:  
A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until: (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;  
(2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;  
(3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and  
(4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student: (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;  
(B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and (C) have signed a consent form indicating that the person signing:  
(i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to play protocol;  
(ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;  
(iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and  
(iv) understands the immunity provisions under Section 38.159.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_



Date \_\_\_\_\_

Dear Parent/Guardian,

I, the undersigned, hereby grant permission to Garland ISD to use my child's photograph, name, and likeness in connection with their participation in GISD Fine Arts.

I understand that the photographs and/or videos, along with my child's name and likeness, may be used in various promotional materials, including but not limited to:

- Printed materials, such as brochures and flyers
- Digital media, including the organization's website, billboards and social media platforms
- Press releases and other public relations efforts

I acknowledge that using my child's photograph, name, and likeness is voluntary and that no compensation will be provided for such use. I further understand that once the materials are publicly available, Garland ISD cannot control their use by individuals or entities unrelated to the organization.

**Garland ISD Release**

**By signing this release form, I acknowledge that I have read and understood its contents and agree to the terms outlined herein.**

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**Student's Name(s)**

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**Parent/Guardian Signature**

**Date**