



SHAC MEETING MINUTES

Below are the meeting minutes from the SHAC (Student Health Advisory Council) committee meeting.

Meeting Information:

The SHAC meeting took place on Wednesday, February 14, 2024 in-person and virtually at the GISD PDC (Shugart Professional Development Center).

Meeting Attendees:

Stephanie Myers	In Person
TaJuana Walls	In Person
Virginia Pollard	In Person
Amy Sausamede	In Person
Kathryn Lynn	In Person
Teena Johnson	Virtual
Jonathan Armstrong	Virtual
LeeAnn Stephenson	In Person
Renee Kotsopoulos	In Person
Sabrina Jeter	In Person
Shelley Garrett	In Person
Craig Hempel	In Person
Beth Harshmann-Martinez	In Person
Carissa Richardson	In Person
Dr. April Givens	In Person
Gwen Way	Virtual
Jamie Reed	In Person
Karen Gonzalez	In Person
Leilani Dodgen	In Person
Liz Kiertscher	In Person
Margaret Finley	In Person



Megan Jacobsen	Virtual
Michelle Marquez	In Person
Sheri Thompson	In Person
Veronica Davis	In Person
Jessica Chester	In Person
Karyn Shaw	Virtual
Laura Vayda	In Person
Kim Thiehoff	In Person

Committee Purpose:

The TEA requires all school districts to establish a district School Health Advisory Council, [TEC Chapter 28, Section 28.004](#). SHAC is a group of members representing segments of individuals of the Garland ISD community, district employees, and parents appointed by the Board of Trustees. The SHAC assists in addressing the physical and health needs of students in Garland ISD. The SHAC plays an important role in communicating the connection between health and learning to school administrators, parents, and community stakeholders. The SHAC assists the district in ensuring that local community values are reflected in the district's coordinated school health program. Coordinated school health focuses attention on the priority areas that include student nutrition services, health services, a healthy and safe school environment, counseling and mental health services, employee wellness, family and community engagement, physical education, and health education for the most effective way to meet the health needs of district's students.

Responsibilities:

The SHAC must hold 4 meetings each school year. A school district MUST consider the recommendations of the SHAC before changing the district's health education curriculum or instruction. The SHAC will provide a written annual report to the Board of Trustees each school year. A majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district.

Agenda:

[Agenda SHAC Meeting - 2.14.2024](#)

Meeting Dates:

Meetings for the 2023-2024 school year are scheduled as follows. Meetings will be



conducted in person.

- October 6, 2023 (*date change*)
- November 15, 2023
- February 14, 2024
- April 10, 2024

Meeting Minutes:

The meeting was called to order at 12:11 p.m. by LeeAnn Stephenson. The recording started at 12:10 p.m.

LeeAnn Stephenson

LeeAnn Stephenson welcomed first-time attendees to the meeting in person and virtually. The agenda was reviewed and the meeting began with department updates.

Community & Department Updates:

Counseling & Mental Health - Dr. Lisa Olsen

Dr. Olsen was not present. She provided updates and resources prior to the meeting.

- February is Teen Dating Violence Awareness month where they focus on healthy relationships. Responsive Services Counselors are working with campus counselors to promote healthy relationships.
 - Guided conversations are led by teachers and counselors.
 - Flyer: [Healthy Relationships Flyer](#)
 - Presentation: [TEEN DATING VIOLENCE 2024](#)
- We have new services from Trusted World which provide clothing, personal items, and food for those in need.
 - Trusted World has benefited over 300 families this year.
 - Counselors and Assistant Principal's have a username and password for access. They have the ability to login and order families' physical needs. They are also not offering mental and physical health needs.
 - **Question:** How do parents know about this? Campus support staff recognize or are informed about a student or family need to initiate services. There will not be advertisements about the service.
 - [Promotional video](#)
- We are continuing efforts to spread Fentanyl awareness.

Family & Community Engagement - Jonathan Armstrong



Jonathan Armstrong was not present. He provided updates and resources prior to the meeting. He was able to join virtually after the meeting began and completed the department update.

- Parent University will take place on Thursday, February 29, 2024 at Sellers Middle School beginning at 6:00 p.m.
 - Various departments and groups will be present including: Math Coordinators, Security Department (armed security guard), Fentanyl Facts (Teena Johnson), Transitions to High School, Pre-K/Kinder new system for enrollment, Food Trucks, and Childcare for children 3-12.
 - [Parent U Flyer](#)

Health & Physical Education - *LeeAnn Stephenson*

Fitnessgram assessment software was purchased by the TEA for the 2023-2024 school year for public schools. Teachers received updated training on fitnessgram in January.

- Fitnessgram: Physical Fitness Assessment
 - **TEC 38.101.** [Physical Fitness Assessment](#), a school district shall annually assess the physical fitness of students enrolled in a physical education course in grades 3-12 under Section 28.002.
 - Teachers are currently post-testing students in PE and alternative PE classes.
 - District data is due March 29, 2024 (includes students in PE and alternative PE courses).
 - Fitnessgram assessment results are due to the TEA on June 14, 2024 for the 2023-24 school year. [Annual Physical Fitness Assessment Reporting](#)
- Lifetime Recreation and Outdoor Pursuits
 - Outdoor Tomorrow Foundation completed professional development training with all high school physical education teachers on January 5, 2024.
 - Training went exceptionally well.
 - Additional training, workshops, and certifications will be required for teachers in preparation for instruction.
 - Training is conducted in partnership with the Texas Parks & Wildlife Department.
- EverFi
 - EverFi completed professional development training with health and physical education teachers at all levels on January 5, 2024.
 - Training included a refresher of free resources for schools, lesson plans, and FREE Fentanyl Education Prevention Resources we will utilize in instruction.



- Tucker's Law: House Bill 3908
 - **House Bill 3908.** [Fentanyl Prevention & Drug Poisoning Awareness](#), a school district will provide fentanyl prevention and drug poisoning awareness education for students in grades 6-12.
 - **Sec. 38.040.** Each school district shall annually provide not fewer than 10 hours of research-based instruction related to fentanyl prevention and drug poisoning awareness to students in grades 6-12.
 - District initiatives are in place and were rolled out in the Fall to meet the fentanyl instructional requirements conducted by Counseling, Health Services, and Safety.

Health Services - *Renee Kotsopoulos*

Health Services is focusing most of their resources on CPR training on campuses, and vision referrals and student glasses with great progress!

- **Question:** Can substitutes attend CPR classes? Yes.

Safety & Security - *Dr. Shelley Garrett and Sabrina Jeter*

Fire hazards at our campuses and facilities were addressed.

- The fire marshall has found violations on campuses. A flyer has been shared to all campuses highlighting safety guidelines and hazards.
- GSD is located in three different cities and has to obey the fire code of all three different city departments.
- Specifically, some classroom decorations are too large, too high, or too vast. Our goal is for students to come to school safely and return home safely.
- Safety team leaders meet 3 times a year to cover campus safety information. It is the responsibility of these Safety Team Leaders to share safety information with their campuses.
- Fines range from \$250-500 per violation. Risk Management works with campus administration to make sure violations are corrected. It is the principal's responsibility to share safety information with their campus.
- Documents are all located on the intranet accessible by all employees. SHAC members would like this information shared with parents and PTAs that utilize our campuses. They recommended that this information be sent with leasing agreements and volunteer handbooks and substitute handbooks.



Parents & Community

J.R. Chester shared information and resources from the Youth Advocates of Dallas and Healthy Futures of Texas Student Film Contest.

- The Youth Advocates of Dallas educate students about the SHAC. The flyer encourages students to advocate for their health by joining the SHAC.
 - [Youth Advocates of Dallas](#)
- The Annual Student Film Contest for high school students encourages Texas teens in grades 9-12 to let their voices be heard. The theme for the film contest centers around mental health and sexual education. The flyer details what's the connection between the two.
 - [Healthy Futures of Texas Student Film Contest](#)

Employee Wellness & Nutrition - *Sabrina Jeter (Risk Management)*

No updates.

Student Nutrition - *Craig Hempel*

- February is Heart Healthy Month
- Presentation: [SNS: Feeding Students is a Work of Heart](#)

District Wellness Plan:

The SHAC committee met in person to complete a work session to review the District Local Wellness Policy.

- 23-24 Assessment reviewed
- Discussed the legal policy, local policy, and local wellness plan documents in the Wellness Policy work session.
- Began to review changes but tabled session due to time expiring.
- Documents will be shared with the committee with possible virtual work sessions before the next SHAC meeting to progress and complete the Wellness Plan.

Closing Meeting Information:

The meeting was adjourned at 1:44 p.m.

The Next SHAC Meeting will take place on Wednesday, April 10, 2024 at 12:00 PM at the PDC.



Meeting Recording:

[SHAC Meeting Recording - 2.14.2024](#)

SHAC Members:

Justin Estes	Board Appointed Member
Stephanie Myers	Board Appointed Member
TaJuana Walls	Board Appointed Member
Virginia Pollard	Board Appointed Member
Kim Thiehoff	Board Appointed Member
Amy Sausamede	Community Member
Kathryn Lynn	Community Member
Teena Johnson	Community Member
Dr. Lisa Olsen	District Member - Counseling / SHAC Secretary
Jonathan Armstrong	District Member - Family & Community Engagement
LeeAnn Stephenson	District Member - Health & PE / SHAC Co-Chair
Renee Kotsopoulos	District Member - Health Services
Sabrina Jeter	District Member - Risk Management
Shelley Garrett	District Member - Safety & Operations
Craig Hempel	District Member - Student Nutrition Services
Justin Browne	District Member - Teacher
Beth Harshman-Martinez	Parent Member
Carissa Richardson	Parent Member
Dr. April Givens	Parent Member
Gwen Way	Parent Member
Jamie Reed	Parent Member
Jerrica Sims	Parent Member
Karen Gonzalez	Parent Member



Karyn Shaw	Parent Member
Leilani Dodgen	Parent Member
Liz Kiertscher	Parent Member
Margaret Finley	Parent Member
Megan Jacobsen	Parent Member
Michelle Marquez	Parent Member
Mirella M Salinas	Parent Member
Natasha Shaw	Parent Member
Sheri Thompson	Parent Member
Sophia Green	Parent Member
Vanessa M. West (Washington)	Parent Member
Veronica Davis	Parent Member
Jessica Chester	Parent Member - SHAC Co-Chair
Laura Vayda	SHAC Co-Secretary - Health Services (non-member)