



Sachse High School JV Lariat Drill Team

2024-2025 Tryout Packet





Dear Parents/Guardians and Lariat Hopefuls,

Thank you for your interest in the Sachse Lariat JV Drill Team Program. I am excited for the opportunity to work with you! I know it will be a year to remember for you as a Lariat at Sachse High School.

Lariats is designed to prepare you for Varsity Swingsters and learn the Sachse Way. Lariats will be a great opportunity for you to develop your dance skills, make new friends, display school spirit, compete at regional competitions and be a part of an award-winning organization.

Being a Lariat requires a great deal of time and effort. Please read through this packet and the Fine Arts Handbook carefully to ensure you are well informed before signing up for the program.

A parent/guardian must be present with your dancer in the Face to Face Information meeting held at SHS. All information about Lariats and the upcoming school year will be provided. You must be present at the meeting in order to try out for Lariats!

The Director will communicate through Canvas, email, and Band. It is encouraged that parents check Canvas, Band, and their email once a week for updates.

Officer candidates and parents/guardians must attend an additional information meeting regarding Officer Tryouts. Our officer hopeful meeting will be held right after the informational meeting! More details coming soon!

I look forward to meeting you all!

Sincerely,

Ally Galitz

Sachse Lariat Director

agalitz@garlandisd.net



Mandatory Parts to Lariat Tryouts

Failure to execute the below requirements eliminates students from the Lariat Tryout process.

Mandatory Information Meeting: Must attend in person with a guardian or parent.

Mandatory Tryout Workshop: Must attend and fully participate every day. Students will learn the Lariat Tryout Dance Routine. This routine will also be used for a football halftime performance.

Mandatory Tryout Day: Must follow instructions for check in, warm up, on deck, perform the tryout routine for the judging panel, call backs and stay until dismissed. Tryouts are closed to the public.

Mandatory Payments: Must be made on time. Please see the team calendar.

Team Fitting: During tryout week, samples from the vendors will be used to fit the students.

Paperwork: Due in Canvas by April 22, hard deadline.

Any missing paperwork excludes you from tryouts. You will be asked to leave the workshop.

Physical: Must be submitted on or before the deadline.

Failure to do so, will result in the student unable to physically participate.

Page 1 signed by parent/ guardian and is due on Workshop April 22.

Page 2 signed by the physician, is due by the last day of school.

Media Page:

In order to be included in photos and videos throughout the year, select first options please.

Canvas & Band:

Canvas will be used for the tryout process. Band will be used for weekly communication. Parents must join the Band Page to receive weekly communication.



Lariats: A Year in Review

Mandatory Tryout Process: as explained previously in this packet.

Communication: Tryout Information will be posted in the Team Canvas Page for tryouts. The Band App will be used for weekly communication once tryouts have concluded. There will also be a Parent Band Page. It is encouraged that parents check both Canvas and Band once a week for updates.

Payments: Follow instructions and due dates for the payment timeline.

May, Summer Practices and Camp: Practices and summer camp are mandatory. Camp= bonding, skills, technique and choreography will be learned. Unapproved absences= demerits plus being pulled from formations.

Independent Practice: It is your responsibility to practice on a regular basis in order to excel and progress.

Class Period/After School Practice: Mandatory:

B Days: B8 both semesters

Tuesdays: after school practice 3:20-5:30pm starting the second week of school through Tryouts the following year
Snack break/ tutorials 2:50-3:20pm

Football Season: Football games are mandatory. The Lariats perform at some JV football games and participate in pre game/ bleacher dances at 3 Varsity games. Dancers audition for halftimes and pre game. The team travels on the GISD provided transportation.

Lariat of the Week: Selected based on conduct, work ethic, attitude, hustle and dedication.

Parades/Community Events: The Lariats may participate in four parades throughout the Fall and Spring including Labor Day, HOCO, Sachse Christmas and the MLK Day parades as well as community events.

Competition Season: Lariats will attend the GISD Dance Festival and one or two Regional competitions during Jan, Feb and March. Dancers audition for all contest dances. There is no extra cost associated with contest season. Students pay for their meals on contest day. Competition dates will be provided once they are available. Lariats come before Studio. Preparation for Varsity Tryouts. Teams compete together.

Spring Show: Lariats perform in the Swingsters Spring Show in April. The Spring Show is held in the SHS Auditorium. Because this is a Varsity end of the year show, Lariat families will be invited to purchase tickets once the Swingsters have had the opportunity to purchase tickets. We will ask for Lariat helpers at the ticket table entrance.

Banquet: Dressy casual event with a possible meal at SHS to celebrate the team's accomplishment with Lariats and family. Parents, please be mindful that this is a school function. All GISD policies will be in play for both students and adults. School dress code is enforced.



Practice Etiquette: Demerits Apply

You are seeking membership for an award winning JV Drill Team. Lariats will function like a competition drill team at a 6A school not a pep squad. You will be coached with love, but you will be coached hard.

You will have your name called out loud. Admin. calls out teachers over the speaker system used for school announcements when teachers are late to duty.

*Approach practice/performances in a professional manner, let's not interrupt the instructional environment.

*Lariats is designed to prepare you for Swingsters. Learn the Sachse Way.

*Always respond to instructions including verbal and body language. This allows the director to know you heard and understand.

*Practice on your own weekly!

*Do NOT talk during instruction.

*Hustle in practice.

*Get dressed in a timely manner for class/practice.

*Accept critiques. Keep your eyes and ears open.

*Seek help. Be available to attend extra practices to better yourself.

*Take care of our Lariat Locker Room Space.

*Take care of your Lariat uniform and items. See Uniform page.

*Please be respectful, kind and inclusive.

*Absolutely no food or drink other than water in the locker room.

*To maximize time, dance full out unless told otherwise.

*To maximize time, students follow directions quickly and correctly.

*Students adhere to the time frame provided for gathering belongings following performances.

*Students exit the locker room in full uniform following performances.

*No food in practice, we do not eat on water breaks



Standard of Uniformity: Demerits Apply

Students arrive completely ready.

We do not apply make up, paint nails nude or fix hair in squad lines.

Out of Uniform demerits= hair, nails, tights, uniform pieces, jewelry and makeup

Hair:

Football Performance hair:

Low Ponytail at the nape of the neck, with center part. Lariats will not be let out of class to prepare hair for the performance. Hair may be wavy, braided, curled, straight etc... as long as it is a clean sleek look.

Hair:

Pep Rally, Contest, Special Performances and Spring Show Performance Hair

Low Ponytail at the nape of the neck, with center part. Lariats will not be let out of class to prepare hair for the performance.

Tights:

Tights are to be clean and run free. Demerits for runs in tights.

Make up:

Black eyeliner

Black mascara

Blush that matches your skin tone

Eye Shadow in shades of browns, golds, peaches that match your skin tone

Revlon "Love That RED" lipstick. Do NOT add gloss or glitter.

Nails:

Students will arrive at school on performance day with nails done to avoid demerits.

During Performance Seasons:

Shades of solid light pinks

Shades solid nudes

French manicure with white tip

No sparkle or decal of any kind on nails

Sports length per GISD drill team handbook.

Food:

Lariats eat prior to meeting for uniform inspection. Do not bring food to inspection! Budget your time please.



Tentative Fundraising Events

Vertical Raise:

Students will attempt to gain pledges with their 20 or more emails and be asked to advertise.

Restaurant Nights:

Students will be asked to advertise.

Pop Corn Sales:

Students will be asked to attempt to sell the product and advertise.



24-25 Lariats Tentative Summer Calendar: All Activities Mandatory

In these uncertain times, dates/ times may change. We will follow GISD guidelines for Fine Arts students.

Date	Activity	Time
March 28	Mandatory Tryout Info meeting	7:30pm-8:30pm Cafeteria
April		
22	Tryout Paperwork due. NO Exceptions!	Submitted into Canvas by 3pm
23-26	Tryout Workshop: learn entrance, body movement, exit	5:00pm-6:30pm at Sachse HS
27	Tryout Day. Dressed and ready for check in at 7am	7am at NFHS for group stretching
29	Deadline to join Mandatory 24-25 Band.	
29	Mandatory new team meeting with parents/ guardians	7:30pm SHS cafeteria
29	Info meeting for those interested in Lariat Officer	8:30pm-9:00pm
	Following New Team meeting	
29	Sell Back Items at discounted prices	5-6pm Dance Room
	Have venmo, zelle,cash app or cash ready	
May		
1	Payment #1 Due to individual vendors.	Payment info posted in Canvas
3	Officer Tryouts	4-10pm
6,8,13,15,20,22	New Team Practice, uniform/ boot fitting.	4:30-6:00pm
20	Payment #2	Payment info posted in Canvas
27	No school, memorial Day	
30	Last day of classes/exams	
?	JV Officer Practice for Officer camp	Details Coming
20	Payment Home Officer Camp to school activity fun	Details Coming
	Failure to submit payment: forfeit officer position for 24-25	
June		
1	Graduation Class of 2024	6pm
3	Payment Due to individual vendors	See Pmt provided after tryouts
3,4,5	Lariat Home Officer Camp	Details Coming
July		
1	Payment #3 Due to individual vendors	See Payment Sheet
15-16	CP Team Home Camp	8am-6pm
	Sack lunch, we will eat as a team	
17,18,19	ADTS Team Home Camp	8am-6pm
	Team Home Camp. Sack lunch, we will eat as a team	
22, 24, 29,31	Team Practice	7am--Noon
August		
2	Mustang Mania	Details Coming
12	School Starts	Yes, Dress Ou
13,20,27	Tuesday Team practice	3:20-5:30pm

September

2	Labor Day Parade Meet at SHS	Details coming
3,10,17,24	Team practice	3:20-5:30pm
3	Morning practice on turf in school clothes for HOCO Wear tennis shoes to set formations on field	6:15am
4	Practice in gym with all HOCO participants in gym	6:45am
4	HOCO Community Parade and Community Pep Rally Dance Clinic kiddos perform at Community Pep Rally	5-11pm
6	HOCO Gym Pep Rally, no performance	Details coming
6	Lariats attend Varsity HOCO game Meet at ?pm Lariats ride bus to and from game Pre Game HOCO, Pre Game victory lines, bleacher dances	TBA
21	Team Pics at Southern Images	Students sign up for time slots
?	JV Game Lariats perform halftime	TBA
?	Morning practice on turf in school clothes for JV halftime Wear tennis shoes to set formations on field	6:15am

October

1,8,22,29	Team practice	3:15-5:30pm
14-18	Fall Break	
?	JV Game Lariats perform halftime	TBA
?	Morning practice on turf in school clothes for JV halftime Wear tennis shoes to set formations on field	6:15am
22	Morning practice on turf in school clothes for JV halftime Wear tennis shoes to set formations on field	6:15am
23	Parent Teacher Conference and Officers at Moonlight Madness	TBA
25	Lariats attend Varsity game Meet at ?pm Lariats ride bus to and from game	TBA
29,31	Morning practice on turf in school clothes for JV halftime Wear tennis shoes to set formations on field	6:15am
31	Lariats attend Varsity game for Joint Halftime Performance! Meet at ?pm Lariats ride bus to and from game	TBA

November

1	Bye Week, no game	
1	Contest tryouts with judges after school	
5,12,19	Team Practice	3:20-5:30pm
11 or 18	Santa Ambassadors Comm Service Sachse WalMart	3:45 pm until 6pm
25-29	Holiday Break	

December

4	Christmas Parade: report 5:15 pm Details Coming	6pm
3,10	Team Practice	3:20-5:30pm
?	Team Social:	In class
20	Early Dismissal	12:40pm
23-31	Holiday Break	

January

7	First day of classes...woo hoo!	
10	Solo Money due for Contest Season	
14,21,28	Team Practice	3:15-5:30pm
18	MLK Parade	Details Coming!
20	MLK Day, no school, no practice	
?	Regionals Contest	Details coming
?	Pep Rally: Black Light	

February

4,11,18,25

?

Team Practice

Regionals Contest

3:15-5:30pm

TBA

March

1

17-21

GISD District Wide ' Dance Festival" Show Offs

Spring Break

Details coming

April

2,4

14

15,17

18

19

22

22-25

26

Stage Practice

HS orientation Lariat Recruiting

Stage Practice

Stage Practice

Spring Show day

Banquet (Due to Easter)

Tryouts 25-26 team

Tryout Day

Class Time

?

Class time

7am-1pm Good Friday

Meeting time TBA

TBA:Evening

5-6:30pm

TBA

\$50 late fee!!!!!!!!!!!!!!!!!!!!!! We will order without you!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! Your order delayed, not perform.



Lariat Member Price List: Sales tax/shipping may be added.

All balances must be paid in full by 8/1/23. No Refunds after Team Fitting has taken place.

DanzGear online store. New Items in listed Red

- | | | |
|----------------------------------|-----------------------------------|----------------------------------|
| \$31.25 Tank Top #1 | \$31.25 Tank Top #2 | \$17 Poncho |
| \$25 Game Day Shirt | \$27.24 Orange Dry Fit Shirt | \$39.20 Poms 1 navy,1 orange |
| \$37.40 Navy Field Leo | \$42.50 Black High Waist leggings | \$16.20 Tights in your skin tone |
| \$36.00 Navy Joggers (plain) | \$62.90 Bomber Jacket w/logo | \$69 Lariat Backpack w/ logo |
| \$26.75 ½ Sole in your skin tone | \$75.00 Rolling Duffel | \$37.40 White Field Leo 4 O's |
| \$30.00 contest t-shirt | | |

Purchased from the Swingsters Booster Club

\$8 Rhinestone earrings pmt

The below items will be purchased with a Cashier's Check/Money Order to SHS

Team Camp \$150.00 *Boots: \$77.00 plus tax *Water Jug carrying case: black with carrying strap. \$19.95

Items to purchase on your own:

***Shoes: RunFlacon 3 Running Shoes Adidas Product code: HP7559.**

*Black practice sports bras, shorts and or leggings

**White no show socks

*Black no show socks *1 gallon water jug of any color.

* 4 shirt hangers and 3 skirt hangers

Optional Item:

\$69.10 Corded Long sleeve top w/white glitter



Items you can purchase at a discounted price from a former member and the original price.

Poncho \$17

Line Member Navy field leo \$37

Officer White field Leo \$37

Boots \$77

Earrings \$8

Orange Team Shirt \$27

Navy Team Shirt \$25

Navy Joggers plain \$36

Bomber Jacket \$62

All Black practice pants, shorts, etc. from individual

Black sports bras from individual



Procedures for Sachse Lariat Drill Team Tryouts:

- April 22** Deadline for Tryout Paperwork to be submitted into Canvas Classroom
No Exceptions. Problems submitting, contact Ms. Craig at dcraig@garlandisd.net.
Do not wait until the last minute.
- April 22-26** Workshop in Sachse Cafeteria or Gym to learn tryout material/ body movement from 4:30-6:00pm.
- April 27** Tryouts in front of judges at NFHS. Arrive at the NF parking lot at the designated location at **7:00am** dressed and ready to go for check in by **7:15am**. We will all walk into NF together as one large group in tryout number order. Director will issue tryout numbers. Dancers provide their own safety pins.
- Eligibility:** Incoming Freshman, Sophomore, Junior or Senior students enrolled at Sachse High for the 2024-2025 school year at the time of tryouts for the 2024-2025 school year. Transfer guidelines must be followed for GISD. Confirmation of SHS acceptance is required.

Overall Impression:

We get one chance to make a first impression! Be mindful of your posture, stance and appearance.

Attire for Workshop: All Black Athletic/ Dance Attire.

- *Solid black form fitted dance top, form fitted athletic top or leotard.
- *Sports bras (black) should be worn. No bra straps or stomachs showing!
- *Black dance pants, leggings or shorts. (shorts should be appropriate length)
- *Loose fitting dance pants should not be worn unless you have no other options.
- *Footwear: barefoot, jazz shoes in any color or half soles in any color.
- *Hair at workshop: secure your hair in Lariat performance hair. *See uniformity page*

Performance Day: All Black Athletic/ Dance Attire.

- *Attire: Same as workshop practices
- *Hair on performance day: Performance hair
- *Gum and jewelry will not be allowed during practice or the audition.
- *Nails must be a neutral color and modest length
- *“Performance makeup” mascara, eyeliner & lipstick for your skin tone.



Paperwork to be submitted into the Lariat Canvas Page.

Media Page:

If you select District use only, pics of your dancer will not be posted on social media. All pics will be taken twice, once with her and one without her. Please select the first option if possible.

Physicals:

Page 1 signed by the parent and is due on day 1 of the workshop.

Page 2, signed by the Doctor is due by last day of school. Can NOT participate/dance until this form is submitted. The first page with parent signature must be submitted before the Workshop, the second page by the doctor must be submitted by the last day of school

Sachse Specific Policies: The Sachse Way

Fine Arts Handbook: GISD policies for all fine arts programs

Picture of yourself alone: You are not posting this photo on instagram or Snap, it should be Professional and with no filters.

Application: Google form to submit



Uniform Contract

The Lariat uniform has been bought and issued by GISD and shall be returned in the similar condition it was received. The Director will evaluate uniforms upon return/check in. Dancers are financially obligated for damages to the uniform:

Hanging up of the Uniform

It will be in the closet at home OR hanging in the drill team locker, not on the locker room floor. Lariats hang up the uniform, we do not throw pieces over the hanger. We do not use wire hangers.

Shirt: hang on shirt hanger. Avoid pointy shoulders. **Skirt/ bloomers:** pants/ skirt hanger

Gauntlets: on pants/ skirt hanger **Sleeves:** hang on shirt hanger. Avoid pointy shoulders.

Belt: metal loop over shirt hanger, string tied **Overlay:** hang on shirther neck opening over hanger

Care of the Uniform

Prior to each performance, trim unraveled threads, stitch any holes and tack down any loose sequins before each performance. Feel free to ask Ms. Craig to help you, she can sew!

Cleaning Fees: \$5 per uniform item may be charged to cover professional cleaning costs.

*Frequent cleaning is a must. *No part of the uniform should be dry cleaned!

*Do not use bleach. *Please take precautions so that the colors do not run.

*Shorts/ bloomers/ leo may be washed on the delicate cycle.

*All pieces should each be cleaned individually by placing the item in a sink or tub of very cold water that has a capful of wool-lite or very delicate soap. Swish the item through water several times. It is best not to leave the item in the water. Dry the items hanging on a hanger or lay the item on a flat surface.

Uniform Check-In

Will be conducted once at the conclusion of football season and again at the conclusion of spring show.

It is strongly encouraged that a parent/guardian help the team member take care of the school uniform. Remember each dancer is financially responsible for any damages to the uniform she was issued.



Lariat Packet Signature Page

I have received, read and understand the following documents. Students please initial in the first blank. Parents/Guardians please initial the second blank.

Make a copy of this document. Do NOT alter this document by signing it for submission.

- | Student | Parent |
|----------------|---|
| _____ | _____ Letter to Lariat hopefuls. |
| _____ | _____ Lariat year in review, explanation of the different seasons. |
| _____ | _____ Lariat Practice Etiquette |
| _____ | _____ Tentative Calendar. Once GISD dates are solid, the summer calendar will be updated. Thank you for your patience. |
| _____ | _____ Application page: will be used so the Director can communicate team information. |
| _____ | _____ Team size sheet/payment schedule. All items are mandatory. Hopefuls/ Parents/Guardians are welcome to contact the Director to establish a pmt plan. |
| _____ | _____ Standard of Uniformity. I understand a diverse panel of my peers selected the standard for our team. |
| _____ | _____ Lariat Application and photo submission |
| _____ | _____ Possible items to purchase at a discounted price. |
| _____ | _____ I understand that are all part of the sign up protocol and all are required things that must happen in order for my dancer to be granted membership |

Parent/Guardian Signature _____

Student Signature _____