



**2025-26 Sachse Cheer  
Tryout Packet**

Dear Tryout Candidate and Parents/Guardians,

Thank you for your interest in the Sachse High School Cheer Program. Being a member of this program is a privilege where we serve our campus and community by promoting school spirit and sportsmanship.

Cheerleading is a year-round sport and requires commitment. Cheer must be the top priority for those involved in multiple activities. We want to ensure that you, as parents/guardians and prospective cheerleaders, are aware of what it takes to be a member of the SHS Mustangs Cheer Program. Candidates selected to be a member of Sachse Cheer are expected to commit for the full cheerleading year (tryout date to tryout date). We cheer for multiple sports throughout the year, organize pep rallies, participate in parades, compete, host fundraisers, and much more. You must be willing to give your time and energy to all of our cheerleading obligations.

Members of our Cheer Program are also expected to be leaders and ambassadors of Sachse High School and the community. They are role models for the student body by serving others and setting an example of good character. They will be held to high academic and behavioral standards, different from the average student. This packet and the GISD Fine Arts Handbook both outline expectations. We take pride in our program and expect cheerleaders to represent SHS and GISD in a positive light.

Lastly, we hope that you will discuss the expectations and level of commitment necessary to be a Mustang Cheerleader with your son/daughter. The SHS Cheer Program is a worthwhile organization that provides countless opportunities for members to develop and enrich qualities that will prove beneficial later in life.

We wish you the best in your tryout experience! Please do not hesitate to email us with any questions or concerns.

Good luck!

Coach Lori Boyd-Varsity Cheer Coach  
[lboyd@garlandisd.net](mailto:lboyd@garlandisd.net)

Coach Betsy Patterson-JV Cheer Coach  
[bpatterson@garlandisd.net](mailto:bpatterson@garlandisd.net)

Coach Michelle Palmore-Freshman (JV2) Cheer Coach  
[mpalmor@garlandisd.net](mailto:mpalmor@garlandisd.net)

- ★ Please read this packet in its entirety.
- ★ Both the candidate and parent/guardian must sign all forms included in this packet.
- ★ Watch for an invite to the Sachse Cheer Canvas page after the Mandatory Information Meeting. You will find important links and the remaining forms that will need to be completed to tryout.

# 2025-2026 Tentative Sachse Cheer Calendar

(Dates are subject to change)

| Date/Time | Activity/Event | Location |
|-----------|----------------|----------|
|-----------|----------------|----------|

## March

|  |   |  |
|--|---|--|
| <p><b>March 3, 2025</b><br/>Monday<br/>6:30pm-8:30pm</p> | <p><b>Mandatory Tryout Informational Meeting</b><br/>All candidates and at least one parent/guardian must attend in order to tryout for SHS Cheer</p> | <p>SHS Cafeteria</p>                                 |
| <p><b>March 31, 2025</b><br/>Monday<br/>3:00pm</p>       | <p><b>Tryout Paperwork DUE</b><br/>This is a firm deadline-NO EXCEPTIONS! Late or incomplete paperwork will not be accepted after 3:00pm</p>          | <p>All paperwork should be submitted into Canvas</p> |

## April

|  |   |   |
|--|---|---|
| <p><b>April 1-4</b><br/>Tuesday-Friday<br/>4:30pm-6:00pm</p>           | <p><b>Mandatory Tryout Clinic</b><br/>Learn all tryout material and walk through the tryout process<br/><i>*The Tryout Clinic is closed to the public</i></p>   | <p>SHS Main Gym</p>   |
| <p><b>April 5</b><br/>Saturday<br/>8:15am-11:30am</p>                  | <p><b>SHS Cheer Tryouts</b><br/>Come dressed and ready for check-in<br/>Group stretch at 8:15am; Check-in for tryouts at 9:00am;<br/>Tryouts begin at 9:30am<br/><i>*Tryout results will be announced through the Tryout Canvas Page...GISD has 72 hours to post</i></p>  | <p>Garland High School<br/>310 S. Garland Ave.<br/>Garland, 75041</p> |
| <p><b>April 7</b><br/>Monday<br/>6:30pm-8:30pm</p>                     | <p><b>Mandatory "MADE IT!" Meeting</b><br/>Newly selected 2025-26 Cheerleaders and at least one parent/guardian MUST attend<br/><br/><i>*Come dressed for New Team Pictures:<br/>Varsity members wear a solid WHITE shirt; JV members wear a solid BLACK shirt with jeans, sandals, pretty hair, makeup and jewelry</i></p> | <p>SHS Cafeteria</p>  |
| <p><b>April 7</b><br/>Monday<br/>Deadline to Join Band App-10:00pm</p> | <p><b>Payment # 1 Due</b><br/><br/><b>Deadline to Join Cheer Band App</b><br/>This is a mandatory requirement for all members as this is our main form of communication</p>   | <p>Payment information and instructions posted in Canvas</p>          |

|   |   |                         |
|---|---|-------------------------|
| <b>April 14</b><br>Monday<br>Varsity-3:15pm<br>Freshman/JV-4:30pm | <b>Fittings</b><br>This is mandatory for all squads. Cheerleaders will be fitted for uniforms and cheer attire  | TBD                     |
| <b>April 15-16</b><br>Tuesday-Wednesday<br>4:30pm-6:00pm          | <b>Varsity, JV, and Freshman Captain Tryout Clinic</b><br>Mandatory for any cheerleader wanting to tryout for Captain of their squad to learn tryout material | SHS<br>Main Gym         |
| <b>April 17</b><br>Thursday<br>4:00pm-7:00pm                      | <b>Varsity, JV, and Freshman Captain Tryouts</b>  | SHS<br>Main Gym         |
| <b>April 23 &amp; 28</b><br>Wednesday & Monday<br>4:30pm-6:00pm   | <b>Freshman &amp; JV Squads Practice</b><br>Practice for Spring Game  | Gym or Cafeteria<br>TBD |

————— *May* —————

|   |   |   |
|---|---|---|
| <b>May 1</b><br>Thursday                          | <b>Payment #2 Due</b>   | Payment information and instructions posted in Canvas |
| <b>May 5 &amp; 12</b><br>Mondays<br>4:30pm-6:00pm | <b>ALL Squads Practice</b><br>Practice for Spring Game and Camp | Gym or Cafeteria<br>TBD                               |
| <b>May 20</b><br>Tuesday                          | <b>Payment #3 Due</b>   | Payment information and instructions posted in Canvas |
| <b>May ?</b>                                      | <b>Spring Game</b><br>All squads attend and cheer               | Details coming  |

————— *June* —————

|                                       |   |   |
|---------------------------------------|---|---|
| <b>June 1</b><br>Sunday               | <b>Payment #4 Due</b>   | Payment information and instructions posted in Canvas |
| <b>June 7</b><br>Saturday             | <b>Senior Banner Pics</b>   | Southern Images                                       |
| <b>June 14-17</b><br>Saturday-Tuesday | <b>UCA All Squads Team Camp</b><br>Mandatory for all cheerleaders<br>Parents are encouraged to attend show-offs/awards on the final day of camp | Great Wolf Lodge<br>Grapevine, TX                     |

## July

|                           |   |   |
|---------------------------|---|---|
| <b>July 1<br/>Tuesday</b> | <b>Payment # 5 Due</b>  | Payment information<br>and instructions<br>posted in Canvas |
| <b>TBD</b>                | <b>All Squads Practice</b><br>Learn Pep Rally choreography from JC Choreography | SHS<br>Main Gym   |
| <b>TBD</b>                | <b>Team Pool Party</b>  | Details coming soon   |
| <b>TBD</b>                | <b>All Squads Practice</b><br>Learn Pep Rally choreography from JC Choreography | SHS<br>Main Gym   |

## August

|                             |  |                |
|-----------------------------|--|----------------|
| <b>August 9<br/>10:30am</b> | <b>Seniors: Football Team Pic</b><br>Take large group pic for Football Program | SHS            |
| <b>TBD</b>                  | <b>Mustang Round-Up/Pep Rally/Meet the Mustangs</b>                            | Details coming |

## September

|                               |                         |                |
|-------------------------------|-------------------------|----------------|
| <b>September 1<br/>Monday</b> | <b>Labor Day Parade</b> | Details coming |
|-------------------------------|-------------------------|----------------|

## November

|            |                     |     |
|------------|---------------------|-----|
| <b>TBD</b> | <b>Competitions</b> | TBD |
|------------|---------------------|-----|

## December

|            |   |     |
|------------|---|-----|
| <b>TBD</b> | <b>Competitions</b><br>GISD UIL Show-Offs | TBD |
|------------|---|-----|

## January

|   |  |   |
|---|--|---|
| <b>January 15-17<br/>Thursday-Saturday<br/>(January 17)</b> | <b>2026 UIL Spirit State Championship</b><br>(MLK Parade if not competing on Saturday) | Ft. Worth Convention<br>Center<br>(Garland) |
|---|--|---|

## February

|            |   |     |
|------------|---|-----|
| <b>TBD</b> | <b>GISD Middle School Cheer Classic</b> | TBD |
|------------|---|-----|

# Tryout Clinic Information

All cheerleader candidates must attend the tryout clinic to be eligible to try out

**What:** Clinic-Tryout material will be taught

**When:** Tuesday, April 1 - Friday, April 4  
5:00pm-6:30pm

**Where:** Sachse High School Main Gym

**Attire:** Solid black form fitted top  
Black sports bra (no bra straps or stomachs visible)  
Black athletic shorts-appropriate length (no booty shorts)  
Athletic or Cheer shoes with white no-show socks  
Hair secured in a high ponytail with NO wispsies (prepare for tryout day)  
Nails should be "sports" length and in neutral colors only (French tip, clear, or nude)  
No gum, or jewelry of any kind (this includes smart watches, nose rings, belly rings, earrings, necklaces, bracelets, etc.)

## Agenda:

| 4/1/25  | 4/2/25  | 4/3/25  | 4/4/25   |
|---|---|---|--|
| Stretch & review cheer technique<br>Learn dance | Stretch & review cheer technique<br>Review dance<br>Learn cheer | Stretch<br>Review & clean dance<br>Review & clean cheer | Stretch & review dance & cheer<br>Go over entrance, exit, & tryout day |

**Eligibility:** Students must be enrolled at Sachse High School for the 2025-2026 school year at the time of tryouts. Transfer guidelines must be followed for GISD, including confirmation of SHS acceptance.

**All paperwork must be submitted by March 31, 2025, by 3:00pm to participate in the clinic an try out for the 25-26 team.**

★ **The Tryout Clinic is open to eligible candidates only and closed to the public. No parents, friends, or ineligible candidates will be allowed to attend.**

# Tryout Day Information

**What:** GISD Cheer Tryouts: Sachse High School Cheerleader Candidates

**When:** Saturday, April 5, 2025

8:15am-9:00am

Group stretch/warm-up

9:00am-9:30am

Check-in

9:30am-11:30am

Tryout time

**Where:** Garland High School

310 S. Garland Ave.

Garland, TX 75040

## Tryout Results :

An online address will be given to each candidate prior to leaving the tryout location with information about accessing the results. Results will be posted in the Tryout Canvas Page. GISD has up to 72 hours to post results.

## **All candidates must wear:**

- ★ White crew neck t-shirt tucked into shorts (no visible logos)
- ★ White sports bra
- ★ Shorts: Varsity-solid orange athletic shorts; Freshman/JV-solid navy athletic shorts  
(No Nike Pro shorts, biker shorts, or booty shorts are allowed)
- ★ White athletic/cheer shoes with white no-show socks
- ★ Hair must be secured in a high ponytail with NO wisps out of the candidates face. To ensure uniformity, no hair bows, ribbons, or other accessories will be permitted.
- ★ Performance makeup (mascara, eyeliner, blush, and red lipstick)
- ★ Tryout number pinned to your shirt. These will be given out by the coaches.
- ★ No jewelry allowed, including earrings, nose rings, necklaces, belly rings, bracelets, etc.
- ★ Neutral colored nails in "sports" length

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Tryouts are closed to the public. No parents/friends will be allowed in the building at any time during tryouts...NO EXCEPTIONS! Candidates cannot leave until everyone has completed the tryout process and are dismissed.

Each candidate will have a pre-score based on prior attendance, discipline, grades, clinic effort, and demerits. This score will be added to all candidates that meet the minimum skill score in order to calculate the final rankings.

Each of the five judges will enter each candidate's scores into a spreadsheet. At the conclusion of the tryouts, a technical assistant will download all of the judges individual score sheets into a master database. The score sheet will have a possibility of 100 points and each candidate will be judged in the following areas: Tumbling (10 pts), Spirit (10 pts), Jumps (30 pts), Cheer (30 pts), Dance (20 pts)

# Sachse Cheer Estimated Costs

The items listed below are the estimated cost for one year per cheerleader. These costs vary for each squad, as well as years of involvement. The total cost will be broken down into multiple payments, and all payments are non-refundable. Every effort has been made to keep the cost to a minimum. Additional costs may arise throughout the year, but will be minimal.

## Practice Items: sales tax/shipping may be added

|       |  |
|-------|--|
| \$120 | Two practice t-shirts & 2 practice tanks |
| \$35  | SHS Cheer logo t-shirt                   |
| \$84  | Four pairs of shorts                     |
| \$100 | Silver team backpack                     |
| \$53  | 40 oz Stanley w/ team logo               |

## Football season items: sales tax/shipping may be added: All items for newbies OR if you need to replace an item

### Items for ALL cheerleaders:

|       |  |
|-------|--|
| \$64  | Navy Spandex and sleeves                           |
| \$30  | White sports bra                                   |
| \$53  | Team gloves & winter fleece headband with monogram |
| \$40  | Socks-Pink Out and HOCO                            |
| \$22  | Poncho   |
| \$200 | Paint supplies for banners                         |

### Items for VARSITY cheerleaders only:

|       |  |
|-------|--|
| \$130 | Orange Spandex and sleeves and white sleeves |
| \$60  | White, navy, and orange bows                 |
| \$40  | Orange poms                                  |
| \$80  | HOCO garter                                  |

### Items for JV cheerleaders only:

|      |   |
|------|---|
| \$60 | Bows-white, navy/orange striped, and navy |
| \$40 | Navy poms                                 |
| \$30 | Navy sports bra                           |

### Items for FRESHMAN cheerleaders only:

|      |                     |
|------|---------------------|
| \$40 | Bows-white and navy |
| \$40 | White poms          |
| \$30 | Navy sports bra     |

**Team UCA Camp:** Student Fee: Approximately \$500

Hotel Fee: No more than \$600, hotel costs divided equally

**Uniform Cleaning Fee:** \$80 to clean school issued uniform items

**Spirit Items: sales tax/shipping may be added** \$50.00 Black Light Varsity Pep Rally outfit

**Contest Items:** \$100.00 Technique Class in prep for Contest Per GISD FA: no competition fee/ choreo fee

**Letter Jacket:** Through SHS, additions on your own

### **Items to Purchase on your own:**

Solid White cheer shoes of your choice.

Black sports bra for practice.

Solid white no show socks for practice.



# *Tentative Standard of Uniformity: Demerits Apply*

Students arrive completely ready for events/games/performances.

**Out of uniform demerits :** Hair, bows, nails, uniform pieces, jewelry, makeup, gum, glitter, stickers, etc.

## Hair: Practice

- ★ In practice, all headbands, wraps, and scarves will be black or skin tone to for uniformity and polishing. Hair will be secured and out of the face.

## Hair: Football/ Volleyball/ Basketball Performances

- ★ Varsity: High half up, half down with sides down  
Hair may be wavy, curled, braided, straight, etc.. slicked back and tidy
- ★ Varsity: Middle ponytail with a few wisps  
Hair in the ponytail may be wavy, curled, braided, straight, etc.. slicked back and tidy
- ★ Freshman/JV: Ponytail high or middle  
Hair in the ponytail may be wavy, curled, braided, straight, etc.. slicked back and tidy
- ★ Please communicate with your stylist how your hair needs to be worn for each season

## Hair: Pep Rally, Contest, Special Performances

- ★ High half up or half down or high ponytail with team bow. Cheer will not be let out of class to prepare hair for the pep rally performance. Hair may be wavy, curled, braided, straight, etc.. slicked back and tidy.

## Make up:

- ★ Black eyeliner and black mascara
- ★ Blush and eyeshadow in shades of browns, golds, and peaches that match your skin tone
- ★ Revlon "Love That RED" lipstick looks great on all skin tones. Do NOT add gloss.
- ★ Varsity Only : Games- Glitter and tattoo stickers

## Nails:

Students will arrive at school on performance day with their nails done to avoid demerits.

### During Performance Seasons:

- ★ Shades of solid **light** pinks
- ★ Shades of solid nudes
- ★ French manicure with white tip
- ★ No sparkles or decals of any kind on nails
- ★ Sports length per GISD cheer handbook

# *GJSD Cheering Activities*

In accordance with UIL rules, high school cheerleading squads are only permitted to cheer at one contest per school week. It would not be a violation for cheerleaders to cheer at a double header (two contests at the same site on one school night) or to participate in a pep rally prior to a contest and also lead cheers at the contest even though both occur during the school week. Friday night and weekend contests do not count toward the one contest per week rule.

## **CHEERLEADER COMPETITION**

The requirement is that all cheerleaders will participate in competition. Failure to commit and participate in competition(s) may result in removal at semester. Tryouts may be held to determine competition groups etc. UIL Spirit competition is a requirement of the district.

## **PARADES**

Participation in the Martin Luther King Parade and Labor Day Parade is mandatory.

## **SUMMER CAMP**

Participation in all days of summer camp is mandatory. No exceptions are made for outside cheer teams or vacations.

## **FOOTBALL**

- A. Varsity cheerleaders will cheer at all varsity games.
- B. JV cheerleaders will cheer at all JV games at the sponsor's discretion. You may choose to cheer for the A or B team.
- C. JV cheerleaders may be asked to cheer at additional varsity games at the discretion of the campus.
- D. Freshmen games will be covered if there is a JV B squad.
- E. Playoff games will be covered.

## **VOLLEYBALL**

- A. Games can be covered by any squad at the discretion of the campus administration and sponsor.
- B. Playoff games should be covered.

## **BASKETBALL**

- A. All district varsity boys and girls games should be covered. Squad assignments will be at the discretion of the campus administration and the sponsor.
- B. If a campus has a JV B squad, they will be assigned either JV or freshmen games.
- C. Exceptions to the above rules are as follows:
  - 1. No out of town games on Monday through Thursday nights.
  - 2. No cheering during the holiday break.
- D. Playoff games should be covered.

## **OTHER ACTIVITIES**

Additional activities such as community events, etc. will be at the discretion of the sponsor and the campus principal. Cheerleaders are required to attend each of these events.

# *Sachse Cheer Expectations*

## **UCA Cheer Camp**

- ★ Participation in all days of summer camp is mandatory. No exceptions are made for outside cheer teams or vacations.
- ★ Not attending camp will result in removal from the team.

## **Communication**

- ★ Members of SHS Cheer and their parents/guardians are expected to use the Band app to communicate.
- ★ It is the member's and their parent's/guardian's responsibility to ensure personal access to the Band group.

## **Attendance - Everything we do is mandatory**

- ★ Members of SHS Cheer are expected to notify their coach in advance of any tardies or absences. Notifications do not excuse the absence or tardy. This is a gesture that allows the team to plan accordingly and maximize time.
- ★ Regardless if the tardy/absence is excused or unexcused, the member may be removed from the performance.
- ★ Absences are excused for personal illness with a doctor's note, death in family, illness in family that requires out-of-town travel, funeral, approved college days, mandatory court appearance, and religious holidays.

## **Commitment**

- ★ Once you make the team, you are committing to a full year of cheer activities and responsibility.
- ★ Cheer is a year-round activity with no off-season.
- ★ Seniors are expected to fulfill their full year commitment as well as the other team members. Schedule changes, study hall, etc. will not be an option in the spring after competition/basketball season ends or after banquet.

## **Outside Activities**

- ★ If the candidate makes the cheer squad, they must complete their commitment to cheerleading before being released to any other activity they will be participating in. (This includes other school activities, jobs, and/or outside competition cheer groups.)
- ★ It is the cheerleaders responsibility to work out conflicts with other clubs/organizations by communicating with their coach ahead of time. There must be a 50/50 split in after school events between time for cheer and time for the other club/organization.

# Garland Independent School District Cheer Application

Name \_\_\_\_\_ ID# \_\_\_\_\_

Grade Next

Yr. \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

School Enrolled for Next Yr. \_\_\_\_\_

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the squad are expected to maintain their commitment to the activity for the full cheerleading year. **Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties.** Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to try out for the next year on any GISD campus.

I understand the above and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Student Signature \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

For parents/guardians:

I understand that I/we will not be allowed in the building on the day of the tryouts.

Parent/Guardian \_\_\_\_\_

**The following items must be returned to the sponsor before clinics begin:**

\_\_\_\_\_Application

\_\_\_\_\_Fine Arts Handbook Signature Pages

The GISD Fine Arts Handbook will be available online.

[Cheerleading | Garland Independent School District \(garlandisd.net\)](http://garlandisd.net)

\_\_\_\_\_Preparticipation Form (physical)

\_\_\_\_\_UIL Concussion Acknowledgement Form

\_\_\_\_\_Cardiac Awareness

\_\_\_\_\_Media Release Form

# *Social Media Contract*

Maintaining a higher standard of conduct will also include ensuring the GISD/Fine Arts Students' websites are appropriate. The internet is a worldwide, publicly accessible form of communication. Therefore, any communication such as Twitter, YouTube, Instagram, SnapChat, Vines, Tumblr, or any other photo/video sharing or social media site, etc. appearing on the internet is public domain, even if it is marked private. Per the GISD Code of Conduct, students are responsible for their personal websites and postings on others' websites. The areas of appropriateness will include, but not limited to the following: language, sexual or other (abbreviated or alluding to) pictures, reference to sexually explicit conduct or content, bullying/harassment within school and to other campuses, clothing, alcohol, drugs, and/or tobacco, which includes e-cigs and vapes. Excessive amounts of postings during the school day and posting updates in the middle of the school day is unacceptable and will be considered if a principal/teacher review takes place. Messages, Snapchats, pictures, etc. sent via text messages or any other form of communication can be used as a screenshot and therefore can be considered public domain. By sending any content electronically to someone else, you are giving them permission to use that information as they see fit so please be aware of what you are sending and to whom you are sending it to at any time. Any questions of appropriateness will be decided by the principal and teacher.

Students selected as Fine Arts student performers must recognize this distinction as an honor and privilege and must be held accountable to a greater standard than that of the general school population. A student has no ordained right to participate in Fine Arts. It is a privilege that has been granted to the student and it is possible that the privilege can be taken away. In addition to the GISD Fine Arts Handbook, GISD Code of Conduct, and the standards outlined in the Fine Arts Code of Conduct will be in effect twenty-four hours a day, seven days a week, twelve months a year, in season and out of season, whether in school or school is not in session.

-----  
Parent/Guardian Signature

-----  
Date

-----  
Student Signature

-----  
Date

# 25-26 Sachse Cheer Tryout Packet Signature Page

I have received, read and understand the information outlined in the SHS Cheer Tryout Packet including:

Student's Initials      Parent's Initials

-----      ----- **Tentative Calendar** -Once GISD dates are solid, the summer calendar will be updated. Thank you for your patience.

-----      ----- \* I will communicate absences in a timely manner.

-----      ----- Tryout information for the tryout process

-----      ----- **Estimated Cheer Costs**

-----      ----- \*I understand that failure to pay will result in not performing, not receiving an item or service, and can result in removal from the team.

-----      ----- Contest: I understand contest season is mandatory in GISD.

-----      ----- **Standard of Uniformity**

-----      ----- \*I understand that failure to comply will result in not practicing/performing.

-----      ----- **GISD Fine Arts Handbook**

-----      ----- \*I have reviewed the Code of Conduct. (FA Handbook, pg. 7)

-----      ----- \*I have reviewed eligibility requirements. (FA Handbook, pg. 8)

-----      ----- \*I have reviewed the merit/demerit system. (FA Handbook, pg. 10)

-----      ----- \*I understand the district/campus expectations of SHS cheerleaders for 25-26.

-----      ----- \*I understand that cheer is a full year commitment.

I agree to the policies set forth and agree to represent my squad and Sachse High School in a positive light. I will act as a role model and ambassador of Sachse High School at all school functions, and while in uniform, and will follow all school rules and policies. I will work to maintain my grades so that I can be academically eligible throughout the year.

I also understand that I am responsible for all financial obligations and their due dates. I will be present for all practices and games. I understand that final decisions regarding benching/point deductions/demerits/etc. will be at the discretion of the coaches, and/or administration. I understand that being a cheerleader involves inherent risks, which could cause serious or catastrophic injuries or even death.

Parent/Guardian Name (Print) ----- Date ----- Signature -----

Student Name (Print) ----- Date ----- Signature -----