

# Liberty Dolls Tryout Packet

## LCHS JV Drill Team

Thank you for your interest in auditioning for the Liberty Dolls JV Drill Team. Please read this packet thoroughly and keep the information for future reference. The following pages must be completed and returned to Mrs. Ponsler by **Wednesday, April 23rd, 2025** at the beginning of the tryout clinic. Late applications will NOT be accepted.

***\*The Pre-tryout Interest Meeting is March 25th at 6:00pm in the LC cafeteria. If your daughter makes the team, the MANDATORY PARENT/LIBERTY DOLL MEETING IS MAY 12TH, 2025 AT 5:00PM IN THE LC CAFETERIA.***

### **DUE COMPLETELY AT TIME OF CLINIC:**

1. Liberty Dolls Drill Team Application with PICTURE ATTACHED (*inside packet*)
2. Parent Permission Page (*inside packet*)
3. Standard of Uniformity (*inside packet*)
4. GISD Fine Arts Handbook Signature Page: (*inside packet*)  
25-26 GISD FINE ARTS HANDBOOK:  
<https://garlandisd.net/media/18325/download?inline>
5. UIL Concussion Acknowledgement Form (*inside packet*)
6. GISD Media Release Form: **(Please print and fill out)**  
[https://drive.google.com/file/d/1zh5NfdfGhL0pI\\_8bmOTy1k-fiEM7W1bV/view?usp=drive\\_link](https://drive.google.com/file/d/1zh5NfdfGhL0pI_8bmOTy1k-fiEM7W1bV/view?usp=drive_link)
7. Physical/Medical History DATED AFTER APRIL 1, 2025: **(Please print and fill out)**  
<https://www.uil texas.org/files/athletics/PrePhysFormRvsd2024.pdf>
8. Cardiac Awareness Form: **(Please print and fill out)**  
[https://www.uil texas.org/files/athletics/forms/2017\\_SCA\\_Awareness\\_Form.pdf](https://www.uil texas.org/files/athletics/forms/2017_SCA_Awareness_Form.pdf)
9. Most recent report card **(Skyward- print and attach)**

Dear Parents and Liberty Doll Hopeful,

This may be a new endeavor for both you and your child. We feel it is extremely important to share with you some basic information about the tryout process for the LCHS JV Drill Team. As a part of the team, your dancer will perform at football and basketball games, parades, pep rallies, competitions, Spring Show and other special events. In addition to these performances, the team will also participate in a fundraiser at the beginning of the year. **Drill Team rigorous and demanding. It's not easy, but it is worth it.**

The 2025-2026 tryouts for becoming a member of the LCHS JV drill team will be a learning experience for your child. We will take the hopefuls through every step of the tryout process in order to prepare them to be judged by a certified panel of judges. Please remember that all judge's scores will be final.

**Tryouts for the Liberty Dolls will be Saturday, April 26th, 2025 at Lakeview Centennial High School from 8:00-10:00 AM.** The tryout clinic will be April 23rd-25th from (5:00-6:30 pm) in the LCHS back gym. The results will be posted on the GISD website and the tryout CANVAS page.

**The MANDATORY PARENT MEETING and TEAMWEAR FITTINGS are Monday, May 12th, 2025 at 5:00 pm in the LCHS cafeteria.**

Your practice wear payment (approx. \$400) will be due at this meeting. **Again, your practice wear payment of approximately \$400 is due on Monday, May 12th 5:00 pm.** You may pay cash or credit card. The cost is significantly cheaper if you purchase used items from sell backs. Dancers, please be prepared to try on clothing. The old team members will be in the cafeteria selling their gently used items for a much cheaper price!

Please read all information carefully in the packet before signing the contracts. If you have any questions, please email me at [dponsler@garlandisd.net](mailto:dponsler@garlandisd.net). I look forward to meeting you and your dancer, and working with your dancer during the upcoming tryouts and year!

Sincerely, *Mrs. Ponsler, Director*  
*Lakeview Centennial High School Liberty Dolls*

# Tryout Information

## CLINIC:

Wednesday, April 23rd	5:00-6:30	LCHS Auxiliary Gym
Thursday, April 24th	5:00-6:30	LCHS Auxiliary Gym
Friday, April 25th	5:00-6:30	LCHS Main Gym (Mock Tryouts)
Saturday, April 26th	8:00-10:00 am	LCHS (Tryouts)

## CLINIC REMINDERS:

- You must be enrolled at Lakeview Centennial HS for the 2025-2026 school year to attend the clinic and auditions for drill team.
- All paperwork is due on the first day of clinic- participants will not be allowed to participate if ALL paperwork is not submitted!!!

## TRYOUT REMINDERS:

- All current JV drill team members will be required to try out for the team each year. Failure to participate in the tryout process will result in removal from the team.
- Only those students auditioning for the drill team will be allowed into the gym area.
- All Hopefuls will have an individual number and a group number assigned to them. Each group will consist of 3-5 dancers.
- Hopefuls should wear appropriate drill team make-up.
- NO jewelry and hair must be in a slicked back low ponytail & center part.
- Attire: black leotard, black leggings, jazz shoes
- Each Hopeful must remain at the audition site until the final group has performed, in the event that callbacks are necessary.
- Results will be posted on the GISD website and our tryout CANVAS. Only **NUMBERS** will be posted

## Sample Score Sheet:

Category	Dance (60)						Kick (30)			Splits (10)		(100) Total
Candidate Number	(10) Memory	(10) Execution Energy	(10) Technique	(10) Turns	(10) Leaps Jumps	(10) Projection	(10) Memory	(10) Technique Height	(10) Execution Energy Projection	(5) Right Split	(5) Left Split	
1												0

## **A Year in Review:**

- **JV Officer Tryouts: (May)**

If more experienced dancers want to challenge themselves, we encourage you to try out for a JV Officer position. Clinic is May 6th - 8th from 5:00-6:00 pm. Officer Tryouts will be held on May 9th from 5:00-7:00 pm. **\*\*There is a tentative officer camp date of July 14th from 8-4pm at Midlothian Heritage High School.\*\*** Officer camp will be an additional fee of approximately \$100. **\*\*Please be on the lookout for the Officer Tryout Packets AFTER team tryouts\*\***

- **Pre-Camp Team Practices: (July)**

Full Team practices will be held on July 22nd and 23rd from 5:00-6:30 pm (\*tentative). The whole team will learn and practice the school song and make other preparations for camp. **The camp fee of \$50.00 and uniform cleaning fee of \$30 will be due TUESDAY, JULY 22ND. (CASH ONLY)**

- **Line Camp-Required: (July)**

The team will attend a mandatory line camp in the summer. The camp will be held on July 24th- July 25th from 9:00am-3:00 pm, AND July 26th, from 9:00-12:00 pm at Garland High School with showoffs starting at 12:15 pm. This camp is where the Liberty Dolls will learn all material for performances during football season.

- **After School Practice**

The Liberty Dolls will practice every Monday after school from 3:00-5:00 pm. Each unexcused absence or excused absence without prior communication will result in points deducted based on the GISD JV Drill Team Fine Arts Handbook, and removal from upcoming performances. Missing practices, even excused, will also exclude you from upcoming performances.

- **Football Season: (August to November)**

Fall is football season and the beginning of our year! The Liberty Dolls will perform at some District Junior Varsity football games as designated by the director. These are scheduled on either Wednesday or Thursday evenings during the fall semester and usually fall the day just prior to Varsity football games. Members will try out for each football routine. Attendance at all designated District JV games is mandatory, whether you perform or not, unless you are on probation. On Game Day, we will stay at LCHS and ride a bus to and from all games. If you are absent from a JV class period or practice the week of a performance you will not perform that week but are expected to travel to the game with the team.

- **GISD Parades: (September and January)**

The Liberty Dolls are required to participate in two parades- the Labor Day parade on Labor Day and the MLK Day parade the Saturday before the MLK Day holiday.

- **Basketball Season: (November- February)**

The Liberty Dolls will perform at a select basketball game throughout the season. Liberty Dolls are required to attend the games chosen.

- **Christmas Noon Exchange Community Service Event: (December)**

During the season of giving, the Liberty Dolls will shop at Walmart for less privileged children, then perform and pass out their gifts during the Christmas Party held at the Curtis Culwell Center. This event is hosted by the GISD Noon Exchange Program.

- **Contest & Spring Show Season: (February-April)**

The girls learn three team routines to compete at Contest and try out for each one. Contest requires LOTS of extra practices. Contests will take place on a Saturday in February. Spring Show is another amazing time for the Liberty Dolls and is held in the LCHS Auditorium.

# Drill Team Costs and Payment Information

<b>DUE DATE</b>	<b>WHAT FOR</b>	<b>ESTIMATED COST</b>
May 12, 2025	Team Wear- Team Leader <ul style="list-style-type: none"><li>• Sell backs (gently used items) are cash only</li></ul>	Approx. \$300-\$400
May 12, 2025	Drill Team Boots - Sweetheart Booster	\$75 cash or check
July 22, 2025	Camp Fee & Uniform Cleaning	\$80 cash

\* Team Wear is paid directly to the vendor (Team Leader) at the **MANDATORY parent meeting/fittings on MAY 12, 2025**. Cash, money order, or credit card is accepted. \*

## **ADDITIONAL PURCHASES:**

- **Team Shoes**

You will need to purchase white Nike Air Force or Air Force like shoes on your own. These will be our team shoes whenever we wear our warm-ups. You WILL WEAR YOUR SHOES TO CAMP so please purchase by July 24th.

- **Team Earrings**

You will need to purchase drill team earrings. These are required at ALL performances and events. Please search "4 Pairs 15mm Rhinestone Round Shaped Acrylic Stone Inside Crystal Ear Studs For Dance Competitions Stage Performance Bridal Party Earrings Jewelry" on amazon, or click the link below to purchase:

[https://www.amazon.com/gp/product/B07R5DMHGC/ref=ppx\\_yo\\_dt\\_b\\_search\\_asin\\_title?ie=UTF8&th=1](https://www.amazon.com/gp/product/B07R5DMHGC/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&th=1)

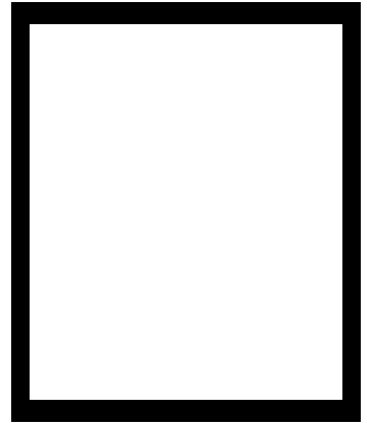
- **Team Lipstick**

You will need to purchase a bright red lipstick. You are required to wear lipstick for ALL performances and events.

# Liberty Doll Tryout Application

Please turn in your Application, Parent Permission Page, Standard of Uniformity, GISD Signature Page, Concussion Form, Media Release Form, Physical, Cardiac Form, and most recent report card to Mrs. Ponsler by Wednesday, April 23rd, 2025. Physicals MUST be dated after April 1, 2025.

**Attach a recent photo** ----->>>>>>



STUDENT NAME:

\_\_\_\_\_

STUDENT EMAIL:

\_\_\_\_\_

STUDENT ID:

\_\_\_\_\_

GRADE LEVEL FOR 2025-2026 SCHOOL YEAR:

\_\_\_\_\_

BIRTHDAY (month, date, year):

\_\_\_\_\_

STUDENT PHONE #:

\_\_\_\_\_

PARENT/GUARDIAN NAME:

\_\_\_\_\_

PARENT/GUARDIAN PHONE:

\_\_\_\_\_

PARENT/GUARDIAN EMAIL:

\_\_\_\_\_

1. Why do you want to audition for Liberty Dolls?

## Parent Permission Page

We, the parents/guardians of, \_\_\_\_\_, grant our permission for her to audition for the Liberty Dolls JV Drill Team. We have read the GISD Fine Arts Handbook. We agree to abide by all rules and regulations set forth by this document. We also understand and agree to the consequences for breaking these rules and regulations. Furthermore, we understand that, if selected for the team, my daughter will be required to pay for her practice clothing, shoes, camp, and game day attire. I further understand that this is an extracurricular activity and that attendance at all practices, games, and special functions are requirements of team membership. Finally, we understand the audition process. We agree and understand that the decision of the judges is final.

Parent Name (Printed): \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I, \_\_\_\_\_, am choosing to audition for the Liberty Dolls JV Drill Team. I have read all guidelines included in this packet and the GISD Fine Arts Handbook and agree to abide by all rules and regulations. I also understand and agree to the consequences for breaking these rules and regulations. If I am selected to the drill team, I understand that I am expected to uphold the standards set by the team and by Garland ISD. Should I fail to meet these standards, I will be subject to disciplinary action. Finally, I understand the audition process. I agree and understand that the decision of the judges is final.

Student's Name (print): \_\_\_\_\_

Student's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Standard of Uniformity

**Hair:** Football Performance hair is a middle part ponytail pulled back from the ears, with all sides back and no wisps at all, using a hair tie that matches your hair color. Hair color must be natural- no green, blue, pink, purple, etc. hair colors. Contest, Special Performances, and Spring Show Performance Hair in a middle part slicked bun.

**Make up:**

Blush that matches your skin tone  
Black/brown/shimmer eye shadow  
Black mascara or fake eyelashes  
TEAM RED lipstick. Do NOT add gloss.

**Nails:**

Shades of solid light pinks  
Shades of solid nudes  
French manicure with white tip  
No sparkle or decal of any kind on nails  
Sports length per GISD Fine Arts handbook

\*\*\*Approved by Sweethearts' student committee for Standard of Uniformity, March 2024.

Liberty Doll Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_



# Garland Independent School District Fine Arts Handbook

## Cheerleading, Drill Team, Step, and World Dance Company

### Permission, Commitment, and Signature Page

Student Name (Please Print) \_\_\_\_\_

Legal Parent/Guardian (Please Print) \_\_\_\_\_

Check the Fine Arts Group you are auditioning for/joining:

Cheer \_\_\_\_\_ Junior Varsity Drill Team \_\_\_\_\_ X \_\_\_\_\_ Varsity Drill Team \_\_\_\_\_

Step Team \_\_\_\_\_ World Dance Company \_\_\_\_\_

**Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.**

**Candidate/Member:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand that the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.com](http://www.garlandisd.com) )

\_\_\_\_\_ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

\_\_\_\_\_ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

\_\_\_\_\_ I understand that I am to ride to and from all events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

Revised 2/15/2023

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Legal Parent/Guardian:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.net](http://www.garlandisd.net) )

\_\_\_\_\_ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

\_\_\_\_\_ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

\_\_\_\_\_ I understand that my student is required to ride to and from all events and performances on school transportation with their team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts group.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Candidate/Member Printed Name** \_\_\_\_\_

**Candidate/Member Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Legal Parent/Guardian Printed Name** \_\_\_\_\_

**Legal Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

# CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student: \_\_\_\_\_

**Definition of Concussion** - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

**Prevention** – Teach and practice safe play & proper technique.  
– Follow the rules of play.  
– Make sure the required protective equipment is worn for all practices and games.  
– Protective equipment must fit properly and be inspected on a regular basis.

**Signs and Symptoms of Concussion** – The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

**Oversight** - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

**Treatment of Concussion** - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computers, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

**Return to Play** - According to the Texas Education Code, Section 38.157:  
A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until: (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;  
(2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;  
(3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and  
(4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student: (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;  
(B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and (C) have signed a consent form indicating that the person signing:  
(i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to play protocol;  
(ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;  
(iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and  
(iv) understands the immunity provisions under Section 38.159.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_