

Naaman Forest HS

*Starlettes*

*JV Drill Team*



**2025-2026  
Tryout Packet**

Dear Parents and Candidates,

I am excited to know that you have expressed an interest in being a part of the Naaman Forest HS Starlettes! The JV drill team is open to any incoming 9-12th graders attending NFHS for the upcoming school year. You need NO experience to be on the Junior Varsity Drill Team, however we do hold auditions. We will teach you ALL you need to know!

Drill team is great for all high school students because it provides them with friends before school even begins. Students with zero dance experience are taught the fundamentals of dance which prepares them to be on their way to the high kicking varsity drill team, the Sterling Stars. Drill team builds self-esteem, provides a positive atmosphere, creates lifelong friendships, and encourages the development of self-discipline.

Those who decide to join the team will get to participate in halftime performances at JV football games, pep rallies, parades and community events during and after school. As a member of the Starlettes, you will also have the opportunity to perform at the Sterling Stars Spring Show, attend the GISD dance festival, learn dance skills for Varsity Drill Team tryouts and other added events for Naaman.

We would love for you to be a part of the Starlettes JV Drill Team for the 2025-2026 school year!

If you would like to join our team next year, carefully read this packet, complete all forms and turn them in as instructed.

Please be sure to join our Band App to stay up to date on the latest tryout information!

Link: <https://band.us/n/a5a4AbL07fwb0>

Sincerely,

Terah Williams  
Starlettes Director  
[twilliams2@garlandisd.net](mailto:twilliams2@garlandisd.net)

## TRYOUTS & JUDGING CRITERIA

### ★ Mandatory Tryout Clinic:

- Tuesday, April, 22nd through Friday, April 25th
- 4-6pm @ NFHS (Main Gym)

### ★ Mandatory Mock Tryouts:

- Friday, April 25th
- 4-6pm @ NFHS (Main Gym)

### ★ Tryout Day:

- Saturday, April 26th
- 12:30pm @ Lakeview Centennial High School

Tryout clinics will be held after school from 4-6pm in the NFHS gym starting on Tuesday, April 22nd through Friday, April 25th. All candidates must be present at these practices. Mock tryouts will be on April 25th from 4-6pm.

During these practices, the graduating officers will teach a jazz/kick dance combination to be performed for the judges on April 26th. All candidates should wear dance clothes for all practices. Supportive sports bra, appropriate undergarments, black OR tan jazz shoes, or half soles should be worn. No crocs, slides or sock feet. Leggings and shorts are permitted.

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The tryout date for the 2025-2026 Drill Team at Naaman Forest High School will be **Saturday, April 26, 2025**. More details regarding tryouts will be provided at the mandatory parent tryout information meeting and during the week of tryouts (arrival time, where to enter for roll call, etc.)

Tryouts will be closed to all spectators. Each candidate must stay until the end of tryouts in order to allow for judging callbacks as needed if deemed necessary.

There is not a “set” number of team members. The team will be determined by the candidate’s score. All dancers are required to come to the tryout clinic, and required to try out in order to be selected for the team. If a candidate scores below all minimum scores they are strongly recommended to be placed in the Dance class for the school year.

If your dancer is selected for the team, they must abide by rules outlined by the GISD Fine Arts Handbook. The rules are constructed to uphold fairness and consistency in all aspects of drill team across the district. Each candidate and parent must read and discuss, at length, as well as agree to abide.

### JUDGES/SCORING

- ★ Each candidate will be scored on a 100 point scale by three or more qualified judges from outside GISD.
- ★ Selection of team members will be based on their scores in the following categories:
  1. Jazz combination
  2. Kick combination
  3. Splits (Right & Left)

\*\*The director’s score will be factored into the final tryout score\*\*

## **“TRYOUT TIPS”**

1. Have a clean black tank top (no spaghetti straps), fitted black T-shirt or long-sleeve top, black long leggings and black/nude jazz shoes, or dance slippers.
2. Style your hair with a middle part, low ponytail slicked back. Please wear enough hair bands and bobby pins so that your hair will stay secure as you dance.
3. Don't overdo your make-up! This is always one of the first mistakes that a drill team candidate makes. Be sure to wear make-up but do not let it be an overpowering part of your appearance.
4. Each hopeful will need to wear RED lipstick for try-outs. Any lipstick brand will be fine for auditions. Just make sure it is RED.
5. Stay focused and have a positive attitude.

Do your very best and convince the judges through your smile and performance how much you really want to be a Starlette. They are looking for potential, so do your best to shine!!!

GOOD LUCK TO EACH OF THE CANDIDATES!!

### **WHAT TO WEAR FOR TRYOUTS**

1. Black fitted racer back tank top, or black fitted t-shirt
2. Black Long Leggings
3. Black/Nude jazz shoes or nude dance slippers (if you already have a pair)
4. Hair: Middle Part, low ponytail w/ black hair tie (slicked back out of face)
5. Make-Up: RED lipstick, and natural makeup

\*\*No jewelry is allowed\*\*

If you have further questions, please email Ms. Williams at [twilliams2@garlandisd.net](mailto:twilliams2@garlandisd.net)

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### **TRYOUT RESULTS**

★ The 2025-2026 Starlettes results will be posted in numerical order on our Band App. **Join our Band App for Tryouts:** <https://band.us/n/a5a4AbL07fwb0>

# **Starlettes Seasons:** **“A Year in Review”**

## **Team Fitting:**

The Director will set a date for “Team Fitting” to help all Starlettes get fitted for practice & performance items.

## **Summer Practices and Camp:**

All members must attend all summer practices scheduled by the director. Members are required to attend summer camp where they will bond as a team, get to know each other, but also dedicate time to develop their skills needed for the school year. Football Game-Day preparations, Football Routines, Pep Rally Routines and other material will be learned during summer practices and camp.

## **Officer/Social Leadership Clinic:**

Clinic held for candidates that make a dance officer/social officer position. They will learn additional skills to help them be successful leaders throughout the year.

## **Class Period:**

JV drill class is single blocked for both semesters.

## **Weekly Practice Schedule:**

You will be required to attend all after school practices from 3-5pm. Practices are typically twice a week. Students will receive a calendar at the beginning of the school year so they can plan accordingly. Each unexcused absence will result in demerits based on the GISD Fine Arts Handbook, and possible removal from upcoming performances.

## **Football Season:**

The Starlettes will be required to attend 3-5 District Junior Varsity football games as designated by the director. These are scheduled on either Wednesday or Thursday evenings during the fall semester. Attendance at JV football games is mandatory. You must ride the school bus with the team to each game location, and you must have someone to pick you up upon arrival at NFHS following the game. During football season all members must audition for each routine.

The Starlettes must attend a minimum of 3 HOME District Varsity football games as designated by the director. These are scheduled on either Thursday or Friday evenings during the fall semester, and usually fall on the day after the JV football games. Attendance and transportation are the same as JV football games unless notified of change.

## **Parades/Community Events:**

The Starlettes participate in 2 parades throughout the year; Labor Day Parade (September 1, 2025) and MLK Parade (January 17, 2026). Members will also participate in community events (during school and afterschool).

## **Basketball Season:**

The Starlettes attend to support and perform at home basketball games. Dates are determined when the basketball schedule is provided to the director.

## **GISD Dance Festival:**

At this event all GISD Dance/Drill Teams will showcase various routines. The festival is open to the public for spectators to attend.

## **Varsity Spring Show**

The Starlettes will perform in the Sterling Stars end of the year drill team production.

## **Uniform Return:**

All members of the JV Drill Team will receive clean district uniforms for the school year, and will be required to return all uniform pieces dry-cleaned, or pay an estimated cost of **\$25** for the cleaning fee.

## **Fundraisers**

Fundraisers may be held throughout the year to help raise money for team needs. Fundraisers will be discussed in more detail at each Booster Club meeting.

**\*Starlettes is a year-round commitment plus holiday breaks throughout the school year!**

\*We also plan Team Bonding Activities for our team to unite, relax and make fun memories together!

## **Important Dates**

Starlettes Junior Varsity Drill Team

<b>Date</b>	<b>Event</b>	<b>Time/Location</b>
April 1	Mandatory Tryout Parent Info Meeting <b>*Parent and student must attend to be eligible for tryouts</b>	6:30pm (NFHS, Room 515)
April 21	Tryout Paperwork Due <b>*All completed forms &amp; UIL physical must be turned in on or before the 1st day of tryout clinic</b>	3pm (NFHS)
April 22-25	Tryout Clinic	4-6pm (NFHS Main Gym)
April 26	GISD Drill Team Tryout Day! <b>*Results will be posted on the Band App later that day</b>	12:30pm (Lakeview HS)
May 14	New Team Uniform Fitting	4-5pm (NFHS)
May 14	Mandatory New Team Parent Meeting	5:30-6:30pm (NFHS)
June 3-6	JV/Varsity Team Camp	9am-4pm (NFHS Gym)
August 4-6	Team Practice (TBD)	4-5:30pm (NFHS Dance Studio)
August 11	1st day of school!	

**\*\*All dates are subject to change\*\***

# 2025-2026 Starlettes JV Drill Application

## Naaman Forest High School

Student Name: \_\_\_\_\_  
(First) (Middle) (Last)

2025-2026 Grade Level: 9<sup>th</sup> Grade 10<sup>th</sup> Grade 11<sup>th</sup> Grade 12<sup>th</sup> Grade T-shirt Size: \_\_\_\_\_

Student Cell Phone: \_\_\_\_\_ Birthdate: \_\_\_\_\_ ID # \_\_\_\_\_

Student Email Address: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(Zip Code)

Parent/Guardian Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_

Alternate Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Alternate Contact Cell Phone: \_\_\_\_\_

School Presently Attending: \_\_\_\_\_

What other clubs or organizations are you planning to be involved in at Naaman?

\_\_\_\_\_  
\_\_\_\_\_

*I have fully read and understand the tryout packet. I understand that I am required to attend summer camp, all practices and performances as scheduled, pass all classes each six weeks in order to remain eligible, make all team payments on time, and be picked up from all events on time. I understand that there are tryouts for each performance. I will abide by the GISD Fine Arts Drill Team Handbook.*

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**

*As a parent/guardian of a student who wishes to audition for the JV Drill Team, I have fully read and understand the tryout packet and what is expected of my student. I realize my student will be required to attend summer camp, all practices and performances as scheduled, pass all classes each six weeks in order to remain eligible, make all team payments on time, and be picked up from all events on time. I understand that there are tryouts for each performance. I understand that my child will be expected to abide by the GISD Fine Arts Drill Team Handbook.*

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

# Tryout Permission Form

Starlettes Junior Varsity Drill Team

I have read the GISD Fine Arts Handbook and all tryout information and understand all the requirements for participation in the drill team. I also understand the dedication and time it takes to be involved in the dance team programs at NFHS. I intend to devote the time needed to make the drill team a success if I am selected for JV. I understand and agree to audition weekly by dance throughout football season, contest season, and as needed throughout the semester. I agree to abide by the decision of the judges and understand that all decisions are final as GISD has updated policies in place to ensure all auditions are fair and consistent.

\_\_\_\_\_  
Candidate Signature

\_\_\_\_\_  
Date

Our dancer has permission to audition for the dance team programs at NFHS. We have read the GISD Fine Arts Handbook and all tryout information. We will assist in every way to see that these rules and policies are upheld should our daughter make the Starlettes Junior Varsity Dance Team.

We understand that the financial obligations must be met as stated in the GISD Fine Arts Handbook in order to maintain performance eligibility. We also understand that the school and/or directors assume no responsibility for accidents or injury that might occur during any drill team activity. I understand that membership of either organization is a privilege, not a right. I understand my dancer will audition weekly by dance throughout football season, contest season, and as needed throughout the semester. I agree to abide by the decision of the judges and understand that all decisions are final as GISD has updated policies in place to ensure all auditions are fair and consistent.

**Have you signed a choice of school form stating Naaman Forest High School as your choice of school for the 2025-2026 School Year? \_\_\_\_\_ (yes or no)**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Please initial below in agreement with the selection process at NFHS for Drill Team.**

- \_\_\_\_\_ I understand that team placement is based on a score range.
- \_\_\_\_\_ I agree to hold the placement awarded by the scoring system.
- \_\_\_\_\_ If not selected for a Varsity or JV position due to score I agree to participate in Dance class for the 2025-2026 school year.



# **Health Form**

Starlettes Junior Varsity Drill Team

TO THE PARENT:

**AS A MEMBER OF THE JV DRILL TEAM, YOUR CHILD WILL PARTICIPATE IN THE FOLLOWING ACTIVITIES THROUGHOUT FOOTBALL SEASON, BASKETBALL SEASON, AND SPRING SHOW:**

1. Approximately two (2-3) hours of daily physical activity
2. Participation in half time performances at select JV football and basketball games
3. Participation in community parades and events as community service
4. Participation in performances selected by the director
5. Extra time spent at parent meetings and other activities related to Sapphires

**BECAUSE OF THESE REQUIREMENTS, STARLETTES MUST BE IN GOOD HEALTH AND PRACTICE GOOD HEALTH HABITS.**

**PLEASE CHECK AND SIGN BELOW:**

- 1. Any health weakness such as a bad back, weak knees, weak ankles, and so on that would prohibit your child from giving her best possible performance?**

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

- 2. Does your child take any medication that would cause harm if your child exercised too much?**

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

- 3. I believe that my child is in good health and practices good health habits.**

Yes \_\_\_\_\_ No \_\_\_\_\_ If no, please explain: \_\_\_\_\_

- 4. My child may participate in dance/drill team training, performances, and events.**

Yes \_\_\_\_\_ No \_\_\_\_\_ If no, please explain: \_\_\_\_\_

\_\_\_\_\_  
**Candidate Printed Name**

\_\_\_\_\_  
**Candidate Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent Printed Name**

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**

# Standards of Uniformity

Starlettes Junior Varsity Drill Team

In effort to assist dancers in abiding by all GISD Fine Arts Handbook guidelines a diverse committee of dancers, parents, and directors have determined team hair styles by season & performance type. It is the expectation that all dancers adhere to the required hairstyles to avoid demerits.

**Football/Basketball Season:** Low ponytail with middle part (extremely secured, no flyaways)

**Spring Show:** Low ponytail with middle part (extremely secured, no flyaways)

**Special Appearances/Events:** Half up/half down curly (extremely secured, no flyaways), and low ponytail with middle part (extremely secured, no flyaways)

\*\*No eccentric, bright hair colors (ex: pink, blue, red, etc.) or extremely long hair (for safety). Hair length must be at a danceable length without causing a distraction or harm to self/others.

## Make-up

Natural eyeshadow

Mascara (black)

Blush that matches your skin tone

Red lipstick that matches your skin tone

## Nails

Short/medium length only per handbook (for safety)

Light shade of solid pinks or nudes, french manicure with white tip is allowed

\*No eccentric, bright shades, rhinestones, decal or prints

## Jewelry

Drill team earrings will be worn for performances and events

No personal jewelry (including face piercings) may be worn during practices or any drill team events

## **EYELASHES, TATTOOS & FACIAL PIERCINGS:**

Eyelashes must be natural hair color (no colored eyelashes)

Tattoos must be covered up for all practices and drill team events without damaging district uniforms (with the proper tattoo cover-up make-up)

Facial piercings must be removed during practices/drill team events, but may be worn during the school day

*\*Starlettes are required to wear their performance hair and make-up to school on pep-rally days.*

*\*Everyone must meet the nail, jewelry, eyelashes, tattoos, and facial piercing requirements at all times to avoid demerits.*

***We have read and understand the Standards of Uniformity for Starlettes, and will abide by all expectations listed above. As the parent/legal guardian, I will support the expectations.***

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Student Signature

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Date

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Parent Signature

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Date

# Individual Expenses Form

Starlettes Junior Varsity Drill Team

Listed below is the approximate breakdown of team expenses that will be required by all JV members for the 2025-2026 school year.

**\*\*This is an estimate, items & pricing are subject to change.\*\***

## **Practice/Performance items:**

Game Day T-Shirt	\$16.50
White Spirit Tee	<b>TBD</b>
White Practice T-Shirt	\$15.00
Pink Practice T-Shirt	\$15.00
Black Practice Tank Top	\$24.00
Black Leggings	\$28.00
Black Jazz Shoes	\$33.00
Tights (must order 2 pair)	\$14.00 each
Warm-up Jacket	<b>TBD</b>
Warm-up Pants	<b>TBD</b>
Team Earrings	\$10.00
Hair Pieces	<b>TBD</b>
Personalized Backpack	\$46.00
White Field Boots (Star Flexor)	\$75.00
White Keds Shoes	Purchase On Your Own
Black Sports Bra	Purchase On Your Own
Summer Team Camp Fee	\$150

**\*\*There will be opportunities throughout the year where you can purchase T-shirts and additional items\*\***

GISD provides the official field uniforms. All items that are issued to the member must be returned throughout the season. They must be cleaned according to specific care instructions before returning for safe storage. A cleaning fee of \$25 can be paid in place of cleaning the uniform on your own.

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### GISD Uniform Cleaning Guidelines

All Field Uniforms: HAND WASH ONLY! No bleach or color safe bleach. Gentle detergent, hand wash in the sink or bathtub. The handwash cycle on the washing machine may not be used.

- Turn water on and add minimum clear detergent. Once the detergent is dissolved completely, put the uniform pieces of similar color and style in the water.
- Gently agitate the items in the water and allow to soak until you feel it is clean and odor free. Repeat the agitation process if odor or stains remain.
- Drain the water and then add fresh water to rinse out ALL remaining detergent. Water should run clear and clean. Lay flat to dry or you may hang to dry. They will drip water. DO NOT put it in the dryer!!!!

**All uniforms and costumes must be cleaned properly and returned throughout the year as designated by the Director. Failure to do so will result in additional fees.**

*Please sign below acknowledging that you and your child understand the 2025-2026 Starlettes "Individual Expenses Form". By signing below, you also agree to make all payments on time in order for your child to be eligible for camp and performances, as well as to place his/her order. Lastly, you understand that all payments are non-refundable!*

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Candidate Signature

Date

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Parent Signature

Date

## 2025-2026 Starlettes JV Tryout Checklist

- Tryout Application
- Tryout Permission Form
- Health Form
- Standards of Uniformity
- Individual Expenses Form
- 25-26 GISD Fine Arts Handbook (read carefully & completely)
  - [https://drive.google.com/file/d/1oHwJFB1bZt0XVfhVImV1G\\_v0IEBAydx/view?usp=sharing](https://drive.google.com/file/d/1oHwJFB1bZt0XVfhVImV1G_v0IEBAydx/view?usp=sharing)
- Initial and sign the GISD Fine Arts Handbook signature page
  - [https://docs.google.com/document/d/1809odocKJcxFgLsuJfE3zgxirdwfY34uZWzRK\\_nE6xQ/edit?usp=sharing](https://docs.google.com/document/d/1809odocKJcxFgLsuJfE3zgxirdwfY34uZWzRK_nE6xQ/edit?usp=sharing)
- UIL Pre Participation Physical Form (Must have prior to tryout clinic)
  - <HTTPS://WWW.UILTEXAS.ORG/FILES/ATHLETICS/PREPHYSFORMRVSD2024.PDF>
- Concussion Acknowledgement Form
  - [https://drive.google.com/file/d/1eaROg6H\\_yEf-7Q76AlFctvfXTfn8IRvu/view?usp=sharing](https://drive.google.com/file/d/1eaROg6H_yEf-7Q76AlFctvfXTfn8IRvu/view?usp=sharing)
- Cardiac Arrest Form
  - [https://drive.google.com/file/d/1QzxCeQsu3OzOHJRIXn-e2wnl\\_gRmcqAB/view?usp=sharing](https://drive.google.com/file/d/1QzxCeQsu3OzOHJRIXn-e2wnl_gRmcqAB/view?usp=sharing)
- GISD Release Form
  - [https://drive.google.com/file/d/11p1k9x8S1gJaMShuAgP-qbPZ\\_eOMYVE7/view?usp=sharing](https://drive.google.com/file/d/11p1k9x8S1gJaMShuAgP-qbPZ_eOMYVE7/view?usp=sharing)
- Drill Team Scoresheet Sample
  - [https://docs.google.com/spreadsheets/d/1zRhPifoF-T73XfZoDTlu3uoMwTWmLQgZ/edit?usp=drive\\_link&oid=100836644215192330377&rtpof=true&sd=true](https://docs.google.com/spreadsheets/d/1zRhPifoF-T73XfZoDTlu3uoMwTWmLQgZ/edit?usp=drive_link&oid=100836644215192330377&rtpof=true&sd=true)

**\*\*\*ALL PAPERWORK MUST BE COMPLETED AND TURNED IN on or before *Monday, April 21, 2025*\*\*\***

*Scan QR Code to access the Band APP!*

