

# Sweethearts Tryout Packet

## LCHS Varsity Drill Team

Thank you for your interest in auditioning for the Yankee Doodle Sweethearts Varsity Drill Team. Please read this packet thoroughly and keep the information for future reference. The following pages must be completed and returned to Ms. Mauldin by **Tuesday, April 22nd, 2025** at the beginning of the tryout clinic. Late applications will NOT be accepted.

***\*The Pre-tryout Interest Meeting is March 25th at 6:00pm in the LC cafeteria. If your daughter makes the team, the MANDATORY PARENT/SWEETHEART MEETING IS MAY 6TH, 2025 AT 6:00PM IN THE LC CAFETERIA.***

1. Sweethearts Drill Team Application with PICTURE ATTACHED (*inside packet*)
2. Parent Permission Page (*inside packet*)
3. Standard of Uniformity (*inside packet*)
4. GISD Fine Arts Signature Page: (*inside packet*)
5. UIL Concussions Acknowledgement Form (*inside packet*)
6. GISD Media Release Form:  
[https://drive.google.com/file/d/1zh5NfdfGhL0pl\\_8bmOTy1k-fiEM7W1bV/view?usp=drive\\_link](https://drive.google.com/file/d/1zh5NfdfGhL0pl_8bmOTy1k-fiEM7W1bV/view?usp=drive_link)
7. Physical/Medical History DATED AFTER APRIL 1, 2025:  
<https://www.uil texas.org/files/athletics/PrePhysFormRvvd2024.pdf>
8. Cardiac Awareness Form:  
[https://www.uil texas.org/files/athletics/forms/2017\\_SCA\\_Awareness\\_Form.pdf](https://www.uil texas.org/files/athletics/forms/2017_SCA_Awareness_Form.pdf)
9. Most recent report card (*Skyward- print and attach*)
10. Proof of enrollment at LCHS for the 2025-2026 school year (*Skyward- print and attach*)



Dear Parents and Sweetheart Hopeful,

This may be a new endeavor for both you and your daughter. We feel it is extremely important to share with you some basic information about the tryout process for the LCHS Sweethearts. As a part of the team, your daughter will perform at football and basketball games, parades, pep rallies, competitions, Spring Show and other special events. In addition to these performances, the team will also participate in a lot of fundraising and community service projects. **The practice schedule is rigorous and demanding. It's not easy, but it is worth it.**

The 2025-2026 tryouts for becoming a member of the LCHS Sweethearts varsity drill team will be a learning experience for your daughter. We will take the girls through every step of the tryout process in order to prepare them to be judged by a certified panel of judges. Please remember that all judge's scores will be final.

**Tryouts for the Sweethearts will be Saturday, April 26th, 2025 at Lakeview Centennial High School.** The time is TBD. The tryout clinic will be April 22nd-25th from (3:00-4:30 pm) in the LCHS back gym. The results will be posted on the GISD website.

**The MANDATORY PARENT MEETING and TEAMWEAR FITTINGS are Tuesday, May 6th, 2025 at 6:00 pm in the LCHS cafeteria.**

Your practice wear payment (approx. \$300-\$500) will be due at this meeting. **Again, your practice wear payment of approximately \$300-\$500 is due on Tuesday, May 6th 6:00 pm.** You may pay cash or credit card. The cost is significantly cheaper if you purchase used items from sell backs. The old team members will be in the cafeteria selling their gently used items for a much cheaper price!

Please read all information carefully in the packet before signing the contracts. If you have any questions, please email me at [Lsmauldi@garlandisd.net](mailto:Lsmauldi@garlandisd.net). I look forward to meeting you and your daughter and working with your daughter during the upcoming tryouts and year!

Sincerely,

*Ms. Mauldin, Director*

## Tryout Information

### CLINIC:

Tuesday, April 22nd	3:00-4:30	LCHS Auxiliary Gym
Wednesday, April 23rd	3:00-4:30	LCHS Auxiliary Gym
Thursday, April 24th	3:00-4:30	LCHS Auxiliary Gym
Friday, April 25th	3:00-4:30	LCHS Main Gym (Mock Tryouts)
Saturday, April 26th	8:00-10:00 am	LCHS (Tryouts)

### CLINIC REMINDERS:

- You must be an enrolled sophomore, junior or senior student at Lakeview Centennial HS for the 2025-2026 school year to attend the clinic and auditions for drill team.
- You **MUST** show proof of your enrollment the **FIRST** day of clinic in order to participate in clinic and auditions
- All paperwork is due on the first day of clinic- participants will not be allowed to participate if **ALL** paperwork is not submitted!!!

### TRYOUT REMINDERS:

- All current varsity drill team members will be required to try out for the team each year. Failure to participate in the tryout process will result in removal from the team. **EXCEPTION:** *Drill team members who have already been selected to serve as an officer for the next school year will be exempt from the line tryouts.*
- Only those students auditioning for the drill team will be allowed into the gym area.
- All Hopefuls will have an individual number and a group number assigned to them. Each group will consist of 3-5 dancers.
- Hopefuls should wear appropriate drill team make-up.
- **NO** jewelry and hair must be in a slicked back low ponytail & center part.
- Attire: black leotard, black leggings, jazz shoes
- Each Hopeful must remain at the audition site until the final group has performed, in the event that callbacks are necessary.
- Results will be posted on the GISD website. Only **NUMBERS** will be posted

## Sample Score Sheet:

Category	Dance (60)						Kick (30)			Splits (10)		(100) Total
Candidate Number	(10) Memory	(10) Execution Energy	(10) Technique	(10) Turns	(10) Leaps Jumps	(10) Projection	(10) Memory	(10) Technique Height	(10) Execution Energy Projection	(5) Right Split	(5) Left Split	
1												0

## **A Year in Review:**

- **Football Season: (August to November)**

Fall is football season and the beginning of our year! The Sweethearts will perform at all football games, away and home. **Members will try out for each football routine and field entrance.** All members are expected to attend all games with the team. On Game Day, we will stay at LCHS and ride a bus to and from all games.

- **GISD Parades: (September and January)**

The Sweethearts are required to participate in two parades- the Labor Day parade on Labor Day and the MLK Day parade the Saturday before the MLK Day holiday.

- **UIL Fall Assessment: (November)**

The Sweethearts will compete a field routine at the Dance/Drill team UIL Fall Assessment.

- **Basketball Season: (November- February)**

The Sweethearts will perform at select basketball games throughout the season. Sweethearts are required to attend the games chosen. We will not travel to out of town *regular* season basketball games.

- **Christmas Noon Exchange Community Service Event: (December)**

The Sweethearts LOVE this event! During the season on giving, the Sweethearts will shop at Walmart for less privileged children, then perform and pass out their gifts at during the Christmas Party held at the Curtis Culwell Center. This event is hosted by the GISD Noon Exchange Program.

- **Contest Season: (February)**

Contest is an exciting time! The girls learn four team routines to compete at Contest and tryout for each one. Contest requires LOTS of extra practices. Contests will take place on two Saturdays during February.

- **UIL Spring Assessment: (February)**

The Sweethearts will compete a contest routine at the Dance/Drill team UIL Spring Assessment.

- **Spring Show Season: (April)**

Spring Show is another amazing time for the Sweethearts and is held in the LCHS Auditorium. The girls will participate in a number of routines together and with specialty groups within the team. It will be their opportunity to show all they have learned throughout the year. As well as program ad sales, many fundraisers will be held to cover lights, programs, choreography, and costumes.

- **Possible Fundraising: (All Year)**

Fundraisers will be held once a month to help cover costs such as costumes, props, Contest fees, Christmas Party, EOY Banquet, Spring Show, choreography, food, t-shirts, and much more!! **Participating is crucial and mandatory for the success of the team.** Everyone is expected to participate. Here are a few examples of fundraiser's you will be participating in: ***Summer Car Wash, Kid's Clinic, Tamales, Poinsettias, Chocolate Sales, Spring Show Ads, and Spirit Nights!***

# **Drill Team Costs and Payment Information**

<b>DUE DATE</b>	<b>WHAT FOR</b>	<b>ESTIMATED COST</b>
May 6, 2025	Team Wear- Team Leader	Approx. \$300-\$500
May 6, 2025	Hat, Boots, Petticoat- Booster Club	\$375
TBD	CP Team Camp- Booster Club	\$250
July 7, 2025	Starter Kit & Team Shoes- Booster Club	\$150
Summer- on your own	Letterman Jacket- Special Effects	\$200- Pay Special Effects
TBD	TEAM TRIP	March 2026

- Team Wear is paid directly to the vendor (Team Leader) at the **MANDATORY parent meeting/fittings on MAY 6, 2025**. Cash, money order, or credit card is accepted.
- Letterman Jackets will need to be fitted and paid for in person to Special Effects
- Other items will be invoiced from the Sweethearts Booster Club

## **If you become a Sweetheart.... 😊 New Team Dates....**

**Practices:** April 29th, May 6th, May 13th, May 20st (3-5pm)

**Tuesday, May 6th, 2025:** (3-5 pm) Team Practice & VERTICAL RAISE  
 (6-8 pm) MANDATORY Parent Meeting/Team Wear Fittings  
 Team Wear payment (approx. \$300-\$500) DUE

### **Summer Practices:**

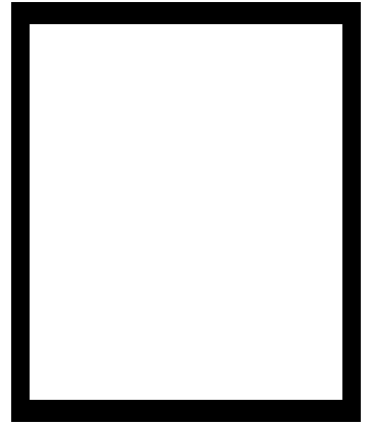
- July 7th-11th (9:00am-3:00pm)
- July 14th-18th (9:00am-3:00pm)
- July 21st-24th (9:00am-3:00pm)
- August 4th-8 th (3:00pm-5:00pm)

### **MANDATORY TEAM CAMP- Embassy Suites by Hilton Dallas Frisco**

- July 25th- 27th
- All members must attend summer camp! The cost is approximately \$250 a person, which includes the camp, 3 meals a day, and hotel accommodations.

# Sweethearts Tryout Application

Please turn in your Application, Proof of enrollment, Parent Permission Page, Standard of Uniformity, GISD Signature Page, Concussion Form, JV Consent Form, Media Release Form, Physical, and most recent report card to Ms. Mauldin by Tuesday, April 22nd, 2025. Physicals MUST be dated after April 1, 2025. **Attach a recent photo** ----->>>>>>



STUDENT NAME:

\_\_\_\_\_

STUDENT EMAIL:

\_\_\_\_\_

STUDENT ID:

\_\_\_\_\_

GRADE LEVEL FOR 2025-2026 SCHOOL YEAR:

\_\_\_\_\_

BIRTHDAY (month, date, year):

\_\_\_\_\_

STUDENT PHONE #:

\_\_\_\_\_

PARENT/GUARDIAN NAME:

\_\_\_\_\_

PARENT/GUARDIAN PHONE:

\_\_\_\_\_

PARENT/GUARDIAN EMAIL:

\_\_\_\_\_

1. Why do you want to audition for Sweethearts?
2. How did you hear about the Sweethearts?
3. How many years of dance experience do you have?
4. Do you take dance lessons at a studio? If so, which one?

# Parent Permission Page

We, the parents/guardians of, \_\_\_\_\_, grant our permission for her to audition for the Sweethearts Drill Team. We have read the GISD Fine Arts Handbook. We agree to abide by all rules and regulations set forth by this document. We also understand and agree to the consequences for breaking these rules and regulations. Furthermore, we understand that, if selected for the team, my daughter will be required to pay for her practice clothing, shoes, camp, and game day attire. I further understand that this is an extracurricular activity and that attendance at all practices, games, and special functions are requirements of team membership. Finally, we understand the audition process. We agree and understand that the decision of the judges is final.

Parent Name (Printed): \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I, \_\_\_\_\_, am choosing to audition for the Sweethearts Drill Team. I have read all guidelines included in this packet and the GISD Fine Arts Handbook and agree to abide by all rules and regulations. I also understand and agree to the consequences for breaking these rules and regulations. If I am selected to the drill team, I understand that I am expected to uphold the standards set by the team and by Garland ISD. Should I fail to meet these standards, I will be subject to disciplinary action. Finally, I understand the audition process. I agree and understand that the decision of the judges is final.

Student's Name (print): \_\_\_\_\_

Student's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Standard of Uniformity

## Hair:

Football Performance hair is half up half down, pulled back from the ears, with all sides back and no wispies at all, using a hair tie that matches your hair color. Hair color must be natural- no green, blue, pink, purple, etc. hair colors. We may add in high ponytails with braids or low buns. Pep Rally, Contest Special Performances and Spring Show Performance Hair braids tucked and pinned securely at the nape of the neck.

## Make up:

Black eyeliner

Black mascara

Black fake lashes

Blush that matches your skin tone

Black/browns eye shadow

TEAM lipstick. Do NOT add gloss.

## Nails:

Shades of solid light pinks

Shades of solid nudes

French manicure with white tip

No sparkle or decal of any kind on nails

Sports length per GISD Fine Arts handbook

\*\*\*Approved by Sweethearts' student committee for Standard of Uniformity, March 2024.

Sweetheart Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_



# Garland Independent School District Fine Arts Handbook

## Cheerleading, Drill Team, Step, and World Dance Company

### Permission, Commitment, and Signature Page

Student Name (Please Print) \_\_\_\_\_

Legal Parent/Guardian (Please Print) \_\_\_\_\_

Check the Fine Arts Group you are auditioning for/joining:

Cheer \_\_\_\_\_ Junior Varsity Drill Team \_\_\_\_\_ Varsity Drill Team \_\_\_\_\_

Step Team \_\_\_\_\_ World Dance Company \_\_\_\_\_

**Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.**

**Candidate/Member:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand that the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.com](http://www.garlandisd.com) )

\_\_\_\_\_ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

\_\_\_\_\_ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

\_\_\_\_\_ I understand that I am to ride to and from all events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

Revised 2/15/2023

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Legal Parent/Guardian:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.net](http://www.garlandisd.net) )

\_\_\_\_\_ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

\_\_\_\_\_ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

\_\_\_\_\_ I understand that my student is required to ride to and from all events and performances on school transportation with their team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts group.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Candidate/Member Printed Name** \_\_\_\_\_

**Candidate/Member Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Legal Parent/Guardian Printed Name** \_\_\_\_\_

**Legal Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

# CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student: \_\_\_\_\_

**Definition of Concussion** - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

**Prevention** – Teach and practice safe play & proper technique.  
– Follow the rules of play.  
– Make sure the required protective equipment is worn for all practices and games.  
– Protective equipment must fit properly and be inspected on a regular basis.

**Signs and Symptoms of Concussion** – The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

**Oversight** - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

**Treatment of Concussion** - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computers, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

**Return to Play** - According to the Texas Education Code, Section 38.157:  
A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until: (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;  
(2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;  
(3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and  
(4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student: (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;  
(B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and (C) have signed a consent form indicating that the person signing:  
(i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to play protocol;  
(ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;  
(iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and  
(iv) understands the immunity provisions under Section 38.159.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_