



RHS Varsity Silver Rhythm & JV Rhythmettes Tryout Informational Packet 2025-2026 School Year

Dear Parents and Candidates,

The tryout date for the Drill Team at Rowlett HS will be Saturday, April 26, 2025. The tryout dance video will be released on April 21st for dancers to practice with after learning the dance at the clinic. Tryout clinic will be held after school from **5:00-7:00 pm in the RHS gym starting on Monday, April 21st through Thursday, April 24th**. All candidates must be present at these practices.

Tryouts on April 26th will begin at Lakeview High School @ **12:40pm** and should end around **2:30 pm**. Tryouts will be closed to all spectators. Each candidate must stay until the end of tryouts in order to allow for judging callbacks as needed if deemed necessary. The 2025-2026 Silver Rhythm Dancers Varsity 30th line and Rhythmettes 30th Line will be posted on the official RHS SRD X and website later that same day.

There is not a “set” number of team members. The teams will be determined by the candidate’s score. The top scorers to the natural break, **will be on the Silver Rhythm Dancers Varsity team. *Varsity at RHS may consist of incoming Freshman, Sophomores, Juniors, and Seniors meeting the minimum score.* JV will be determined by the minimum score of 55 to the bottom of the natural break. Dancers scoring below 55 will be enrolled in Drill Team Prep and perform spring semester as our RHS Pep Squad.** All dancers are required to come to the tryout clinic, and required to try out in order to be selected for a team. If a candidate scores below all minimum scores they will automatically be placed in the Dance Team Prep class for the school year.

If your dancer is selected for either team, they must abide by rules outlined by the GISD Fine Arts Handbook. The rules are constructed to uphold fairness and consistency in all aspects of drill team across the district. Each candidate and parent must read and discuss, at length, as well as agree to abide.

Sincerely,

Varsity Director [Stefanie Cooper](#)
Silver Rhythm Dancers

JV Director Julianna Tamayo

RHS Dance Team Tryouts

- ★ **Monday, April 21st Tryout Dance Instructional Video Released by QR code at practice.**
- ★ **Monday, April, 21st through Thursday, April 23rd:**
 - **5:00-7:00pm @ RHS gym Mandatory Tryout Clinic**
- ★ **Thursday, April 23rd:**
 - **5:00-7:00pm @ RHS gym Mandatory Mock Tryouts**

During these practices, the graduating officers and Directors will teach a jazz & KICK dance combination to be performed for the judges on April 26th. All candidates should wear dance clothes for all practices. Supportive sports bra, appropriate undergarments, black OR tan jazz shoes, or half soles should be worn. Leggings are permitted. **Shorts are not allowed.**

Monday, April 21 by 5:00pm due to Mrs. Cooper @ clinic

1. Tryout Application Form and Tryout Permission Form [Click To Access Form](#)
2. **INITIAL AND SIGN THE GISD FINE ARTS HANDBOOK SIGNATURE PAGE** (PLEASE GO TO [HTTPS://GARLANDISD.NET/MEDIA/16675/DOWNLOAD?INLINE](https://garlandisd.net/media/16675/download?inline) TO FIND THE GISD FINE ARTS HANDBOOK. READ CAREFULLY & COMPLETELY)
3. SUDDEN CARDIAC AWARENESS FORM [CLICK TO ACCESS FORM](#)
4. MEDIA RELEASE FORM (BACK OF PACKET) [CLICK TO ACCESS FORM](#)
5. FINE ARTS SIGNATURE (BACK OF PACKET) [CLICK TO ACCESS FORM](#)
6. CONCUSSION ACKNOWLEDGEMENT [CLICK TO ACCESS FORM](#)
7. **UIL PRE PARTICIPATION PHYSICAL FORM** [CLICK TO ACCESS FORM](#) ****MUST HAVE PRIOR TO TRYOUT CLINIC**

***Saturday, April 26th - Tryouts will begin at 12:40pm. Everyone will meet at Lakeview High School at 12:00pm.**

- ★ All candidates will need to wear the following for tryouts:
 - Black fitted shirt, black jazz pants or leggings, half sole, hair slicked back pony-tail, no ribbon or bow, and RED lipstick. **No jewelry is allowed.**
- ★ Each candidate will be known by an identification number and will try out in groups of 3-5.
- ★ Each candidate will perform the tryout dance. Each candidate will also demonstrate right & left splits.
- ★ Each candidate will be scored on a 100 point scale by 5 qualified judges from outside GISD.
- ★ Selection of team members will be based on their scores in the following categories:
 1. Jazz combination
 2. Kick combination
 3. Splits (Right & Left)
- ★ **2025-2026 Varsity Silver Rhythm Dancers will be posted on the SRD X (Twitter) and SRD Instagram by candidate number only, and JV Rythmettes will be posted on the official Rhythmette Instagram.**

VARSITY SRD Schedule for 2025-2026

***Please read this carefully! This schedule is intended to give you and your family an idea of the commitment you will make in time and effort as a member. All items are subject to attendance policies, demerit system, and performance eligibility listed in the GISD Fine Arts Handbook.**

**SRD Practice Schedule: 6:30 – 8:40am – PRACTICE
8:40 – 9:00am - DRESS OUT FOR SCHOOL**

ALL PRACTICES AND PERFORMANCES ARE MANDATORY! All members must be present in person for all practices, games, camps, pep rallies, competitions, community events, and fundraisers.

2025-2026 <u>Tentative</u> Dates	
March 27	Tryout Parent Information Mtng 6:30pm- Required for all RHS Dance Team Hopefuls (current and new) & Sign for attendance verification
April 21	Tryout Instructional Video Released on Tryout Website
April 21-24	RHS Dance Team Tryout Clinic! RHS Gym 5:00-7:00pm
April 26	GISD Drill Team Tryouts @ Garland High School 11:00 AM
April 29	SRD Made it Meeting & Fitting Night! SRD 6:00-7:30 (parent(s) are highly encouraged to attend) <u>Payment Due for personal ALL items & Line Camp.</u> Team store will be live beginning Sunday April 29th. Payment due for line camp & \$150 for team store. Final Pmt 2 weeks later in Team Store.
May 23	Order Boots (online) & Pay Hat Invoice (individually in email provided @ Made it Meeting)
	Spring Game
June 5-7	Officer Camp with Encore Productions (Frisco, TX)
June 9-12	Team Camp - Mandatory No Exceptions (Home Camp @ RHS)
August 1	Meet the Eagles - Mandatory No Exceptions
August	Football Season: dancers will audition for each performance routine.
September	Labor Day Parade
September	Homecoming Game & Pep Rally
October	Senior Week Game - Pep Rally
December 6	Rowlett Christmas Parade & Basketball Season Performances
January 2024	MLK Day Parade (Saturday prior to MLK day) & Basketball Season
January - March	Contest Season 2-3 Saturday Practices to prepare for Contests
March - April	Contest/Spring Show 2023 Season
April	GISD Tryouts TBD by District Yearly & Officer Tryouts
May	Spring Game & End of Year Celebration!

***SRDs practice on Holiday/Staff Development Days during football season and the months of January and February. Fundraisers will be throughout the year as needed. It is the expectation that each member participates fully to raise funding or agrees to donate the expected amount per month.**

JV Rhythmettes

2025-2026

- The Rhythmettes perform/participate at a mis of JV & Varsity football games with Varstiy, Labor Day Parade, Rowlett Christmas Parade, MLK Day Parade, basketball games, and other community events. Rhythmettes may compete at a Regional contest as well as perform in the Spring Show at Varsity Director’s discretion.
- The JV team practices during the class period and scheduled after school practices on Tuesday and Thursdays. JV may practice at 6:30am at Directors discretion for gym use.

2025-2026 Important Dates

Date	Event or Item Due
March 27	Tryout Parent Information Mtng 6:30pm- Required for all RHS Dance Team Hopefuls (current and new) & Sign for attendance verification
April 21	Tryout Instructional Video Released on Tryout Website
April 21-24	RHS Dance Team Tryout Clinic! RHS Gym 5:00-7:00pm
April 26	GISD Drill Team Tryouts @ Naaman Forest High School 11:00 AM
July	Team Camp TBD - end of the month
August	Football Season & Weekend practices TBD
September	Labor Day Parade & Football Season
December	Rowlett Christmas Parade
January	MLK Day Parade
January	Basketball Season
Feb	Contest Season
March	Technique/Tryout Prep & Show Prep
April/May	SRD Spring Show
April	Dance Team Tryout Season
	*Some evening social events such as team swim parties and big/lil dinners will be scheduled throughout.
** All dates are subject to change!	

Varsity Drill Team Individual Expenses for 2025-2026

Listed below are the approximate totals for team expenses that will be required by all Varsity members for the **2025-2026** school year.

Team Practice Clothes and Personal Wear Items – Paid in Team Store Online

- * First year: Varsity member is approximately \$760
- * Returning: Varsity member is approximately \$400
- * Future SRD member after completing JV year: approximately \$500
- * Camp, Technique, Contest, Spring Show: \$200-\$450 (estimate only)

GISD provides the official field uniforms. The estimated cost above includes personal items and custom fit items for field season (boots, dance shoes, tights, warmups etc). All items that are issued to the member are returned throughout the season. They must be cleaned according to specific care instructions before returning for safe storage. A cleaning fee of \$50 can be paid in place of cleaning the uniform on your own.

Junior Varsity Rhythmettes Individual Expenses for 2025-2026

Listed below are the approximate totals for team expenses that will be required by all JV members for the **2025-2026** school year.

Team Practice Clothes and Personal Wear Items – Paid in Team Store Online

- *Cost of being on the JV team for required items is approximately: \$475
- *Camp, Contest, Spring Show, Award Ceremony, & Technique Clinics: \$200 (max estimate only)

RHS Drill Team Uniformity of Appearance Standard

In effort to assist dancers in abiding by all GISD Fine Arts Handbook guidelines a diverse committee of dancers, parents, and directors have determined team hair styles by season & performance type. It is the expectation that all dancers adhere to the required hairstyles to avoid demerits. Hair styles will be announced in advance and must be worn by all. It is not the dancer's choice between the styles presented below.

<i>Football Season</i>	<i>Contest Season</i>	<i>Spring Show/Audition Season</i>
<i>Low back/side double topsy-turvy no wispiers (high temperature games)</i>	<i>Double Crown braid to low/mid bun or Ponytail. (Director Decision)</i>	<i>Slicked back high ponytail with rhinestone hair piece/rhinestones</i>
<i>½ up and ½ down curled or in braids (not braided to the scalp due to hat being worn)</i>	<i>High Ponytail curled with rhinestones.</i>	<i>Slicked back low ponytail with rhinestone hair tie & hat for finale.</i>
<i>MakeUp</i>		
<i>Team lipstick (\$10-\$18) Black Eyelashes (\$10) Smokey Eye Shadow in Plum/Brown/Maroon color palette best for skin tone.</i>	<i>Foundation, concealer, blush, highlighter color palette best fit for skin tones. Bronzer not to be used in place of blush. Plus Football season makeup requirements. Team Lashes.</i>	<i>Same requirements as contest season. Dress rehearsal run through will determine adjustments to colors used with lighting if desired results are not achieved with stage lights.</i>
Nail Polish must be light nude, french, clear, specific color selected by the director for all performances. Sport length extensions are acceptable. Photo examples available in the Team Band App.		

GISD Uniform Cleaning Guidelines

All Field Uniforms: **HAND WASH ONLY!** No bleach or color safe bleach. Gentle detergent, hand wash in the sink or bathtub. The handwash cycle on the washing machine may not be used.

- Turn water on and add minimum clear detergent. Once the detergent is dissolved completely, put the uniform pieces of similar color and style in the water.
- Gently agitate the items in the water and allow to soak until you feel it is clean and odor free. Repeat the agitation process if odor or stains remain.
- Drain the water and then add fresh water to rinse out ALL remaining detergent. Water should run clear and clean. Lay flat to dry or you may hang to dry. They will drip water. **DO NOT** put it in the dryer!!!!

All uniforms and costumes must be cleaned properly and returned throughout the year as designated by the Director. (Example: sleeveless field uniforms will be cleaned and returned when the weather turns colder and inventoried back into storage.)