

**SCHOOL GUIDELINES FOR MANAGING STUDENTS
WITH FOOD ALLERGIES**
GISD Health Services

Student Name _____ ID# _____ Grade _____

Food allergies can be life-threatening. By providing a safe educational environment for food-allergic students, the risk of accidental exposure can be reduced as parents, physicians and school personnel plan together.

Parent Responsibilities

- Notify the school, including the school nurse, of the student's allergies.
- Work with food allergy management team to develop a plan that accommodates the student's needs at school, including in the classroom, cafeteria, in after-care programs, school-sponsored activities and on the school bus.
- Provide duplicate medication for school clinic if student has self-carry medication orders.
- Provide written medical documentation, instructions, diet modification request and medication as directed by a physician. Replace medications after use or upon expiration.
- Consider use of medical alert bracelet while at school.
- Educate the student in the self-management of their food allergy including:
 - Safe and unsafe foods
 - Strategies for avoiding exposure to unsafe foods
 - Symptoms of allergic reactions
 - How and when to tell an adult of possible allergic reaction
 - How to read food labels if age appropriate

Nurse Responsibilities

- Review health records provided by parents and physicians, as a team create a Food Allergy Management Plan/Individualized Health Plan (IHP).
- Share GISD Campus-based Food Allergy Management Plan and Students Food Allergy Management Plan with need-to-know staff.
- Educate school staff about food allergies and allergic reactions.
- Notify Cafeteria of student's allergy and provide Diet Modification Form, once provided by parent. Encourage parents to access menus on school district website.
- Emergency medication will be clearly marked and easily accessible to designated school personnel in a secure but unlocked area.
- Train or reinforce training of designated school personnel who will be properly taught to administer medications as prescribed by physicians.
- Communicate allergy information on specific student with bus driver; share Food Allergy Management Plan (bus driver); assist with modifications when indicated.

- Send Parent Allergy Informational Letter to parents of all classmates on Pre-K and Elementary campuses.
- Provide student information to Section 504 Committee for possible accommodations.

School Responsibilities

- Designate team members who will work with nurse and parents to develop an Individualized Healthcare Plan for student.
- Include food-allergic students in all school activities.
- Follow federal/state/district laws and regulations regarding sharing medical information about the student.
- Teacher to provide clear instructions for substitute teacher regarding care of student.
- Discuss field trips with family to decide appropriate strategies for managing the food allergy. Student will remain under the supervision of the teacher or nurse (not a volunteer) during field trips.
- Provide special seating area in cafeteria for students with food allergies with parental permission.
- Consider student for Section 504 accommodations if appropriate.

Student Responsibilities

- Do not trade with or accept food from others.
- Do not eat anything with unknown ingredients or foods known to contain any allergen.
- Be proactive in the care and management of their food allergies and reactions based on their development level.
- Notify an adult immediately if they eat something they believe may contain the food to which they are allergic.
- Comply with district medication policy at all times.

I request a peanut aware table for my child: Yes_____ No_____

Parent Signature _____

Date_____

Nurse Signature _____

Date_____

Student Signature _____
(when applicable)

Date_____

For OFFICE use only: ☐HC entered in EMR ☐Scanned and uploaded ☐Updated Health Condition