



## Meeting Information

### 2025-2026 SHAC Meeting

Wednesday, February 11, 2026

PDC, Room B06

12:00-1:30 PM

*Shugart Professional Development Center (PDC)*

*870 W Buckingham Rd.*

*Garland, TX 75040*

**Virtual Meeting Link:** [SHAC Meeting Link](#)

**Join by phone:** Dial-in: (US) +1 413-276-7074

PIN: 628 473 267#

**Documents:** [SHAC Presentation](#)

## AGENDA | NOVEMBER SHAC MEETING

Time	Presenter	Item
12:00 - 12:05 pm	Renee	Call to Order
12:05 - 12:10 pm	Renee	Welcome & Agenda (Secretary for minutes needed)
12:10 - 12:25 pm	Student Services	Discipline and Recess Updates
12:25 - 12:40 pm	Renee	Department Updates
12:45 - 12:50 pm	All	Future Agenda Items
12:50 - 1:10 pm	All	Co-Chair Nomination and Selection
1:10 - 1:15 pm	Renee	Adjourn



Presentation: <https://bit.ly/Feb2026SHAC>

**Meeting Attendees:**

Name	Group / Department	Attendance
Karen Fite	Board Appointed Member	
Stan Maige	Board Appointed Member	In Person
(Jackie) Dean Patterson	Board Appointed Member	
Kim Thiehoff	Board Appointed Member	In Person
Rita Cabello	Board Appointed Member	
Teena Johnson	Community Member - BeCause Cullen	In Person
Brenda Monk	Community Member - GISD Retiree	
John Beltz	District Member - Northlake PE Teacher	Virtual
Craig Hempel	District Member - Student Nutrition Services	In Person
Dr. Lisa Olsen	District Member - Student Services / SHAC Co-Secretary	In Person
Jonathan Armstrong	District Member - Family & Community Engagement	In Person
Nwakaego Oriji	District Member - Counseling	Virtual
Renee Kotsopoulos	District Member - Health Services	In Person
Shelley Garrett	District Member - Safety & Operations	
Leslie Blaylock	Parent Member	In Person
Samantha Bohrt	Parent Member	Virtual
Letitia (Danielle) Chukwumah	Parent Member	
Christine Foley	Parent Member	
Brittney Gillyard	Parent Member	
Dr. April Givens	Parent Member	In Person
Karen Gonzalez	Parent Member	In Person

Liz Kiertscher	Parent Member	
Cecilia Kimmel	Parent Member	
Carissa Richardson	Parent Member	In Person
Sheri Thompson	Parent Member	
Gwen Way	Parent Member	
Jordan Cotton	Parent Member	
Laura Vayda	Health Services / Secretary - Non Member	In Person

**Meeting Minutes:**

The meeting was **called to order** by Renee Kotsopoulos at **12:07pm**

**Membership**

Included a review of the SHAC committee membership including an update, member make up, and list of members.

**Discipline, Recess, and PBIS with Student Services**

- Mary Garcia, Director of Student Services
- Julie Moncrief
- SB 25 and how it impacts classroom consequences
- Recess and PE can't be taken away as behavioral consequence
- This has been a longstanding best practices in GISD
- Consequences do need to be given to help students learn but need to be aligned with the behaviors
- PBIS- Positive Behavior Interventions and Supports used school wide and in the classroom
- 4 non-negotiables that incorporate with PBIS
  - Positive classroom culture
  - Design a structured classroom
  - Utilize a recognition system for behavior
    - Some examples- Class Dojo points, PBIS parties, stickers, lunch with teacher, etc
  - Follow a consistent progressive discipline plan
    - Intentional plan for redirecting and giving consequences in a consistent and fair manor
    - Can redirect on the playground/in PE to a different activity
    - (example of actual plan was shared)
- How we protect recess

- Limiting choices
- Structured/alternative recess
- Earned time
- Parent communication
- Question: Is this offered as a PD for staff? Answer: Yes. Campuses may reach out to Mary Garcia or Julie Moncrief for trainings
- 

## **Department Updates:**

### **Counseling - Nwakaego Orij**

- Mental Health Convening is coming up. It is an invitation only for people that support the mental health needs of students. Opportunity for collaboration between organizations.
- Boots on the ground- professional development for campus counselors; best practices

### **Employee Wellness - N/A**

- Employee wellness page is still available on the intranet site
- Financial wellness opportunities through Benefits

### **Student Nutrition - Craig Hempel**

- First week of March is National School Breakfast Week- highlighting fun new breakfast items with incentives for students
- New dietary guidelines for Americans- new food pyramid shape; importance of fresh, whole foods, more fruits and vegetables, healthy fats and proteins; limiting processed sugars- still waiting on official USDA guidance to see if any changes need to happen for next school year
- Whole Milk for Healthy Kids Act- now allows for whole fat milk in schools for lunch; still waiting on further guidance
- Who is interested in having whole milk in schools? About 6 hands were raised in the room

### **Family and Community Engagement- Jonathan Armstrong**

- Faith based partnership meeting next week- about 20 people semi structured conversation about what the needs of the district are and how they can assist families
- African American history art show on Feb 19, Granville Arts Center at 5:00pm
- Council of PTAs- Straight Talk, raising the AI generation; sign up with the link in the SHAC presentation; please register so they can order enough food
- Pre-K Parent University- please share with your schools; this is for current pre-k parents; will talk about language and literary development; everyone is welcome! Share with others that have current pre-k age students; please register so they can order enough food

### **Student Engagement & Support Services - Dr. Lisa Olsen**

- Explore event- families can learn about pre-k programs

- Community Fair will be at the Explore event- McKinney-Vento families can connect with community resources. They will get special VIP time about 30 minutes prior to the event starting.
- Flyer shared about what GISD does to support homeless, foster and military (McKinney-Vento)

### **Health & Physical Education - Coleman Bruman, Executive Director of Secondary Teaching and Learning**

- HSR- complete for this year
- FitnessGram - is underway; required by federal law; post assessment data due in March; final results come in June and drive future plans
- Professional Development- is February 16; will be covering student learning objectives
- HPE Coordinator- interviews are starting and hopes to name a new coordinator soon

### **Health Services - Renee Kotsopoulos**

- Lions Club Vision Clinic coming in March 2026- almost full; very limited vision resources in our area without VSP vouchers from the Sight for Students program; working with the Garland and Rowlett Lions Club to have as many clinics as possible
- Starting our Cardiac Response Drills- new legislation requires a plan (we have always had one) and drills

### **Healthy & Safe Schools - Dr. Shelley Garrett**

#### **Parents & Community**

Teena Johnson- no new updates from BecauseCullen, and no news from other community members

#### **Guest - John Beltz, PE teacher at Northlake Elementary**

- John shared that he has been through Behavior Academy I & II and felt it was excellent training. He is currently in the Behavior Cohort, mentoring others in the process. The program includes the science of why children act as they do. Relationship building is key.
  - If anyone has any questions about the program, feel free to email him.
- Julie Moncrief is present today and is the Behavior Academy Instructor

#### **Future Agenda Items**

- Are there any items that the SHAC would like to hear about or work on?
  - Stan M- the committee is doing a great job!
- If you think of something, please email it so we can add it to the agenda
- We are in need of a parent co-chair of the SHAC. Would anyone like to nominate themselves or another member? It needs to be a parent that is not an employee of the district. Can be a board reported member that is also a parent.

- Question- what is the role of the co-chair? Mostly to help set the agenda for the next meeting. Acts as a liaison between the community and the district committee.
- Leslie Blaylock nominates herself for parent
- Kim Theihoff seconds the nomination
- Unanimous 'yay' from meeting attendees

### **Committee Business**

Members who would like to join a subcommittee are listed below:

- Sophia Green - [Screen Time](#)
- Leslie Blaylock - [Recess Guidelines](#)

Teena Johnson offers free Narcan through BeauseCullen.

### **Closing Meeting Information:**

The meeting was adjourned at 12:57

The Next SHAC Meeting will take place on Wednesday, April 8, 2026 at 12:00 PM at the PDC.

### **Meeting Recording:**

[https://drive.google.com/file/d/1tH-y7XR3E5\\_2B4-1UXqMLMrCHS5gpO\\_7/view?usp=drive\\_web](https://drive.google.com/file/d/1tH-y7XR3E5_2B4-1UXqMLMrCHS5gpO_7/view?usp=drive_web)