

Lyles Collegiate Middle School



Cheerleader Tryouts

Please read this entire tryout packet. Both the candidate and parent/guardian must sign this packet in multiple places, including the medical release form and GISD handbook, which can be found online. Forms should be turned in by **April 3, 2024**.

GISD Handbook - <https://garlandisd.net/programs-services/fine-arts/cheerleading>

Athletic Forms-<https://garlandisd.rankonesport.com/New/NewInstructionsPage.aspx>

2026-2027

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Intro Letter

GISD Fine Arts Handbook Link:

<https://garlandisd.net/media/19482/download?inline>

- Please read this packet in its entirety.
- Both the candidate and parent/guardian must sign all forms included in this packet.
- Join the Cheer Tryout Canvas
<https://garlandisd.instructure.com/enroll/DYAJNY>

Important Dates - Important Dates - Important Dates

When	Where	What
March 3, 2026 Tuesday 5:30pm - 6:30pm	Lyles Collegiate Room F6	Mandatory Informational Meeting All candidates and at least one parent/guardian <i>must</i> attend in order to tryout for LMS Cheer
March 20, 2026	Lyles Collegiate Room F6	Tryout Packet Due by 4:30pm Under no circumstance will late or incomplete applications be accepted. Packets may be submitted before March 20th, but not after.
March 23-27, 2026 Monday - Friday 4:30pm-6:00pm	Main Gym	Mandatory Tryout Clinic Registration begins at 4:20pm school-appropriate t-shirt & athletic shorts with athletic shoes Tryout numbers will be drawn on Wednesday Mock tryouts on Friday (wear tryout attire)
March 28, 2026 Saturday	Garland High School 310 S. Garland Ave. Garland, TX 75041	LMS Cheer Tryouts Solid white t-shirt & black shorts with athletic shoes
April 7, 2026 Tuesday 6:00pm	LMS Cafeteria	Mandatory MADE IT! Meeting 2026-27 Cheerleaders and at least one Parent/Guardian <i>must</i> attend Fitting for Clothing
April 30, 2026	Payment Via link	Payment due \$250
TBD	BIG GYM	Lyles Staff vs. Student Basketball Game
May 2026	TBD	LAKEVIEW Spring Game
July 2026	TBD	Summer Practice
JULY 15-17, 2026 Wed-Fri 10:00am - 4:00pm	Garland High School 310 S. Garland Ave. Garland, TX 75041	Cheer Camp
TBD	Group Dynamics	\$35 - Team Building
July 22-24, 2026 11-4pm	Lyles Middle School	Summer Practice
February 2027	Garland, TX	GISD Middle School Cheer Classic

Tryout Clinic Information

What: Clinic - Tryout material will be taught

When: Monday, March 23, 2026 - Friday, March 27, 2026
4:30pm - 6:00pm

Where: Lyles Collegiate Gym

Attire: School-appropriate t-shirt, no crop tops or bra tops
Athletic shorts
Athletic shoes
Hair in a secure ponytail
No jewelry of any kind, including nose rings, belly rings, earrings, necklaces, etc.

Agenda:

3/23	3/24	3/25	3/26	3/27
Review cheer technique Learn chant Learn dance	Review cheer technique Review chant Review dance Learn cheer	Review cheer technique Review chant Review dance Review cheer	Review cheer technique Review chant Review dance Review cheer Draw for tryout numbers	Mock tryouts *Wear tryout attire (solid white t-shirt, black athletic shorts, white athletic/cheer shoes)

Candidates: Returning GISD students - you must have been selected and been accepted to **Lyles Collegiate** for the 2026-27 school year.

New to GISD - Make sure you have contacted Student Services and have pre-enrolled for **Lyles Collegiate**. Documentation is required.

To receive the points on your pre-score, all applications are **due by 4:30 pm on March 20th, 2026** to Coach Jenkins (ROOM F6) at Lyles Collegiate. Application materials are to be complete and turned in before your participation in clinics.

The Tryout Clinic is open to eligible candidates only, and closed to the public. No parents, friends, or ineligible candidates are allowed to attend.

Tryout Day Dress Code

All candidates must wear:

- ★ Solid white t-shirt (no visible logo), shirts should be tucked in
- ★ Solid black shorts
- ★ White socks
- ★ White athletic or cheer shoes
- ★ Supportive undergarments
- ★ Hair must be in a secure high ponytail, out of the candidate's face. To ensure uniformity, no hair bows, ribbons, or any other accessories will be permitted.
- ★ Natural makeup - at the very least, pink or red toned lips and mascara or natural-looking eyelashes.
- ★ No jewelry allowed, including earrings, nose rings, necklaces, belly rings, bracelets, etc.
- ★ Fingernails - "sports" length, neutral color (french tip, clear, or nude)

Tryout Day Information

What: GISD Cheer Tryouts

When: Saturday, March 28, 2026

12:30pm - 1:00pm

Warm-up in designated area

1:00pm - 3:30pm

Tryout time

Where: Garland High School

310 S. Garland Ave.

Garland, TX 75040

These tryouts are closed to the public. No parents or friends will be allowed in the building at any time during tryouts. No exceptions. Candidates do not leave until they are dismissed.

Three judges will be hired and compensated by the Director of Fine Arts for tryouts. Efforts will be made to reflect the diversity of the campus in selection of judges. Professional judges with outstanding credentials and references will be hired for all tryouts. They will be instructed to judge the candidates based only on the mastery of the skills that they see demonstrated during the tryouts.

More information regarding tryouts, scores, and notification can be found in the GISD Fine Arts Handbook.

If you have any questions please contact: Coach Jenkins sjenkins@garlandisd.net or Coach Bee CBee@garlandisd.net

Tryout Sequence of Events

The whole group of candidates will enter together and perform as a whole group to show the judges the material first.

TUMBLING

Groups will enter the gym and line up on the short end of the mat. Each candidate will be asked if they have tumbling skills to demonstrate. Afterwards, students will line up in numerical order in the middle of the mats.

INDIVIDUAL JUMPS:

Once the nod has been given, the candidate should do whatever jump they wish to do first and then wait for a nod before doing their second jump and then their third jump, giving the judges time to score each jump. Each high school candidate must perform a toe touch, a right hurdler, a left hurdler, and a jump of their choice. The jump of their choice can include, but is not limited to, a jump that they have already performed.

GROUP DANCE AND CHEER:

Once the nod has been given, the school representative should start the music for the dance. The cheer will have a section(s) incorporating a jump(s) and/or tumbling. Candidates will be scored based on difficulty and execution. Candidates will also be judged on their smile, motion technique and voice projection during this time.

CALL BACKS

This year call backs will be added to our cheer tryout procedures. Students cannot leave the tryout area until the decision has been made regarding call backs.

Tryout Judging Criteria

Tumbling 10 pts.	Jumps	Incorporation 10 pts.																																																
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Cheer Standard of Uniformity

Cheer has set expectations to keep all members in uniform. For the various activities cheerleaders do, there will be different expectations for hair, makeup, nails, and colors. Presentation is an incredibly important part of enhancing a cheerleader's presence and building the atmosphere of a performance. Furthermore, hair, nails, and jewelry can be safety hazards.

1) Hair Expectations

- a) Male Cheerleaders - if hair is long, it must be in a neat and secure bun or ponytail. Facial hair should be neatly groomed.
- b) Female Cheerleaders

Event	Hair Style
Practice	Hair secure and out of face
Game Day @ School	High ponytail with bow, or Half up/half down with bow, or Hair down
Games	High ponytail with bow, or Half up/half down with bow, or mid - ponytail with bow
Parades, Competition, pep rallies, etc.	High ponytail with bow, or Half up/half down with bow, or mid - ponytail with bow

- c) General Guidelines
 - i) Hair must be pulled back completely and tightly secured and not fall or become loose while performing cheer activities, i.e. stunting, jumping, tumbling.
 - ii) Hair must not have wisps/loose hair falling around the face.
 - iii) Bows will be worn at every performance or event, regardless of hair length, and must be facing forward and pinned.
 - iv) A braid or twist leading into the ponytail is not permitted.
 - v) Extensions must be blended and be the same color as your natural hair.
 - vi) Braids must be able to be styled in the required hairstyles.
 - (1) Box braids are ideal for hair to be pulled back into a high ponytail or half up/half down style.
 - (2) Corn Rows must be styled in a way that will go into a high ponytail or half up/half down style, depending on what the coach has requested for that week's events.
 - vii) Sew-in or quick weaves must be able to be pulled back into a high ponytail or half up/half down style depending on what the coach has requested for that week's events.
 - viii) No wigs will be allowed (ex. Medical).
 - ix) No unnatural hair color will be allowed at performances/events. If you are unsure please ask your coach first.
 - x) Beads worn in hair are permitted, if they are worn in a manner that does not interfere with the safe execution of stunting or tumbling. The beads must be school colors (clear, royal blue, goldenrod, white).

2) Make-up Expectations

a)

Event	
Game Day @ School	Natural
Games	Mascara/natural lashes Pink or red lip color Face paint Glitter
Parades, Competition, etc.	Mascara/natural lashes Pink or red lip color

b) General Guidelines

- i) Make-up must be age-appropriate and natural-looking. If you have any questions, please ask your coach.
- ii) Make-up must compliment the Cheer uniform.
- iii) Lashes should look natural and be of natural color and length (no longer than 9mm).
- iv) Lip color should be a pink or red shade that compliments your skin tone.

3) Fingernail Expectations

- a) Nails must be a “sports length” throughout the year.
- b) For practices, games, performances, and competitions, nails must be a neutral color (french tip, clear, or nude).

4) Jewelry Expectations

- a) Jewelry is not permitted during practices, games, performances, and competitions. This includes but is not limited to: earrings, nose rings, necklaces, belly rings, bracelets, rings, and anklets.
- b) Band-aids will not be used to cover piercings. Members may use spacers and should schedule fresh piercings around the cheer calendar.

The coach reserves the right to instruct the cheerleader to fix their hair, make-up, fingernails, and/or jewelry and issue demerits if the cheerleader is not in compliance.

Any violation of the Lyles Cheer Standard of Uniformity will result in demerits that cannot be removed by merit points.

Always communicate with your coach if you are unsure about any of these expectations.

Cheer Expectations

1) Cheer Camp

- a) Camp is mandatory for all members of Lyles Cheer. It is our opportunity to build strong bonds and grow through adversity.
- b) Not attending camp will result in removal from the team.

2) Communication

- a) Members of Lyles Cheer and their parents/guardians are expected to use the SportsYou app to communicate.
- b) The calendar will be in SportYou. Members and their parents/guardians will be expected to check the calendar regularly.

3) Attendance

- a) Members of Cheer are expected to notify their coach **in writing, at least 5 days in advance**, of any tardies or absences.
- b) Regardless if the tardy/absence is excused or unexcused, the member may be removed from the performance.

4) Outside Activities

- a) If the candidate makes the cheer squad, they must complete their commitment to cheerleading before being released to any other activity they will be participating in. (This includes all-star cheer).
- b) The cheerleader must work out the conflicts with both coaches and provide a conflict calendar PRIOR to the event.
 - i) ****THERE MUST BE A 50/50 SPLIT IN AFTER SCHOOL EVENTS BETWEEN TIME FOR CHEER AND THE SPORT/SCHOOL-SPONSORED CLUB/ORGANIZATION.**
 - ii) Communication must be initiated by the cheerleader.

5) Transportation

- a) Parents are expected to transport their cheerleader to and from games/competitions/performances/events. NO Bus transportation provided.
- b) All members are to be picked up after games, competitions, performances, events no later than 15 minutes after being dismissed by the teacher. Be respectful of the teacher's time and contact the teacher if you are running late to pick up your student.
 - i) Repeated tardiness of pick up will result in a principal/teacher review with the parent/guardian and benching or removal may be possible.

Cheer Estimated Costs

It is the responsibility of each cheerleader to meet all financial obligations. Every effort is made to make all expenses minimal. Failure to meet the stated financial obligations will result in a principal review which may lead to removal from the squad.

Estimated Costs for LMS Cheer 26-27

The estimated fees for cheerleading during the 26-27 school year is **\$250**.

The stated cost includes:	Other Miscellaneous Expenses
Backpack	Camp gifts
Camp T-Shirts	Team Bonding
Camp Shorts	Mums
Warm Up Jacket & Pants	Holiday Dinner
Cheer Shoes	End of the year Banquet
Long Sleeve uniform half top	Pink out Shirt
Bow	Tumbling Classes
Socks	Additional Camp
Poms	Football Game Day Lunches
Briefs	

***Details will be available after tryouts regarding the opportunity for fundraising to assist in costs.

No personal checks will be accepted.

Cashier's checks or credit cards are accepted from our vendor for the warmups/camp clothing costs.

Required items that are not part of the above mentioned costs:

- All candidates who make the squad will need to purchase a **solid black, racer back sports bra** on their own that they must wear to the uniform fitting.
 - Sponsors will approve that the sports bra does not show while wearing the uniform
- Camp lunches

Football Season runs September-November. We will have at least one practice and one game to attend each week. Basketball Season runs November-February. We will have **at least** one practice and one game to attend each week. Competition is in February. It is mandatory for all Cheerleaders to participate and attend all competition practices.

- **Members will not receive any items until the respective balance has been paid in full, and therefore will not be able to perform until payment is received.**
- **GISD provides uniforms, but the cheerleader is responsible for any damages to the uniforms that may have occurred throughout the year.**

If you have any questions please contact: Coach Jenkins sjenkins@garlandisd.net or Coach Bee CBee@garlandisd.net

GISD Cheering Activities

In accordance with UIL rules, middle school cheerleading squads are only permitted to cheer at one contest per school week. It would not be a violation for cheerleaders to cheer at a double header (two contests at the same site on one school night) or to participate in a pep rally prior to a contest and also lead cheers at the contest even though both occur during the school week. Friday night and weekend contests do not count toward the one contest per week rule.

CHEERLEADER COMPETITION

The expectation is that all cheerleaders will participate in competition. Failure to commit and participate in competition(s) will result in removal at semester. Tryouts may be held to determine competition groups etc. A separate handbook, approved by the campus principal, will be given to each competition member. Each Middle school team is required to attend the GISD Cheer Classic.

FOOTBALL

A. Cheerleaders`will cheer at all games.

BASKETBALL

A. All district varsity boys and girls games should be covered. Squad assignments will be at the discretion of the campus administration and the sponsor.

B.Exceptions to the above rules are as follows:

a. No out of town games on Monday through Thursday nights.

b.No cheering during the holiday break.

C. Playoff games should be covered.

OTHER ACTIVITIES

Additional activities such as community events, etc. will be at the discretion of the sponsor and the campus principal.

Cheerleaders are required to attend each of these events.

Cheer Candidate Checklist

Candidate Name:

To receive the points on your pre-score, all applications are **due by 4:30 pm on March 20th, 2026** to Coach Jenkins (Room F6). Application materials are to be complete and turned in before your participation in clinics. You need the following documents ALL COMPLETED in order and stapled together along with the checklist below. Failure to turn in by the deadline, absence from the clinics for any reason (other than with a doctor's note) will result in points deducted from your pre-score.

_____ Cheer Candidate Checklist

_____ GISD Cheerleader Application

_____ Social Media Contract and Picture/Video Form

_____ GISD Handbook Signature Pages

_____ 1st Semester & 3rd Cycle Grades

_____ Attendance and Discipline Profile (acquired from school's attendance office)

_____ Media Release Form

_____ Pre-Participation Physical Form - New complete physicals will be due on or after April 1, but before our first practice.

_____ Concussion Acknowledgement Form

_____ Cardiac Awareness Form

GISD Cheer Application

Please print legibly and neatly.

Name_____

ID#_____

Grade Next Yr._____

Age_____

Phone_____

Address_____

City_____

Zip_____

Email_____

School Enrolled for Next Yr._____

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the squad are expected to maintain their commitment to the activity for the full cheerleading year. **Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties.** Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to try out for the next year on any GISD campus.

I understand the above and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Student Signature_____

Parent/Guardian_____

For parents/guardians: I understand that I/we will not be allowed in the building on the day of the tryouts.

Parent/Guardian_____

Social Media Contract

Maintaining a higher standard of conduct will also include ensuring the GISD/Fine Arts Students' websites are appropriate. The internet is a worldwide, publicly accessible form of communication. Therefore, any communication such as Twitter, YouTube, Instagram, SnapChat, Vines, Tumblr, or any other photo/video sharing or social media site, etc. appearing on the internet is public domain, even if it is marked private. Per the GISD Code of Conduct, students are responsible for their personal websites and postings on others' websites. The areas of appropriateness will include, but not limited to, the following: language, sexual or other (abbreviated or alluding to); pictures, reference to sexually explicit conduct or content, bullying/harassment within school and to other campuses, clothing, alcohol, drugs, and/or tobacco, which includes e-cigs and vapes. Excessive amounts of postings during the school day and posting updates in the middle of the school day is unacceptable and will be considered if a principal/teacher review takes place. Messages, Snap Chats, pictures, etc. sent via text messages or any other form of communication can be used as a screenshot and therefore can be considered public domain. By sending any content electronically to someone else, you are giving them permission to use that information as they see fit so please be aware of what you are sending and to whom you are sending it to at any time. Any question of appropriateness will be decided by the principal and teacher.

Students selected as Fine Arts student performers must recognize this distinction as an honor and privilege and must be held accountable to a greater standard than that of the general school population. A student has no ordained right to participate in Fine Arts. It is a privilege that has been granted to the student and it is possible that the privilege can be taken away. In addition to the GISD Fine Arts Handbook, GISD Code of Conduct, and the standards outlined in the Fine Arts Code of Conduct will be in effect twenty-four hours a day, seven days a week, twelve months a year, in season and out of season, whether in school or school is not in session.

Signature

Date

Parent

Cheerleader's Signature

Date

Garland Independent School District Fine Arts Handbook

Permission, Commitment, and Signature Page

Student Name (Please Print) _____

Legal Parent/Guardian (Please Print) _____

Check the Fine Arts Group you are auditioning for/joining: Dance: _____ Cheer _____

Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.

Candidate/Member:

_____ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

_____ I understand that the judges' decision is final.

_____ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

_____ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access www.garlandisd.com)

_____ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

_____ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

_____ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIIL Regulations).

_____ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

_____ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences.

_____ I understand that I may be required to ride to and from some events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

_____ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

_____ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

_____ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

Legal Parent/Guardian:

_____ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

_____ I understand the judges' decision is final.

_____ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

If you have any questions please contact: Coach Jenkins sjenkins@garlandisd.net or Coach Bee CBee@garlandisd.net

_____ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access www.garlandisd.net)

_____ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

_____ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

_____ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

_____ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

_____ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

_____ I understand that my student may be required to ride to and from some events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

_____ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts Group.

_____ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

_____ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

Parent/Guardian Printed Name

Parent/Guardian Signature

___/___/___
Date

Cheerleader Printed Name

Cheerleader's Signature

___/___/___
Date

Video, Image, and Audio Release Form

I _____ parent/guardian of _____ give my consent for photographs, video images, and/or voice to be utilized for advertising, illustration, or publication on campus, district, and/or local media TV stations for Garland ISD as appropriate. This includes but is not limited to GRS-TV, newspaper, daily announcements, advertising, and local news stations.

Parent Signature

Date

Pre-Participation Physical Form

INSERT HERE

Concussion Acknowledgment Form

INSERT HERE

Cardiac Awareness Form

INSERT HERE

Candidate Release Form-Parent/Guardian

My child, _____, has my permission to be a Cheerleader at Lyles Middle School.

(Please initial in spaces provided)

_____ I understand that he/she must abide by the rules and regulations set forth by the sponsors and principal of Lyles Middle School and be present for all practices and games.

_____ It is my responsibility to have my child at all functions on time! In case of an emergency, I give permission for my child to ride with another parent when necessary.

_____ I have read the rules and regulations and understand that the violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____ I understand that qualified judges will evaluate my daughter/son and we agree to abide by the decision of the judges.

_____ I understand that if I have any concerns about the decisions made by the sponsor, I will contact that sponsor first. Only after contacting the sponsor, may I contact the Asst Principal, Mrs. Craig..

_____ I understand the costs involved and my responsibility to meet all financial obligations by the deadlines set by LMS.

_____ I understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of injury. Cheerleading activities require learned skills and behaviors. These will be taught, practiced, and documented as each participant achieves mastery prior to the performance of each skill. It should be made clear that even though mastery of objectives and skills has been reached, and safety precautions enforced, accidents still may occur. No matter how careful the participants and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and do hereby release Garland Independent School District and its employees from any liability due to accident, injury or illness should it occur.

_____ I agree to support my child's efforts wholeheartedly throughout the season.

_____ As a Cheerleader, your child is covered at school-sponsored events by the school insurance, providing that the proper GISD channels are followed. However, you are encouraged to have your own insurance or take the additional school insurance.

_____ Upon being selected as a Cheerleader your child must present evidence of a current medical, physical examination.

_____ I understand that the demerit point system will be followed with consistency.

_____ I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

_____ I will ensure that the GISD-issued uniform is returned at the end of the season by the date specified by the sponsor; if lost or brought back in an unsatisfactory condition, **\$100** will be due that day to purchase a replacement.

I have read the attached information packet and cheerleading constitution and rules. I also understand that every member of the cheerleading squad will be expected to follow these rules and regulations, and I agree to abide by these regulations. I understand I will not be allowed in the building on the day of tryouts. I understand that it is my responsibility to provide transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines for my child. I understand that it is my responsibility to meet all financial obligations by the deadlines set forth by Lyles Middle School. Furthermore, I understand that being a cheerleader involves inherent risks, which could cause serious or catastrophic injuries or even death. I have also read and understand the GISD insurance disclaimer. I understand that if I have any questions or concerns regarding cheerleading, I should contact the appropriate sponsor first. I understand and agree to abide by the GISD cheerleading constitution. Furthermore, I give my consent for the above named student to represent Lyles as a cheerleader and participate in extracurricular activities with knowledge of the responsibilities, conduct expectations and risks involved with being a LMS cheerleader.

_____/_____/_____
Parent/Guardian Date

_____/_____/_____
Parent/Guardian Date

Candidate Agreement

(Please initial in spaces provided)

_____ I understand that I must abide by the rules and regulations set forth by the sponsor and principal of Lyles Collegiate Middle School and be present for all practices and games.

_____ It is my responsibility to be at all functions on time!

_____ I have read the rules and regulations within this packet and the Garland ISD cheer constitution and understand that violation of any of these rules may lead to a temporary or permanent suspension from the squad.

_____ I understand the risks inherent to this sport.

_____ I promise to cooperate and follow the instructions of the cheerleading sponsors and head cheerleaders at all times.

_____ I understand that the demerit point system will be followed with consistency.

_____ I understand that all final decisions regarding uniform, practices, and consequences are up to the sponsors and principal.

_____ I understand that cheerleaders and spirit groups exist to promote good sportsmanship, good citizenship, wholesome and enthusiastic school spirit, and cooperation both within the schools and among schools. Members of these groups have a fundamental responsibility to play a leadership role in helping the school to achieve the worthwhile objectives of the school's activities.

_____ I understand that I am to behave in a manner that is becoming to me as an individual, as well as to the organization I represent. I should be aware that in or out of uniform I am a representative of the cheerleading squad, Lyles Collegiate Middle School, and I agree to act accordingly.

I will:

- Be a leader and set an example for those around me.
- Remember SAFETY FIRST!!! NO COACH - NO PRACTICE!!!
- Follow a workout program designed for the development of strength in order to: prevent injury; increase strength and coordination, endurance, flexibility and confidence.
- Keep track of my academic progress (know when I need to get help or attend tutorials). I know that if I am not passing my classes, I am placing an undue burden on the rest of my squad.
- Attend and be on time to all practices and games.
- Promote school spirit.
- Remember that I am a member of a TEAM and there is no "I" in team.
- Give respect to ALL adults.
- HAVE FUN!!!

I, _____, am trying out for the position of cheerleader. I am aware of the time involved in being a LMS cheerleader. I am prepared to give 100% and have a positive attitude throughout the year. I understand that my obligations as a cheerleader do not begin and end with football season, but begin with cheerleader tryouts and continue throughout the entire school year. Furthermore, I understand that it is my responsibility to provide my own transportation to and from cheerleader practices and events unless a bus is provided under the GISD guidelines. I understand that as a cheerleader I am expected to behave in a manner that is becoming to me, as well as, to my squad. I also realize that grades are very important and that it is my responsibility to remain eligible. It wastes time, money, and energy when I am unable to perform. I have read and understand the attached information packet and GISD cheerleading constitution and rules. Furthermore, I have read the Cheerleader's Code of Conduct and understand my responsibility as a Lyles Cheerleader. I agree to follow and abide by all of these rules and regulations.

Cheerleader's Signature

____/____/____
Date