

# *Cheerleading Tryout Packet*

2026-2027



*"Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine."*

**-Roy T. Bennett**

# Table of Contents

Page 2	Letter to the Candidates and their Parents
Page 3	Important Mandatory Dates
Page 4	Tryout Clinic Information
Page 5	Tryout Day Dress Code
Page 5	Tryout Day Information
Page 6	Tryout Sequence of Events
Page 7	Tryout Judging Criteria
Page 8	Cheer Standard of Uniformity
Page 10	Cheer Expectations
Page 11	Cheer Estimated Costs
Page 12	GISD Cheer Activities
Page 13	Tryout Checklist
Page 14	GISD Cheer Application
Page 15	Social Media Contract
Page 16	GISD Handbook Signature Page
Page 18	JV Consent Form
Page 19	Media Release Form
Page 20	Pre-Participation Physical Form
Page 22	Concussion Acknowledgment Form

Dear Tryout Candidate and Parents/Guardians,

Thank you for your interest in the Lakeview Centennial Patriot Cheer Program. Members of this program **earn the privilege** to promote school spirit and sportsmanship on our campus and in the community.

Cheerleading is a **year-round** sport and requires **commitment**. **Cheer must be the top priority for those involved in multiple activities**. So, we want to ensure that you, as parents/guardians and prospective cheerleaders, are aware of what it takes to be a member of the LC Patriot Cheer Program. Candidates selected to be a member of Patriot Cheer are expected to commit **for the full cheerleading year (tryout date to tryout date)**. We cheer for multiple sports throughout the year, organize pep rallies, participate in parades, compete, host fundraisers, and much more. You must be willing to give your time and energy to **all** of our cheerleading obligations.

Members of our Cheer Program are also expected to be **leaders** for the student body by serving others and setting an example of good character. They will be held to **high academic and behavioral standards**, different from the average student. This packet and the GISD Fine Arts Handbook both outline expectations. We take pride in our program and expect cheerleaders to **represent LCHS and GISD in a positive light**.

Lastly, we hope that you will discuss the expectations and level of commitment necessary to be a Patriot Cheerleader with your son/daughter. The LC Patriot Cheer Program is a **worthwhile** organization that provides countless opportunities for members to develop and enrich qualities that will prove beneficial later in life.

We wish you the best in your tryout experience! Please do not hesitate to email us with any questions or concerns.

Good luck!

Coach Parker - Head Cheer Coach

[bwpark@garlandisd.net](mailto:bwpark@garlandisd.net)

**GISD 25-26 Fine Arts Handbook:**

<https://garlandisd.net/media/19482/download?inline>

**National Federation of State High School Associations:**

<https://www.nfhs.org/activities-sports/spirit/>

- Please read this packet in its entirety.
- Both the candidate and parent/guardian must sign all forms included in this packet.
- Join the LC Patriot Cheer Tryout Band group with the QR code below for updates and communication



## *Important Dates - Important Dates - Important Dates*

When	Where	What
<p><b>March 2, 2026</b> Monday 6:30pm-8pm</p> <p style="text-align: center;"><b>OR</b></p> <p><b>March 25, 2026</b> Wednesday 6:30pm-8pm</p>	<p>LCHS Cafeteria</p>	<p style="text-align: center;"><b>Mandatory Informational Meeting</b></p> <p style="text-align: center;"><b>All candidates and at least one parent/guardian <u>must</u> attend</b> in order to tryout for LC Patriot Cheer</p> <p style="text-align: center;"><i>Attendance will be taken, and the doors will lock 5 minutes after start time.</i></p>
<p><b>March 31, 2026</b> Tuesday</p>	<p style="text-align: center;">Coach Parker LCHS Room 1246</p> <p style="text-align: center;">Coach Flack LCHS Room 1119</p>	<p style="text-align: center;"><b>Tryout Packet Due by 3:00pm</b></p> <p>Under <b>no circumstance</b> will late or incomplete applications be accepted. Packets may be submitted before March 31, 2026 but not after.</p> <p style="text-align: center;"><b>*Packets <u>MAY NOT</u> be submitted electronically (email, Band)*</b></p>
<p><b>April 6-8, 2026</b> Monday - Wednesday 5:30pm-7:30pm</p> <p><b>April 9, 2026</b> Thursday 5:30pm-8:30pm</p>	<p>LCHS Small Gym</p>	<p style="text-align: center;"><b>Mandatory Tryout Clinic</b> Registration begins at 5:00pm</p> <p><b>Mon/Tues/Wed:</b> Learn material (school-appropriate t-shirt &amp; athletic shorts with athletic shoes)</p> <p style="text-align: center;"><i>Tryout numbers will be assigned on Tuesday. Wednesday = OPTIONAL Open Gym</i></p> <p><b>Thursday:</b> Mock tryouts (wear tryout attire)</p>
<p><b>April 11, 2026</b> Saturday 11:00am - 2:00pm</p>	<p>Garland High School 310 S. Garland Ave. Garland, TX 75041</p>	<p style="text-align: center;"><b>LC Patriot Cheer Tryouts</b></p> <p style="text-align: center;">Solid white t-shirt &amp; black shorts with athletic shoes, no bow</p>
<p><b>April 15, 2026</b> Wednesday 6:30pm - 8:30pm</p>	<p>LCHS Library</p>	<p style="text-align: center;"><b>Mandatory MADE IT! Meeting</b></p> <p>2025-26 Cheerleaders and at least one Parent/Guardian <b><u>must</u></b> attend</p> <p>Purchase reusable attire approved by respective coach</p> <p style="text-align: center;"><b>Payment #1 due (Cash/M.O.) - \$650 (camp)</b></p>
<p><b>April 20, 2026</b> Monday 3:00pm-4:30pm (V) 4:30pm-6pm (JV)</p>	<p>LCHS Library</p>	<p style="text-align: center;"><b>Fittings</b></p> <p style="text-align: center;">Mandatory for all squads</p> <p>Parents/Guardians will not be permitted to enter the library during fittings</p>

<b>April/May 2026</b> Mondays/Wednesdays 5:30pm-7:30pm	LCHS Commons LCHS Small Gym LCHS Main Gym LCHS Tennis Court	<b>Spring Practice 2026</b> Mondays: 4/27, 5/4, 5/11, 5/18 Wednesdays: 4/29, 5/6 <b>5/18 - Payment #2 due (online) - \$600 (practice gear)</b> Prices will vary by cheerleader but will not exceed \$600.
<b>May 13, 2026</b>	HBJ Stadium	<b>Spring Game</b> ALL Cheerleaders attend this game
<b>May 30, 2025</b> Saturday	TBD	<b>Volunteer at Garland Track Club Track Meet</b>
<b>July 2026</b> 10am - 1pm	LCHS Gym	<b>ALL Practice</b> Mondays: 6/29, 7/6, 7/20 Wednesdays: 7/1, 7/8, 7/22 <b>6/29 - Payment #3 due (online) - \$400 (game day gear)</b> Prices will vary by cheerleader but will not exceed \$400.
<b>July 13-15, 2026</b> Monday - Wednesday	Garland High School	<b>UCA Cheer Camp - JV</b> Mandatory for all 2026-27 JV Patriot Cheerleaders. Parents may attend show-offs/awards on the final day of camp. Cheerleaders are responsible for their rides to and from cheer camp.
<b>July 25-28, 2026</b> Saturday - Tuesday	Great Wolf Lodge	<b>UCA Cheer Camp - Varsity</b> Mandatory for all 2026-27 Varsity Patriot Cheerleaders. Parents may attend show-offs/awards on the final day of camp. We will take a GISD bus to and from camp.
<b>August 31, 2026</b> Wednesday 5:30pm - 7:30pm		<b>Summer Practice</b>  <b>8/31 - Payment #4 due (online) - \$200 (winter gear)</b>
<b>August 2026</b> TBD	LCHS	<b>Fish Camp &amp; Community Pep Rally</b>
<b>September ,7 2026</b> Monday	Garland, TX	<b>Labor Day Parade</b>
<b>November &amp; December 2026</b>	TBD	<b>Competitions TBD</b> <b>GISD UIL Show-Offs</b>
<b>January 15-17, 2027</b> (January 17, 2027)	Ft Worth Convention Center	<b>2026 UIL Spirit State Championship</b>
<b>February 2026</b>	Garland, TX	<b>GISD Middle School Cheer Classic</b>

- **The cheer calendar is subject to change.**
- **The cheer calendar is demanding, and all events are mandatory.**

# Tryout Clinic Information

**What:** Clinic - Tryout material will be taught

**When:** Monday, April 6, 2026 through Wednesday, April 8, 2026  
5:30pm - 7:30pm

Thursday, April 9, 2025  
5:30pm - 8:30pm

**Candidates must attend Monday, Tuesday, & Thursday of the clinic to be eligible to try out.**

**Where:** Lakeview Centennial Small Gym

**Attire:** School-appropriate t-shirt, no crop tops or bra tops  
Athletic shorts  
Athletic shoes  
Hair in a secure ponytail  
No jewelry of any kind, including nose rings, belly rings, earrings, necklaces, etc.

**Agenda:**

4/6/26	4/7/26	4/8/26	4/9/26
Learn cheer Learn dance	Clean cheer Clean dance	OPTIONAL Open Gym	Mock tryouts

**Candidates:** Returning GISD students - you must have been selected and been accepted to Lakeview for the 2026-27 school year.

New to GISD - Make sure you have contacted Student Services and have pre-enrolled for LCHS. Documentation is required.

**All paperwork must be turned in by Tuesday, March 31, 2026, by 3:00pm to participate in the clinic and try out for the 26-27 team. Packets MAY NOT be submitted electronically.**

→ **The Tryout Clinic is open to eligible candidates only, and closed to the public. No parents, friends, or ineligible candidates are allowed to attend.**

# Tryout Day Dress Code

All candidates must wear:

- ★ Solid white t-shirt (no visible logo), shirts should be tucked in
- ★ Solid black shorts
- ★ White socks
- ★ White athletic or cheer shoes
- ★ Supportive undergarments
- ★ Hair must be in a secure high ponytail, out of the candidate's face. To ensure uniformity, no hair bows, ribbons, or any other accessories will be permitted.
- ★ Natural makeup - at the very least, pink or red toned lips and mascara or natural-looking eyelashes.
- ★ No jewelry allowed, including earrings, nose rings, necklaces, belly rings, bracelets, etc.
- ★ Fingernails - "sports" length, neutral color (french tip, clear, or nude)

# Tryout Day Information

**What:** GISD Cheer Tryouts

**When:** Saturday, April 11, 2026

12:30pm - 1:00pm

Warm-up in designated area

1:00pm - 3:30pm

Tryout time

**Where:** Garland High School  
310 S. Garland Ave.  
Garland, TX 75040

**These tryouts are closed to the public.** No parents or friends will be allowed in the building at any time during tryouts. No exceptions. Candidates do not leave until they are dismissed.

Three judges will be hired and compensated by the Director of Fine Arts for tryouts. Efforts will be made to reflect the diversity of the campus in selection of judges. Professional judges with outstanding credentials and references will be hired for all tryouts. They will be instructed to judge the candidates based only on the mastery of the skills that they see demonstrated during the tryouts.

More information regarding tryouts, scores, and notification can be found in the GISD Fine Arts Handbook.

# Tryout Sequence of Events

**The whole group of candidates will enter together and perform as a whole group to show the judges the material first.**

## **TUMBLING**

Groups will enter the gym and line up on the short end of the mat. Each candidate will be asked if they have tumbling skills to demonstrate. Afterwards, students will line up in numerical order in the middle of the mats.

## **INDIVIDUAL JUMPS:**

Once the nod has been given, the candidate should do whatever jump they wish to do first and then wait for a nod before doing their second jump and then their third jump, giving the judges time to score each jump. Each high school candidate must perform a toe touch, a right hurdler, a left hurdler, and a jump of their choice. The jump of their choice can include, but is not limited to, a jump that they have already performed.

## **GROUP DANCE AND CHEER:**

Once the nod has been given, the school representative should start the music for the dance. The cheer will have a section(s) incorporating a jump(s) and/or tumbling. Candidates will be scored based on difficulty and execution. Candidates will also be judged on their smile, motion technique and voice projection during this time.

# Tryout Judging Criteria

<b>Tumbling 10 pts.</b>	<b>Jumps</b>	<b>Incorporation 10 pts.</b>																																																		
<p><small>*If a skill is not executed properly, then points may be deducted into a lower scale</small></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">0</td><td style="text-align: center;">None</td></tr> <tr><td style="text-align: center;">1</td><td style="text-align: center;">Cartwheel</td></tr> <tr><td style="text-align: center;">2</td><td style="text-align: center;">Round off</td></tr> <tr><td style="text-align: center;">3</td><td style="text-align: center;">Back walkover/Front walkover</td></tr> <tr><td style="text-align: center;">4</td><td style="text-align: center;">Round off 1 BHS</td></tr> <tr><td style="text-align: center;">5</td><td style="text-align: center;">Round off series BHS</td></tr> <tr><td style="text-align: center;">6</td><td style="text-align: center;">Round off BHS tuck/layout</td></tr> <tr><td style="text-align: center;">7</td><td style="text-align: center;">Standing BHS</td></tr> <tr><td style="text-align: center;">8</td><td style="text-align: center;">Back handspring to back tuck</td></tr> <tr><td style="text-align: center;">9</td><td style="text-align: center;">Standing back</td></tr> <tr><td style="text-align: center;">10</td><td style="text-align: center;">Standing full</td></tr> </table>	0	None	1	Cartwheel	2	Round off	3	Back walkover/Front walkover	4	Round off 1 BHS	5	Round off series BHS	6	Round off BHS tuck/layout	7	Standing BHS	8	Back handspring to back tuck	9	Standing back	10	Standing full	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Below level jumps ^</td> </tr> <tr> <td style="text-align: center;">4-6</td> <td style="text-align: center;">Level jumps —</td> </tr> <tr> <td style="text-align: center;">7-10</td> <td style="text-align: center;">Above level jumps v</td> </tr> </table> <p style="text-align: center;">Toe touch- 10 pts. Right Hurdler/Herkie- 10 pts. Left Hurdler/Herkie- 10 pts.</p>	1-3	Below level jumps ^	4-6	Level jumps —	7-10	Above level jumps v	<p><small>*If a skill is not executed properly, then points may be deducted into a lower scale</small></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">0</td><td style="text-align: center;">No incorporation</td></tr> <tr><td style="text-align: center;">1</td><td style="text-align: center;">Toe touch x1/prop inc. poor</td></tr> <tr><td style="text-align: center;">2</td><td style="text-align: center;">Toe touch x2/prop inc. good</td></tr> <tr><td style="text-align: center;">3</td><td style="text-align: center;">Standing back handspring poor</td></tr> <tr><td style="text-align: center;">4</td><td style="text-align: center;">Standing back handspring good</td></tr> <tr><td style="text-align: center;">5</td><td style="text-align: center;">Jump to back handspring poor</td></tr> <tr><td style="text-align: center;">6</td><td style="text-align: center;">Jump to back handspring good</td></tr> <tr><td style="text-align: center;">7</td><td style="text-align: center;">Back tuck or back handspring to tuck poor</td></tr> <tr><td style="text-align: center;">8</td><td style="text-align: center;">Back tuck or back handspring to tuck good</td></tr> <tr><td style="text-align: center;">9</td><td style="text-align: center;">Jump to BHS tuck series poor</td></tr> <tr><td style="text-align: center;">10</td><td style="text-align: center;">Jump to BHS tuck series good</td></tr> </table>	0	No incorporation	1	Toe touch x1/prop inc. poor	2	Toe touch x2/prop inc. good	3	Standing back handspring poor	4	Standing back handspring good	5	Jump to back handspring poor	6	Jump to back handspring good	7	Back tuck or back handspring to tuck poor	8	Back tuck or back handspring to tuck good	9	Jump to BHS tuck series poor	10	Jump to BHS tuck series good
0	None																																																			
1	Cartwheel																																																			
2	Round off																																																			
3	Back walkover/Front walkover																																																			
4	Round off 1 BHS																																																			
5	Round off series BHS																																																			
6	Round off BHS tuck/layout																																																			
7	Standing BHS																																																			
8	Back handspring to back tuck																																																			
9	Standing back																																																			
10	Standing full																																																			
1-3	Below level jumps ^																																																			
4-6	Level jumps —																																																			
7-10	Above level jumps v																																																			
0	No incorporation																																																			
1	Toe touch x1/prop inc. poor																																																			
2	Toe touch x2/prop inc. good																																																			
3	Standing back handspring poor																																																			
4	Standing back handspring good																																																			
5	Jump to back handspring poor																																																			
6	Jump to back handspring good																																																			
7	Back tuck or back handspring to tuck poor																																																			
8	Back tuck or back handspring to tuck good																																																			
9	Jump to BHS tuck series poor																																																			
10	Jump to BHS tuck series good																																																			

<b>Dance</b>	<b>Spirit</b>	<b>Cheer</b>																												
<p style="text-align: center;">Motion Technique 10 pts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1-3</td><td style="text-align: center;">Motion levels off, lacking in sharpness, missed motions</td></tr> <tr><td style="text-align: center;">4-7</td><td style="text-align: center;">Average motion levels, needing more sharpness</td></tr> <tr><td style="text-align: center;">8-10</td><td style="text-align: center;">Good motion levels, sharp, exhibits individuality</td></tr> </table> <p style="text-align: center;">Timing 10 pts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1-3</td><td style="text-align: center;">Timing off throughout</td></tr> <tr><td style="text-align: center;">4-7</td><td style="text-align: center;">Ok timing</td></tr> <tr><td style="text-align: center;">8-10</td><td style="text-align: center;">Good timing with group</td></tr> </table>	1-3	Motion levels off, lacking in sharpness, missed motions	4-7	Average motion levels, needing more sharpness	8-10	Good motion levels, sharp, exhibits individuality	1-3	Timing off throughout	4-7	Ok timing	8-10	Good timing with group	<p style="text-align: center;">Spirit/Enthusiasm 10 pts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1-5</td><td style="text-align: center;">No energy/No smile/ No spirit</td></tr> <tr><td style="text-align: center;">6-10</td><td style="text-align: center;">Energetic/Smiling/ Loud spiriting</td></tr> </table>	1-5	No energy/No smile/ No spirit	6-10	Energetic/Smiling/ Loud spiriting	<p style="text-align: center;">Motion Technique 10 pts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1-3</td><td style="text-align: center;">Motion levels off, lacking in sharpness, missed motions</td></tr> <tr><td style="text-align: center;">4-7</td><td style="text-align: center;">Average motion levels, needing more sharpness</td></tr> <tr><td style="text-align: center;">8-10</td><td style="text-align: center;">Good motion levels, sharp, exhibits individuality</td></tr> </table> <p style="text-align: center;">Voice Projection 10 pts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1-3</td><td style="text-align: center;">Soft/speaking words</td></tr> <tr><td style="text-align: center;">4-7</td><td style="text-align: center;">Saying words loud/yelling words without enthusiasm</td></tr> <tr><td style="text-align: center;">8-10</td><td style="text-align: center;">Yelling words with enthusiasm and inflection</td></tr> </table>	1-3	Motion levels off, lacking in sharpness, missed motions	4-7	Average motion levels, needing more sharpness	8-10	Good motion levels, sharp, exhibits individuality	1-3	Soft/speaking words	4-7	Saying words loud/yelling words without enthusiasm	8-10	Yelling words with enthusiasm and inflection
1-3	Motion levels off, lacking in sharpness, missed motions																													
4-7	Average motion levels, needing more sharpness																													
8-10	Good motion levels, sharp, exhibits individuality																													
1-3	Timing off throughout																													
4-7	Ok timing																													
8-10	Good timing with group																													
1-5	No energy/No smile/ No spirit																													
6-10	Energetic/Smiling/ Loud spiriting																													
1-3	Motion levels off, lacking in sharpness, missed motions																													
4-7	Average motion levels, needing more sharpness																													
8-10	Good motion levels, sharp, exhibits individuality																													
1-3	Soft/speaking words																													
4-7	Saying words loud/yelling words without enthusiasm																													
8-10	Yelling words with enthusiasm and inflection																													

# Garland ISD High School Cheer Tryout Criteria

<b>Tumbling 10 pts.</b>	<b>Jumps</b>	<b>Incorporation 10 pts.</b>																																																		
<p><i>*If a skill is not executed properly, then points may be deducted into a lower scale</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">0</td><td style="text-align: center;">None</td></tr> <tr><td style="text-align: center;">1</td><td style="text-align: center;">Cartwheel</td></tr> <tr><td style="text-align: center;">2</td><td style="text-align: center;">Round off</td></tr> <tr><td style="text-align: center;">3</td><td style="text-align: center;">Back walkover/Front walkover</td></tr> <tr><td style="text-align: center;">4</td><td style="text-align: center;">Round off 1 BHS</td></tr> <tr><td style="text-align: center;">5</td><td style="text-align: center;">Round off series BHS</td></tr> <tr><td style="text-align: center;">6</td><td style="text-align: center;">Round off BHS tuck/layout</td></tr> <tr><td style="text-align: center;">7</td><td style="text-align: center;">Standing BHS</td></tr> <tr><td style="text-align: center;">8</td><td style="text-align: center;">Back handspring to back tuck</td></tr> <tr><td style="text-align: center;">9</td><td style="text-align: center;">Standing back</td></tr> <tr><td style="text-align: center;">10</td><td style="text-align: center;">Standing full</td></tr> </table>	0	None	1	Cartwheel	2	Round off	3	Back walkover/Front walkover	4	Round off 1 BHS	5	Round off series BHS	6	Round off BHS tuck/layout	7	Standing BHS	8	Back handspring to back tuck	9	Standing back	10	Standing full	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Below level jumps ^</td> </tr> <tr> <td style="text-align: center;">4-6</td> <td style="text-align: center;">Level jumps —</td> </tr> <tr> <td style="text-align: center;">7-10</td> <td style="text-align: center;">Above level jumps v</td> </tr> </table> <p style="text-align: center;">Toe touch- 10 pts.</p> <p style="text-align: center;">Right Hurdler - 10 pts.</p> <p style="text-align: center;">Left Hurdler - 10 pts.</p>	1-3	Below level jumps ^	4-6	Level jumps —	7-10	Above level jumps v	<p><i>*If a skill is not executed properly, then points may be deducted into a lower scale</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">0</td><td style="text-align: center;">No incorporation</td></tr> <tr><td style="text-align: center;">1</td><td style="text-align: center;">Toe touch x1/prop inc. poor</td></tr> <tr><td style="text-align: center;">2</td><td style="text-align: center;">Toe touch x2/prop inc. good</td></tr> <tr><td style="text-align: center;">3</td><td style="text-align: center;">Standing back handspring poor</td></tr> <tr><td style="text-align: center;">4</td><td style="text-align: center;">Standing back handspring good</td></tr> <tr><td style="text-align: center;">5</td><td style="text-align: center;">Jump to back handspring poor</td></tr> <tr><td style="text-align: center;">6</td><td style="text-align: center;">Jump to back handspring good</td></tr> <tr><td style="text-align: center;">7</td><td style="text-align: center;">Back tuck or back handspring to tuck poor</td></tr> <tr><td style="text-align: center;">8</td><td style="text-align: center;">Back tuck or back handspring to tuck good</td></tr> <tr><td style="text-align: center;">9</td><td style="text-align: center;">Jump to BHS tuck series poor</td></tr> <tr><td style="text-align: center;">10</td><td style="text-align: center;">Jump to BHS tuck series good</td></tr> </table>	0	No incorporation	1	Toe touch x1/prop inc. poor	2	Toe touch x2/prop inc. good	3	Standing back handspring poor	4	Standing back handspring good	5	Jump to back handspring poor	6	Jump to back handspring good	7	Back tuck or back handspring to tuck poor	8	Back tuck or back handspring to tuck good	9	Jump to BHS tuck series poor	10	Jump to BHS tuck series good
0	None																																																			
1	Cartwheel																																																			
2	Round off																																																			
3	Back walkover/Front walkover																																																			
4	Round off 1 BHS																																																			
5	Round off series BHS																																																			
6	Round off BHS tuck/layout																																																			
7	Standing BHS																																																			
8	Back handspring to back tuck																																																			
9	Standing back																																																			
10	Standing full																																																			
1-3	Below level jumps ^																																																			
4-6	Level jumps —																																																			
7-10	Above level jumps v																																																			
0	No incorporation																																																			
1	Toe touch x1/prop inc. poor																																																			
2	Toe touch x2/prop inc. good																																																			
3	Standing back handspring poor																																																			
4	Standing back handspring good																																																			
5	Jump to back handspring poor																																																			
6	Jump to back handspring good																																																			
7	Back tuck or back handspring to tuck poor																																																			
8	Back tuck or back handspring to tuck good																																																			
9	Jump to BHS tuck series poor																																																			
10	Jump to BHS tuck series good																																																			

<b>Dance</b>	<b>Spirit</b>	<b>Cheer</b>																												
<p style="text-align: center;"><b>Motion Technique 10 pts.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Motion levels off, lacking in sharpness, missed motions</td> </tr> <tr> <td style="text-align: center;">4-7</td> <td style="text-align: center;">Average motion levels, needing more sharpness</td> </tr> <tr> <td style="text-align: center;">8-10</td> <td style="text-align: center;">Good motion levels, sharp, exhibits individuality</td> </tr> </table> <p style="text-align: center;"><b>Timing 10 pts.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Timing off throughout</td> </tr> <tr> <td style="text-align: center;">4-7</td> <td style="text-align: center;">Ok timing</td> </tr> <tr> <td style="text-align: center;">8-10</td> <td style="text-align: center;">Good timing with group</td> </tr> </table>	1-3	Motion levels off, lacking in sharpness, missed motions	4-7	Average motion levels, needing more sharpness	8-10	Good motion levels, sharp, exhibits individuality	1-3	Timing off throughout	4-7	Ok timing	8-10	Good timing with group	<p style="text-align: center;"><b>Spirit/Enthusiasm 10 pts.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-5</td> <td style="text-align: center;">No energy/No smile/ No spirit</td> </tr> <tr> <td style="text-align: center;">6-10</td> <td style="text-align: center;">Energetic/Smiling/ Loud spiriting</td> </tr> </table>	1-5	No energy/No smile/ No spirit	6-10	Energetic/Smiling/ Loud spiriting	<p style="text-align: center;"><b>Motion Technique 10 pts.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Motion levels off, lacking in sharpness, missed motions</td> </tr> <tr> <td style="text-align: center;">4-7</td> <td style="text-align: center;">Average motion levels, needing more sharpness</td> </tr> <tr> <td style="text-align: center;">8-10</td> <td style="text-align: center;">Good motion levels, sharp, exhibits individuality</td> </tr> </table> <p style="text-align: center;"><b>Voice Projection 10 pts.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">1-3</td> <td style="text-align: center;">Soft/speaking words</td> </tr> <tr> <td style="text-align: center;">4-7</td> <td style="text-align: center;">Saying words loud/yelling words without enthusiasm</td> </tr> <tr> <td style="text-align: center;">8-10</td> <td style="text-align: center;">Yelling words with enthusiasm and inflection</td> </tr> </table>	1-3	Motion levels off, lacking in sharpness, missed motions	4-7	Average motion levels, needing more sharpness	8-10	Good motion levels, sharp, exhibits individuality	1-3	Soft/speaking words	4-7	Saying words loud/yelling words without enthusiasm	8-10	Yelling words with enthusiasm and inflection
1-3	Motion levels off, lacking in sharpness, missed motions																													
4-7	Average motion levels, needing more sharpness																													
8-10	Good motion levels, sharp, exhibits individuality																													
1-3	Timing off throughout																													
4-7	Ok timing																													
8-10	Good timing with group																													
1-5	No energy/No smile/ No spirit																													
6-10	Energetic/Smiling/ Loud spiriting																													
1-3	Motion levels off, lacking in sharpness, missed motions																													
4-7	Average motion levels, needing more sharpness																													
8-10	Good motion levels, sharp, exhibits individuality																													
1-3	Soft/speaking words																													
4-7	Saying words loud/yelling words without enthusiasm																													
8-10	Yelling words with enthusiasm and inflection																													

# Sample Scoresheets

## Tryout Day:

Candidate Number	Tumbling (0 - 10)	Spirit/Enthusiasm (0 - 10)	Toe Touch (0 - 10)	Left Hurdler (0 - 10)	Right Hurdler (0 - 10)	Motion Technique (0 - 10)	Voice Projection (0 - 10)	Incorporation (0 - 10)	Motion Technique (0 - 10)	Timing (0-10)	TOTAL
1											0
2											0
3											0
4											0
5											0
6											0
7											0
8											0
9											0
10											0

## Pre-Score:

New to GISD Cheer					Current GISD Cheerleaders				
<b>Positive Role Model</b> 25 possible points Includes: Administration evaluation of discipline				<b>Score:</b>	<b>Model</b> 25 possible points Includes: Administration evaluation of discipline & FA Handbook infractions				<b>Score:</b>
25 pts Superior	20 pts Above Average	15 pts Average	5 pts Below Average	0 Floor	25 Superior	24-18 Above Average	15-10 Average	9 and under Below Average	0 Floor
Never assigned ISS, office referral, or detentions Superior Behavior	Never assigned ISS, office referral, 1 detention	Never assigned ISS, office referral, 2-3 detentions	Never assigned ISS, 4-5 office referrals or detentions	Assigned ISS, Suspension, AEC 7 or more detentions	Never assigned ISS, office referral, 1 detention Superior Behavior	Never assigned ISS, office referral, 1-2 minor infractions	Never assigned ISS, office referral, 2-3 detentions 3-5 minor infractions	Never assigned ISS, 4-5 office referrals or detentions 6-7 minor infractions 1 major infraction	Assigned ISS, Suspension, AEC 7 or more detentions 2 or more major infractions
					1 detention/2 infractions-16 pts 1 detention/1 infraction-18 pts 0 detentions/2 infractions-20 pts 0 detentions/ 1 infraction-22 pts	3 detentions/5 infractions-10 pts 3 detentions/4 infractions-11 pts 3 detentions/3 infractions-12 pts 2 detentions/5 infractions-13 pts 2 detentions/4 infractions-14 pts 2 detentions/3 infractions-15 pts	1 major infraction-5 pts 5 detentions/7 infractions-6 pts 5 detentions/8 infractions-7 pts 4 detentions/7 infractions-8 pts 4 detentions/ 6 infractions-9 pts		
<b>Attendance</b> 25 possible points	2 pts deducted for each unexcused absence			<b>Score:</b>	<b>Attendance</b> 25 possible points	Minus 2 pts for each unexcused absence or missed event			<b>Score:</b>
<b>Academic Performance</b> 25 possible points	All A's - 25 A/B - 23 B - 20 B/C - 18 C - 15 Any Failing grades (minus 5 from the list above)			<b>Score:</b>	<b>Academic Performance</b> 25 possible points		All A's - 25 A/B - 23 B - 20 B/C - 18 C - 15 Any Failing grades (minus 5 from the list above)		<b>Score:</b>
<b>Clinic Effort</b> 25 possible points For each category: Includes: 2 points for low ability 5 points for high ability	Includes: a)Attendance-1 pt. for each day b)Punctuality- 1 pt. for each day c)Appearance- 1 pt. for each day d)Paperwork- Spots if turned in on time (-1 pt. for each day late) e)Effort- up to 5 pts.	a) _____ b) _____ c) _____ d) _____ e) _____		<b>Score:</b>	<b>Clinic Effort</b> 25 possible points For each category: 1-5 pts.	Includes: a)Attendance-1 pt. for each day b)Punctuality- 1 pt. for each day c)Appearance- 1 pt. for each day d)Paperwork- Spots if turned in on time (-1 pt. for each day late) e)Effort- up to 5 pts.	a) _____ b) _____ c) _____ d) _____ e) _____		<b>Score:</b>
		<b>TOTAL:</b> _____							

# *LC Patriot Cheer Standard of Uniformity*

LC Patriot Cheer has set expectations to keep all members in uniform and safe. For the various activities cheerleaders do, there will be different expectations for hair, makeup, nails, and colors. Presentation is an incredibly important part of enhancing a cheerleader’s presence and building the atmosphere of a performance. Furthermore, hair, nails, and jewelry can be safety hazards. Safety rules are mandated and governed by GISD and the National Federation of State High School Associations.

## 1) Hair Expectations

a) Male Cheerleaders - if hair is long, it must be in a neat and secure bun or ponytail. Facial hair should be neatly groomed.

b) Female Cheerleaders

Event	JV	Varsity
Practice	Hair secure and out of face	Hair secure and out of face
Game Day @ School	High ponytail with bow Half up/half down with bow	High ponytail with bow Half up/half down with bow Low ponytail with bow Hair down
Games	High ponytail with bow *Homecoming - Half up/half down with bow	High ponytail with bow Half up/half down with bow Low ponytail with bow
Parades, Competition, pep rallies, etc.	High ponytail with bow	High ponytail with bow

c) General Guidelines

- i) Hair must be pulled back completely and tightly secured and not fall or become loose while performing cheer activities, i.e. stunting, jumping, tumbling.
- ii) Bangs are not permitted.
- iii) Hair length will be monitored for the safe execution of tumbling and stunting.
- iv) Hair must not have wispies/loose hair falling around the face.
- v) Hair must not have elaborate “edges” gelled to the forehead. Edges **should not touch** eyebrows
- vi) Bows will be worn at every performance or event, regardless of hair length, and must be facing forward and pinned.
- vii) Extensions must be blended and be the same color as your natural hair.
- viii) Braids must be able to be styled in the required hairstyles.
  - (1) Box braids are ideal for hair to be pulled back into a high ponytail or half up/half down.
  - (2) Corn Rows must be styled in a way that will go into a high ponytail or half up/half down style, depending on what the coach has requested for that week’s events.
- ix) Sew-in’s or quick weaves must be able to be pulled back into a high ponytail or half up/half down style depending on what the coach has requested for that week’s events.
- x) No wigs will be allowed (ex. Medical).
- xi) No unnatural hair color will be allowed at performances/events. If you are unsure please ask your coach first.
- xii) Beads are not permitted, as they interfere with the safe execution of stunting or tumbling.
- xiii) Rhinestones are not permitted in the hair.

## 2) Make-up Expectations

a)

Event	JV-A	Varsity
Game Day @ School	Natural	Natural Spirit tattoos
Games	Mascara/natural lashes Pink or red lip color Face paint Glitter-infused make-up	Mascara/natural lashes Pink or red lip color Face paint Glitter-infused make-up Spirit tattoos
Parades, Competition, etc.	Mascara/natural lashes Pink or red lip color	Mascara/natural lashes Pink or red lip color

b) General Guidelines

- i) Make-up must be age-appropriate and natural-looking. If you have any questions, please ask your coach.
- ii) Make-up must compliment the LC Patriot Cheer uniform.
- iii) Lashes should look natural and be of natural color and length (no longer than 9mm).
- iv) Lip color should be a pink or red shade that compliments your skin tone.
- v) Rhinestones are not permitted on the face.

## 3) Fingernail Expectations

- a) Nails must be a "sports length" throughout the year. That means they should not be longer than the finger tip.
- b) For practices, games, performances, and competitions, nails must be a neutral color (french tip, clear, or nude).

## 4) Jewelry Expectations

- a) Jewelry is not permitted during practices, games, performances, and competitions. This includes but is not limited to: earrings, nose rings, necklaces, belly rings, bracelets, rings, and anklets.
- b) Band-aids and/or tape are not permitted to be used to cover piercings.
- c) Spacers and plugs are not permitted. Members should schedule fresh piercings around the cheer calendar or be prepared for consequences.

## 5) Tattoos

- a) Tattoos may not be visible while in uniform.
- b) Band-aids, tape, wraps, make-up, etc. are not permitted to be used to cover tattoos. Members should schedule body art around the cheer calendar or be prepared for consequences.

The coach reserves the right to instruct the cheerleader to fix their hair, make-up, fingernails, jewelry, and/or tattoos, as well as issue consequences if the cheerleader is not in compliance.

All expectations of uniformity are subject to change with at least 1 day's notice.

Always communicate with your coach if you are unsure about any of these expectations.

# *LC Patriot Cheer Expectations*

## 1) UCA Cheer Camp

- a) Participation in all days of summer camp is mandatory. No exceptions are made for outside cheer teams or vacations.
- b) Not attending camp will result in removal from the team.

## 2) Communication

- a) Members of LC Patriot Cheer and their parents/guardians are expected to use the Band app to communicate.
- b) It is the member's and their parent's/guardian's responsibility to ensure personal access to the Band group.

## 3) Attendance - Everything we do is mandatory.

- a) Members of LC Patriot Cheer are expected to notify their coach **in writing, at least 5 days in advance**, of any tardies or absences. Notification does not excuse the absence or tardy.
- b) Regardless if the tardy/absence is excused or unexcused, the member may be removed from the performance.
- c) Informing the coach of a conflict/absence does not excuse anything. It is a gesture that allows the team to plan accordingly and maximize time.
- d) Any demerits for absences are not erasable with merits.
- e) Arriving late and leaving early may also earn demerits.
- f) Absences are excused for: personal illness with a doctor's note, death in family, illness in family that requires out-of-town travel, funeral, approved college days, mandatory court appearance, and religious holidays.

## 4) Outside Activities

- a) If the candidate makes the cheer squad, they must complete their commitment to cheerleading before being released to any other activity they will be participating in. (This includes other school activities, jobs, and/or all-star cheer).
- b) Varsity cheerleaders cannot be on the squad and play varsity volleyball or varsity basketball. JV cheerleaders may play another JV or Freshman sport if there are minimal conflicts.
- c) The cheerleader must work out the conflicts with both coaches and provide a conflict calendar PRIOR to the event.
  - i) **\*\*THERE MUST BE A 50/50 SPLIT IN AFTER SCHOOL EVENTS BETWEEN TIME FOR CHEER AND THE SPORT/SCHOOL-SPONSORED CLUB/ORGANIZATION.**
  - ii) **Communication must be initiated by the cheerleader.**

## 5) Transportation

- a) All members are expected to travel to and from games/competitions/performances/events on GISD school buses.
- b) All members are to be **picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed.**
  - i) Repeated tardiness of pick up will result in a principal/teacher review with the parent/guardian and benching or removal may be possible.

## *LC Patriot Cheer Estimated Costs*

The estimated cost of cheerleading is for one year and varies for each squad, as well as years of involvement. The costs will be broken down into multiple payments, and all payments are non-refundable. Every effort has been made to keep the cost to a minimum. **There will be additional costs that arise throughout the year.**

Payment	Date	Amount <small>(will vary by squad, but should not exceed the number shown)</small>	Description
#1	April 15, 2026	\$650 - cash or money order only	Camp Fees: *JV = \$350 total *Varsity = \$650 total
#2	May 18, 2026	\$600 - online through Varsity Spirit Fashion <i>Prices will vary by cheerleader.</i>	Camp/Practice Gear - backpack, bag tag, cheer shoes, bows, briefs, sports bra, 3 shorts, 3 shirts, socks
#3	June 29, 2026	\$400 - (online through Team Leader portal) <i>Prices will vary by cheerleader.</i>	Game Day jersey, warm-up set, poms, pom tag
#4	August 31, 2026	\$200 - (online through Varsity portal) <i>Prices will vary by cheerleader.</i>	Winter Gear - sweatshirt, fleece headband, pink-out poms, pink bow, rain jacket
<b>TOTAL</b>		<b>\$1850</b>	<b>Maximum cost for a brand new cheerleader</b>

- Members not paying on time will be left out of the order, and therefore will not be able to participate in events that require uniformity.
- GISD provides uniforms, but the cheerleader is responsible for all alterations needed, as well as any damages to the uniforms that may have occurred throughout the year. All uniforms must be dry-cleaned before returning them to LC Patriot Cheer.
- Booster Club - Our Booster Club will be responsible for raising funds for Homecoming needs, competition needs, banquet, as well as other needs that arise throughout the year..

# GISD Cheering Activities

In accordance with UIL rules, high school cheerleading squads are only permitted to cheer at one contest per school week. It would not be a violation for cheerleaders to cheer at a double header (two contests at the same site on one school night) or to participate in a pep rally prior to a contest and also lead cheers at the contest even though both occur during the school week. Friday night and weekend contests do not count toward the one contest per week rule.

## **CHEERLEADER COMPETITION**

The expectation is that all cheerleaders will participate in competition. Failure to commit and participate in competition(s) will result in removal at semester. Tryouts may be held to determine competition groups etc. A separate handbook, approved by the campus principal, will be given to each competition member. Each high school team is required to attend UIL Spirit. The date for UIL is not set until after school starts.

## **PARADES**

Participation in the Martin Luther King Parade and Labor Day Parade is mandatory.

## **FOOTBALL**

- A. Varsity cheerleaders`will cheer at all varsity games.
- B. JV cheerleaders will cheer at all JV games at the sponsor’s discretion. You may choose to cheer for the A or B team.
- C. JV cheerleaders may be asked to cheer at additional varsity games at the discretion of the campus. D. Freshmen games will be covered if there is a JV B squad.
- E. Playoff games will be covered.

## **VOLLEYBALL**

- A. Games can be covered by any squad at the discretion of the campus administration and sponsor. B. Playoff games should be covered.

## **BASKETBALL**

- A. All district varsity boys and girls games should be covered. Squad assignments will be at the discretion of the campus administration and the sponsor.
- B. If a campus has a JV B squad, they will be assigned either JV or freshmen games.
- C. Exceptions to the above rules are as follows:
  - a. No out of town games on Monday through Thursday nights.
  - b.No cheering during the holiday break.
- D. Playoff games should be covered.

## **OTHER ACTIVITIES**

Additional activities such as community events, etc. will be at the discretion of the sponsor and the campus principal. Cheerleaders are required to attend each of these events.

# Cheer Candidate Checklist

**Candidate Name:**

To receive the points on your pre-score, all applications are **due by 3:00 pm on March 31, 2026** to Coach Parker (room 1246). Application materials are to be complete and turned in before your participation in clinics. You need the following documents ALL COMPLETED in order and stapled together along with the checklist below. Failure to turn in by the deadline, absence from the clinics for any reason (other than with a doctor's note) will result in points deducted from your pre-score.

\_\_\_\_\_ Cheer Candidate Checklist

\_\_\_\_\_ GISD Cheerleader Application

\_\_\_\_\_ Social Media Contract and Picture/Video Form

\_\_\_\_\_ GISD Handbook Signature Pages

\_\_\_\_\_ 1st Semester & 3rd Cycle Grades

\_\_\_\_\_ Attendance and Discipline Profile (acquired from school's attendance office)

\_\_\_\_\_ Choice of School Form (Only for students NEW TO LCHS - Transfers and incoming 9th graders)

\_\_\_\_\_ Media Release Form

\_\_\_\_\_ Pre-Participation Physical Form New complete physicals will be due on or after April 1, but before our first practice.

\_\_\_\_\_ Concussion Acknowledgement Form

\_\_\_\_\_ Cardiac Awareness Form

# GISD Cheer Application

*Please print legibly and neatly.*

Name \_\_\_\_\_ ID# \_\_\_\_\_

Grade Next Yr. \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

School Enrolled for Next Yr. \_\_\_\_\_

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the squad are expected to maintain their commitment to the activity for the full cheerleading year. **Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties.** Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to try out for the next year on any GISD campus.

I understand the above and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Student Signature \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

For parents/guardians: I understand that I/we will not be allowed in the building on the day of the tryouts.

Parent/Guardian \_\_\_\_\_

# **LCHS CHEERLEADER AGREEMENT FORM**

I have received, read, and understand the information outlined in the LCHS Cheer Tryouts Packet, including but not limited to -

<b>Student's Initials</b>	<b>Guardian's Initials</b>
-------------------------------	--------------------------------

_____	_____
-------	-------

**Mandatory Dates**

\*I will arrange transportation to LCHS and all other required functions.

_____	_____
-------	-------

\*I will communicate absences in a timely manner as outlined by the GISD Fine Arts Handbook and GHS cheer coaches.

_____	_____
-------	-------

**Estimated Cheer Costs**

\*I understand that failure to pay will result in not performing, not receiving an item or service, and can result in removal from the team.

_____	_____
-------	-------

**LCHS Hair & Makeup Standard of Uniformity**

\*I understand that failure to comply will result in not practicing/performing.

_____	_____
-------	-------

**GISD Fine Arts Handbook**

\*I have reviewed the Code of Conduct (FA Handbook, page 7).

_____	_____
-------	-------

\*I have reviewed eligibility requirements. (FA Handbook, page 8).

_____	_____
-------	-------

\*I have reviewed the merit/demerit system. (FA Handbook, page 10).

_____	_____
-------	-------

I agree to the policies set forth and agree to represent my squad and Lakeview Centennial High School in a positive light. I behave appropriately at school, during school functions, and while in uniform and follow all school rules and policies. I will work hard to maintain my grades so that I can be academically eligible throughout the year.

I also understand that I am responsible for all financial obligations and their due dates. I will be present for all practices and games. I understand that final decisions regarding benching/ point deductions/ demerits/ etc. will be at the discretion of the coaches, and/ or principals. I understand that being a cheerleader involves inherent risks, which could cause serious or catastrophic injuries or even death.

I understand that the uniforms are the property of Lakeview Centennial High School and GISD. If lost or damaged it is my responsibility to replace them. The uniforms may be altered without cutting the fabric, with the cheer coaches approval. Uniforms will be returned at the designated date and they will be clean.

Guardian Name (Print)	Date	Signature
-----------------------	------	-----------

Cheerleader Name (Print)	Date	Signature
--------------------------	------	-----------

# Social Media Contract

Maintaining a higher standard of conduct will also include ensuring the GISD/Fine Arts Students' websites are appropriate. The internet is a worldwide, publicly accessible form of communication. Therefore, any communication such as Twitter, YouTube, Instagram, SnapChat, Vines, Tumbler, or any other photo/video sharing or social media site, etc. appearing on the internet is public domain, even if it is marked private. Per the GISD Code of Conduct, students are responsible for their personal websites and postings on others' websites. The areas of appropriateness will include, but not limited to, the following: language, sexual or other (abbreviated or alluding to); pictures, reference to sexually explicit conduct or content, bullying/harassment within school and to other campuses, clothing, alcohol, drugs, and/or tobacco, which includes e-cigs and vapes. Excessive amounts of postings during the school day and posting updates in the middle of the school day is unacceptable and will be considered if a principal/teacher review takes place. Messages, Snap Chats, pictures, etc. sent via text messages or any other form of communication can be used as a screenshot and therefore can be considered public domain. By sending any content electronically to someone else, you are giving them permission to use that information as they see fit so please be aware of what you are sending and to whom you are sending it to at any time. Any question of appropriateness will be decided by the principal and teacher.

Students selected as Fine Arts student performers must recognize this distinction as an honor and privilege and must be held accountable to a greater standard than that of the general school population. A student has no ordained right to participate in Fine Arts. It is a privilege that has been granted to the student and it is possible that the privilege can be taken away. In addition to the GISD Fine Arts Handbook, GISD Code of Conduct, and the standards outlined in the Fine Arts Code of Conduct will be in effect twenty-four hours a day, seven days a week, twelve months a year, in season and out of season, whether in school or school is not in session.

---

Parent Signature

---

Date

---

Cheerleader's Signature

---

Date

**Garland Independent School District Fine Arts Handbook**  
**Cheerleading, Drill Team, Step, and World Dance Company**  
**Permission, Commitment, and Signature Page**

**Student Name (Please Print)** \_\_\_\_\_

**Legal Parent/Guardian (Please Print)** \_\_\_\_\_

**Check the Fine Arts Group you are auditioning for/joining:**

**Cheer** \_\_\_\_\_ **Junior Varsity Drill Team** \_\_\_\_\_ **Varsity Drill Team** \_\_\_\_\_

**Step Team** \_\_\_\_\_ **World Dance Company** \_\_\_\_\_

**Please read each statement and initial. A candidate/member and a legal parent/guardian signature and date is required at the end of the statements.**

**Candidate/Member:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand that the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.com](http://www.garlandisd.com) )

\_\_\_\_\_ I have received, read and understand the financial obligation involved with being a member. I also understand that I will not receive any items, but I must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that I must pass all of my classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIL Regulations).

\_\_\_\_\_ I have read and understand my behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that I am required to attend all mandatory practices, performances, contest(s), and events. An unexcused absence will receive consequences and affect my pre-score at next year's tryouts.

\_\_\_\_\_ I understand that I am to ride to and from all events and performances on school transportation with my team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to abide by the Standard of Uniformity (hair, makeup, and nails) that was established by a committee of my peers.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Legal Parent/Guardian:**

\_\_\_\_\_ I have received, read, and understand all of the information in this tryout packet and agree to abide by all rules and regulations regarding tryouts.

\_\_\_\_\_ I understand the judges' decision is final.

\_\_\_\_\_ I have received, read, and understand the Fine Arts Handbook and agree to abide by all rules and regulations of the Fine Arts Group.

\_\_\_\_\_ I have received, read and understand the GISD District Code of Conduct and agree to abide by all rules and regulations. (Internet access [www.garlandisd.net](http://www.garlandisd.net) )

\_\_\_\_\_ I have received, read and understand the financial obligation and payments involved with my student being a member. I also understand that my student will not receive any items, but must still attend any events/performances, if I have not fulfilled my financial contract.

\_\_\_\_\_ I have received, read and understand that in addition to yearly tryouts, to remain on the team, there may be weekly tryouts conducted by the teacher (coach, director, and sponsor).

\_\_\_\_\_ I have received, read and understand that my student must pass all classes, with the exception of waived classes, to be eligible to perform. (Refer to TEA/UIIL Regulations).

\_\_\_\_\_ I have read and understand that my student's behavior and conduct will be held to a higher standard on this team, both in and out of school.

\_\_\_\_\_ I have read and understand that my student is required to attend all mandatory practices, performances, contest(s), and events.

\_\_\_\_\_ I understand that my student is required to ride to and from all events and performances on school transportation with their team. All members are to be picked up from the school after games/competitions/performances/events no later than 20 minutes after being dismissed by the teacher.

\_\_\_\_\_ I understand and agree to the Standard of Uniformity (hair, makeup, and nails) that was established by a committee within the Fine Arts group.

\_\_\_\_\_ I understand that GISD Fine Arts groups will take precedence over any outside non-district group. This includes rehearsals and performances.

\_\_\_\_\_ I understand that I will be responsible for returning all uniforms, poms, props etc. in good condition. Uniforms must be cleaned according to the instructions given by the director/coach. A cleaning receipt attached to the uniform may be required.

**Candidate/Member Printed Name** \_\_\_\_\_

**Candidate/Member Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Legal Parent/Guardian Printed Name** \_\_\_\_\_

**Legal Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

# Media Release Form

## Video, Image, and Audio Release Form

I \_\_\_\_\_ parent/guardian of \_\_\_\_\_ give my consent for photographs, video images, and/or voice to be utilized for advertising, illustration, or publication on campus, district, and/or local media TV stations for Garland ISD as appropriate. This includes but is not limited to GRS-TV, newspaper, daily announcements, advertising, and local news stations.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

*Pre-Participation Physical Form*

**INSERT HERE**

*Concussion Acknowledgment Form*

**INSERT HERE**

*Cardiac Awareness Form*

**INSERT HERE**

## *Canvas Course/Band App Information*

**INSERT HERE**