



Meeting Information

2025-2026 SHAC Meeting

Wednesday, April 8, 2026

PDC, Room B06

12:00-1:30 PM

Shugart Professional Development Center (PDC)

870 W Buckingham Rd.

Garland, TX 75040

Virtual Meeting Link: [SHAC Meeting Link](#)

Join by phone: Dial-in: (US) +1 413-276-7074

PIN: 628 473 267#

Documents: [SHAC Presentation](#)

AGENDA | NOVEMBER SHAC MEETING

Time	Presenter	Item
12:00 - 12:05 pm	Renee	Call to Order
12:05 - 12:10 pm	Renee	Welcome & Agenda (Secretary for minutes needed)
12:10 - 12:25 pm	Renee	School Health Survey
12:25 - 12:40 pm	Renee	SHAC Annual Report
12:45 - 12:50 pm	All	Department Updates
12:50 - 1:10 pm	All	Future Agenda Items
1:10 - 1:15 pm	Renee	Adjourn

Meeting Attendees:

Name	Group / Department	Attendance
Karen Fite	Board Appointed Member	
Stan Maige	Board Appointed Member	
(Jackie) Dean Patterson	Board Appointed Member	In Person
Kim Thiehoff	Board Appointed Member	In Person
Rita Cabello	Board Appointed Member	
Teena Johnson	Community Member - BeCause Cullen	Virtual
Brenda Monk	Community Member - GISD Retiree	
John Beltz	District Member - Northlake PE Teacher	Virtual
Craig Hempel	District Member - Student Nutrition Services	
Dr. Lisa Olsen	District Member - Student Services / SHAC Co-Secretary	
Jonathan Armstrong	District Member - Family & Community Engagement	In Person
Nwakaego Oriji	District Member - Counseling	
Renee Kotsopoulos	District Member - Health Services	In Person
Shelley Garrett	District Member - Safety & Operations	
Leslie Blaylock	Parent Member	In Person
Samantha Bohrt	Parent Member	
Letitia (Danielle) Chukwumah	Parent Member	
Christine Foley	Parent Member	
Brittney Gillyard	Parent Member	
Dr. April Givens	Parent Member	
Karen Gonzalez	Parent Member	In Person
Liz Kiertscher	Parent Member	
Cecilia Kimmel	Parent Member	
Carissa Richardson	Parent Member	In Person
Sheri Thompson	Parent Member	
Gwen Way	Parent Member	
Jordan Cotton	Parent Member	
Laura Vayda	Health Services / Secretary - Non Member	In Person
Sabrina Jeter	Risk Management - Non Member	In Person

Coleman Bruman	Executive Director Secondary Teaching	In Person
Brian Trichell	Principal, Bullock Elementary	In Person

Meeting Minutes:

The meeting was **called to order** by Renee Kotsopoulos at **12:07pm**

Membership

Included a review of the SHAC committee membership including an update, member make up, and list of members.

School Health Survey Results

- School Health Survey Results- sent to campuses each year and is based on goals set from the previous year. The survey focuses on nutrition promotion, nutrition education and physical activity. Previous year’s results are posted on the GISD website SHAC page. Results are still coming in. This year’s results will be posted on the website when all schools have submitted their survey.
- Questions- Who completed the survey? PE teacher, nurse, or administrator filled out the survey; How many surveys per campus? One; Leslie B is interested in which schools say no to enough time for meals and TEA activity time requirements being met. List of campuses will be shared with the committee; Dean P says he subs at High Schools and that the students have plenty of time to eat; when did the survey go out? In March

FitnessGram

- Coleman Bruman reviews FitnessGram: Preliminary results- programs that are in season (like baseball) haven’t gotten to doing their FitnessGram yet. He is working with the different programs at secondary schools to get it done before the extended deadline.
- Question: What is FitnessGram? Each student has 5 categories that measure movement. They track the time for each student and then enter the data on each student twice a year. There is a pre and post test but the state and federal government only looks at the most recent data. PE is working on tracking data throughout the year better with student learning objectives; Band has to do all of these tests like pacer? Yes, there are some barriers though; Committee verbalizes support of the work Coleman is doing; Brenda recognized the Hudson MS band’s recent trip to Indianapolis.

SHAC parent co-chair:

Leslie Blaylock

- Recess and screen time sub-committees- consider reconvening the committees from last year. Our responsibility to help with creative ideas are needed for discipline since recess can't be taken away. Possibility of survey for schools about recess time, recess discipline, etc. Screen time committee to talk about how to translate decreased screen time in the classroom in addition to the decrease in screen time at home.
- Parent connections- want to be more transparent and let more parents know that SHAC exists so they can attend. Goal to have less empty seats at SHAC meetings.
 - Consider sending out a blast to all parents about SHAC to encourage participation

Department Updates:

Counseling - Nwakaego Oriji

- GISD Admitted Student Days where students are transported by bus to a college to get the classes scheduled for the Fall

Employee Wellness - Renee Kotsopoulos

- GISD Savings Marketplace is a place where staff can go to get discounts at local businesses (gyms, nutrition, etc)

Student Nutrition - Craig Hempel

- Last menu advisory committee of the year is on Monday, April 13 at the Padget Building

Family and Community Engagement- Jonathan Armstrong

- GISD Explore is on Saturday, April 11 at Sachse HS

Student Engagement & Support Services - Dr. Lisa Olsen

N/A

Health & Physical Education - Coleman Bruman, Executive Director of Secondary Teaching and Learning

- Introduction of new Health and Physical Education Coordinator, Brian Trichell. Mr. Trichell introduces himself. Currently Bullock Principal, previously the AP at Walnut Glen Academy. His wife also works in GISD. He started out as a coach so he is excited to return to health and PE!

Health Services - Renee Kotsopoulos

- transitioning our unassigned epinephrine from autoinjectors to nasal spray, Neffy. Lay people will be more willing to administer a nasal spray than an injection. Question: how much does Neffy cost? Free for the district but unsure how much for the community.
- Working on getting a sponsor for unassigned albuterol as well.

Healthy & Safe Schools - Dr. Shelley Garrett

- ID badges are coming for ALL students next year. Students will scan in and out of buses, in the cafeteria

Parents & Community

Teena Johnson with BecauseCullen- National Fentanyl Awareness Day is April 29 is a day of education about naloxone for fentanyl. Project-Narcan distribution boxes. Art students can submit art to be displayed on the boxes. She brought a guest to the meeting from Dallas County

Future Agenda Items

- School Health Survey results to share with committee
- Art for narcan boxes
- Reconvening sub-committees

Question: what is the process for applying to be on SHAC again next year? Board appointed members are approved by the board. Current parent members are invited to return next year and invite others to join for next year.

Closing Meeting Information:

The meeting was adjourned at 12:49

Meeting Recording:

<https://drive.google.com/file/d/1odIFzh5uUGr3QtF1s94EwIXDTQJ78lfy/view?usp=sharing>