



Meeting Information

2026-2027 SHAC Meeting

Wednesday, September 23, 2026

PDC, Room B06

12:00-1:30 PM

Shugart Professional Development Center (PDC)

870 W Buckingham Rd.

Garland, TX 75040

Virtual Meeting Link: [SHAC Meeting Link](#)

Join by phone: Dial-in: (US) +1 413-276-7074

PIN: 628 473 267#

Documents: SHAC Presentation

AGENDA | NOVEMBER SHAC MEETING

Time	Presenter	Item
12:00 - 12:05 pm	Brian	Call to Order
12:05 - 12:10 pm	Brian	Welcome & Agenda
12:10 - 12:45 pm	Brian	Introductions
12:45 - 12:50 pm	All	Department Updates
12:50 - 1:10 pm	All	Future Agenda Items
1:10 - 1:15 pm	Brian	Adjourn

Meeting Attendees:

Name	Group / Department	Attendance
Kim Thiehoff	Board Appointee	Y
Brenda Monk	Board Appointee	Y
Teena Johnson	Community Member	Y
Dr. Lisa Olsen	District Member	Y
Dr. Ramona Morin	District Member	Y
Craig Hempel	District Member	Y
Laura Vayda	SHAC Secretary (non-member)	Y
Brian Trichell	District Member	Y
Nwakaego Oriji	District Member	Y
Renee Kotsopoulos	District Member	N
Leslie Blaylock	Parent Co-Chair	Y
Ashley Tariq	Parent Member	Y
Iris Rodriguez	Parent Member	Y
Dr. April Givens	Parent Member	Y
Liz Kiertscher	Parent Member	Y
LaSheta Skinner	Parent Member	Y
Amy Brooks	Parent Member	Y
Connie Pown	Parent Member	Y
Rita Estrada	Parent Member	Y
Betty Joseph	Parent Member	Y
Stephanie Roveló	Parent Member	Y
Kelly Kane	Parent Member	Y
Isela Garza	Parent Member	Y
Kristin Hall	Parent Member	Y
Pauline Sias	Parent Member	Y
Kali Payne	Parent Member	Y
Remy Kuzhippilli	Parent Member	Y
Mrs. Pleasant	Parent Member	Y

Tiffany Gilmore	Guest	Y
Cassie Kahl	Parent Member	Y

Meeting Minutes:

The meeting was **called to order** by Brian Trichell **at 12:16pm**

Introductions

Brian Trichell- new Health and PE Coordinator; new the role and excited to facilitate the GISD SHAC

Review of SHAC overview, purpose, mission, vision; meeting dates and expectations

Membership

Included a review of the SHAC committee membership including an update, member make up, and list of members.

- Currently at 44 members
 - Board appointed 6
 - Community 2
 - District 6
 - Parents 28
 - Students 1
- Few too many parents at first and then a large number of parents applied. This caused a new problem. Two ways to rectify having too many parent members- ask the board to amend the by laws or have non-voting parent members.
- Members introduced themselves and their reasons for joining the SHAC

Google Meet Updates

- Will use a new meeting link next meeting so members can be let into the meeting from the waiting room

Department Updates:

Counseling - Nwakaego Oriji

- Professional Development with counselors
- Small but mighty team!
- All campus staff have received mental health training. Healthy children learn! Staff are trained on how to identify when a student may have mental health struggles.
- Suicide Prevention and Child Abuse Training- use “wellness” verbiage at elementary schools; secondary schools have more mature conversations.
- College Night- 100+ colleges present, military branches also represented; sessions on how to get enrolled and how to get money to pay for school
- Wellness Wednesday- facilitated by Responsive Services Administrator; connects school counselors with community mental health providers
- Red Ribbon/Fentanyl Awareness Week- drug awareness; health teachers providing fentanyl awareness education using EverFi Platform (virtual training that is self-paced) Guidance lessons from school counselors as well.
- Anti-Bullying/Cyber Bullying- dress up days in October

Student Nutrition - Craig Hempel

- Department overview- breakfast and lunch served to as many students as they can
- Menu Advisory Committee- November 9, 2026 at 5pm- give feedback on menu items. Bring the kids! Meetings will be at different locations this year to expand reach.
- Farm Fresh Challenge in October
- National School Lunch Week- October 5-9; highlight fun, creative menu items
- USDA pledge- moving towards more whole foods and less processed foods; finding the balance between making foods that students want to eat and making them as healthy as possible; GISD doesn't currently offer whole milk but is considering it
- Artificial dyes and additives are banned from school foods
- Texas General Appropriations Act- any student that qualifies for reduced priced lunch is 100% free for breakfast and lunch this school year. About 75% of our schools are under the CEP program and have free breakfast and lunch for all students.
- Follow our Facebook Page- GISD
- Question- do the USDA pledge come with funds? No
- Question- are we considering milk alternatives? Students requiring a substitution for an allergy can have a Diet Modification Form completed by their doctor.

Family and Community Engagement- Dr. Ramona Morin

- Introduction of the Family and Community Engagement department
- FACE Team- Dr. Lakisha Culpepper, Cindy Cruz Paz, Erika Alarado and Elsa Aguilar
- Celebrating Partnership Schools
- November is PTA Health Lifestyles Month- link included in presentation to the national PTA site with marketing materials for the month

Student Engagement & Support Services - Dr. Lisa Olsen

- Works with McKinney-Vento, foster care, military-connected, social work interns
- [TEA.texas.gov](https://tea.texas.gov)- links are changing often; look up McKinney-Vento or military-connected to see the requirements for services

Health & Physical Education - Brian Trichell

- Fitnessgram is underway. Report information will be shared at future meetings.

Health Services - Brian Trichell for Renee Kotsopoulos

- Collaboration with Parkland Health on unassigned albuterol for students in respiratory distress

Parents & Community

Teena Johnson/BeCAUSE CULLEN- fentanyl is the leading cause of death for ages 16-45; participated in the Sellers Porch Party, Lyles Back to School Bash, SGHS Back to School event and handed out over 100 doses of naloxone; discussed emerging drugs

Past SHAC work

Human Sexuality & Responsibility parent notifications have remained the same

Recess Guidelines

Screen Time Guidelines- posted on the GISD website

[2025-2026 Annual SHAC Report](#)

Future Agenda Items

- Next meeting November 11, 2026
- Send any requests for agenda items to Brian Trichell

Closing Meeting Information:

The meeting was adjourned at 1:30pm

Meeting Recording: [September SHAC Meeting](#)